

2020-11-19: Two Epidemics: Coronavirus Meets Opioid Crisis ~ How do we ensure medical students become the public health leaders of tomorrow?

Topic and Questions courtesy of the Coalition for Physician Education in Substance Use Disorders

The following links were shared during the chat:

- Using Contact-based Education to Destigmatize Opioid Use Disorder Among Medical Students <https://www.tandfonline.com/doi/abs/10.1080/10401334.2020.1820869>
- The Opioid Epidemic During the COVID-19 Pandemic <https://jamanetwork.com/journals/jama/fullarticle/2770985>
- Opioid Use Disorder and COVID-19: Crashing of the Crises <https://pubmed.ncbi.nlm.nih.gov/32404651/>
- Substance Use Disorders Linked to COVID-19 Susceptibility <https://www.sciencedaily.com/releases/2020/09/200914115900.htm>
- The Implications of COVID-19 for Opioid-Related Mortality <https://www.commonwealthfund.org/blog/2020/implications-covid-19-opioid-related-mortality>
- COVID-19 During the Opioid Epidemic - Exacerbation of Stigma and Vulnerabilities https://www.researchgate.net/publication/340587696_COVID-19_During_the_Opioid_Epidemic_-_Exacerbation_of_Stigma_and_Vulnerabilities
- Issue Brief: Reports of Increases in Opioid- and Other Drug-related Overdose and Other Concerns During COVID Pandemic <https://www.ama-assn.org/system/files/2020-11/issue-brief-increases-in-opioid-related-overdose.pdf>
- Health Experts Want to Prioritize People of Color for a COVID-19 Vaccine. But How Should It Be Done? https://www.statnews.com/2020/11/09/health-experts-want-to-prioritize-people-of-color-for-covid19-vaccine-but-how-should-it-be-done/?utm_source=STAT+Newsletters&utm_campaign=d8e7a687a2-Weekend_Reads_COPY_01&utm_medium=email&utm_term=0_8cab1d7961-d8e7a687a2-149594577
- COVID-19 and the Opioid Crisis: When a Pandemic and an Epidemic Collide <https://www.aamc.org/news-insights/covid-19-and-opioid-crisis-when-pandemic-and-epidemic-collide>
- Nearly One in Three People Know Someone Addicted to Opioids; More than Half of Millennials believe it is Easy to Get Illegal Opioids <https://www.psychiatry.org/newsroom/news-releases/nearly-one-in-three-people-know-someone-addicted-to-opioids-more-than-half-of-millennials-believe-it-is-easy-to-get-illegal-opioids#:~:text=May%2007%2C%202018-,Nearly%20One%20in%20Three%20People%20Know%20So>
- Rise MD: Rush Integrative Substance Use Disorder Education Program For Medical Doctors <https://www.pathlms.com/fsmb/courses/21345/sections/23253>



MedEd Chat (hosted by ACE) @MedEdChat 8 hours ago

Topic 1: What does the evidence tell us about the impact of the coronavirus pandemic on opioid use disorder? #MedEdChat #meded @admsep



Jake Prunuske, MD, MSPH @jprunuske 8 hours ago

Hello from MCW in Wisconsin! #MedEdChat



copenow @copenow 18 hours ago

T1: Substance use disorders linked to COVID-19 susceptibility <https://t.co/vzA1W1gm5> #MedEdChat #meded



Alliance4ClinEd @Alliance4ClinEd 8 hours ago

T1 According to this report in JAMA there has been an increase in opioid use problems during the pandemic <https://t.co/agKC96wxPW> #mededchat



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT @Alliance4ClinEd: T1 According to this report in JAMA there has been an increase in opioid use problems during the pandemic <https://t.co...>



copenow @copenow18 hours ago

Ti: The Implications of COVID-19 for Opioid-Related Mortality initial fears of increased overdoses and related mortality during the pandemic are being realized <https://t.co/971HA0WvfX> #MedEdChat



Alliance4ClinEd @Alliance4ClinEd8 hours ago

T1 Another issue has been limited access to treatment due to shut downs at the height of the problem (which could be happening again) <https://t.co/b30GFYijwV> #mededchat



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT @copenow1: T1: Substance use disorders linked to COVID-19 susceptibility <https://t.co/vzA1W11gm5> #MedEdChat #meded



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT @Alliance4ClinEd: T1 Another issue has been limited access to treatment due to shut downs at the height of the problem (which could be h...



Lauren Oshman @l_oshman8 hours ago

@MedEdChat @admsep #MedEdChat T1 increases in #overdose deaths in #COVID19, related to socially distant / isolated drug use and lack of support for #naloxone administration.



copenow @copenow18 hours ago

T1: Rural areas especially: COVID-19 During the Opioid Epidemic – Exacerbation of Stigma and Vulnerabilities <https://t.co/FTyHHiyI2I> #MedEdChat



Jake Prunuske, MD, MSPH @jprunuske8 hours ago

"...the absence of real-time national reporting of overdose-related mortality limits the ability to confirm these reports." We have #covid data by county, but not opioid data. #bias?



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT @copenow1: Ti: The Implications of COVID-19 for Opioid-Related Mortality initial fears of increased overdoses and related mortality duri...



Jake Prunuske, MD, MSPH @jprunuske8 hours ago

Deaths of Despair, diseases of despair... #MedEdChat



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT @copenow1: T1: Rural areas especially: COVID-19 During the Opioid Epidemic – Exacerbation of Stigma and Vulnerabilities <https://t.co/FTy...>



copenow @copenow18 hours ago

T1: The AMA reports increases in opioid- and other drug-related overdose and other concerns during COVID pandemic <https://t.co/j0K7a7tY1x> #MedEdChat



Jake Prunuske, MD, MSPH @jprunuske8 hours ago

"...the absence of real-time national reporting of overdose-related mortality limits the ability to confirm these reports." We have #covid data by county, but not opioid data. #bias?#MedEdChat



Gary Beck Dallaghan @GLBDallaghan8 hours ago

@jprunuske T1 That's interesting. Why do you think that's the case? Officials don't want to know about the opioid mortalities? #MedEdChat



MedEdBot @MedEdBot8 hours ago

RT @MedEdChat: Welcome to the #mededchat (US) I am your moderator for the next hour @alliance4clined. Thank you @copenow1 for tonight's top...



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT @copenow1: T1: The AMA reports increases in opioid- and other drug-related overdose and other concerns during COVID pandemic <https://t.co/j0K7a7tY1x>



MedEdBot @MedEdBot8 hours ago

RT @MedEdChat: The #mededchat topic & questions will be announced in a moment...for now, please introduce yourselves #meded



copenow @copenow18 hours ago

@jprunuske Wow, great point, Jake. Could be bias/stigma or ignorance #MedEdChat



MedEdBot @MedEdBot8 hours ago

RT @MedEdChat: We will assume that all of your tweets during #mededchat are your own during this hour unless otherwise stated #meded



MedEdBot @MedEdBot8 hours ago

RT @MedEdChat: T1 about to come up in a few moments #meded #mededchat



MedEdBot @MedEdBot8 hours ago

RT @MedEdChat: Topic 1: What does the evidence tell us about the impact of the coronavirus pandemic on opioid use disorder? #MedEdChat #med...



MedEdBot @MedEdBot8 hours ago

RT @copenow1: T1: Substance use disorders linked to COVID-19 susceptibility <https://t.co/vzA1W11gm5> #MedEdChat #meded



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

Topic 2: What evidence-based strategies can be employed to mitigate this exacerbation of the opioid crisis on our patients and communities? [#MedEdChat](#) [#MedEd](#) [@admsep](#)



Kimberly Beiting, MD @kimberlybeiting8 hours ago

RT [@copenow1](#): T1: Substance use disorders linked to COVID-19 susceptibility <https://t.co/vzA1W11gm5> [#MedEdChat](#) [#meded](#)



Kimberly Beiting, MD @kimberlybeiting8 hours ago

RT [@Alliance4ClinEd](#): T1 Another issue has been limited access to treatment due to shut downs at the height of the problem (which could be h...



copenow @copenow18 hours ago

T2 Overlap with COPE's last [#MedEdChat](#) on "No Justice, No Peace": Health experts want to prioritize people of color for a Covid-19 vaccine. But how should it be done? <https://t.co/TBKEePYkov> [#MedEdChat](#)



Jake Prunuske, MD, MSPH @jprunuske8 hours ago

Maybe... leaders may not want to admit problems in their communities... hard to attract families, business, etc if there is a "drug problem" [#MedEdChat](#)



copenow @copenow18 hours ago

T2: AAMC: COVID-19 and the opioid crisis: When a pandemic and an epidemic collide <https://t.co/CmHVxRorgt> . [#MedEdChat](#)



Allek Scheele @AllekScheele8 hours ago

RT [@Alliance4ClinEd](#): T1 Another issue has been limited access to treatment due to shut downs at the height of the problem (which could be h...



copenow @copenow18 hours ago

T2: I've been reading that we should consider doing away with the word "relapse..." not used in other diseases [#MedEdChat](#)



Lauren Oshman @l_oshman8 hours ago

[@MedEdChat](#) [@admsep](#) We're building the evidence as we're flying it, but the rapid proliferation of [#telehealth](#) innovation and early studies suggests this is an important part of the solution. [#MedEdChat](#)



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT [@copenow1](#): T2 Overlap with COPE's last [#MedEdChat](#) on "No Justice, No Peace": Health experts want to prioritize people of color for a Cov...



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT [@copenow1](#): T2: AAMC: COVID-19 and the opioid crisis: When a pandemic and an epidemic collide <https://t.co/CmHVxRorgt> . [#MedEdChat](#)



Lauren Oshman @l_oshman8 hours ago

@MedEdChat @admsep T2: We're building the evidence while we're flying it, but rapid innovations in #telehealth suggest this is critical to #OUD treatment. #MedEdChat



Alliance4ClinEd @Alliance4ClinEd8 hours ago

T2 This was an interesting article that just came out in @TLMedEd last week advocating for contact education to help learners <https://t.co/KIVfG1j571> #mededchat



Jake Prunuske, MD, MSPH @jprunuske8 hours ago

Forgotten amidst #Covid19 and #racialjustice movements... they are all important. #MedEdChat



copenow @copenow18 hours ago

@l_oshman Telehealth for sure! With some F2F time periodically #MedEdChat <https://t.co/4WD0iPRs9>



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT @Alliance4ClinEd: T2 This was an interesting article that just came out in @TLMedEd last week advocating for contact education to help l...



Lauren Oshman @l_oshman8 hours ago

@Alliance4ClinEd @TLMedEd T2: Knowing, working with, respecting and appreciating our patients with #OUD is a crucial piece of developing attitudes and confidence in treatment. But challenging and often not possible until #COVID19 transmission slows down. #MedEdChat



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

RT @l_oshman: @Alliance4ClinEd @TLMedEd T2: Knowing, working with, respecting and appreciating our patients with #OUD is a crucial piece of...



Jake Prunuske, MD, MSPH @jprunuske8 hours ago

American culture doesn't generally view substance use as a chronic condition, like we do thyroid disease or diabetes. Viewing substance use as chronic would help align treatment & management resources with policies that work! #mededchat



copenow @copenow18 hours ago

T1 @Alliance4ClinEd looks like a very interesting approach - can't wait to read this! #MedEdChat



copenow @copenow18 hours ago

@jprunuske Time to change the culture, amiright? #MedEdChat



Alliance4ClinEd @Alliance4ClinEd8 hours ago

@l_oshman @MedEdChat @TLMedEd T2 Are there ways to incorporate telehealth and #medstudents into this to get people with #OUD help they need? #mededchat



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago

Topic 3: What innovative approaches can we employ to engage #MedStudents in learning this material and these strategies? #MedEdChat #meded



Lauren Oshman @l_oshman8 hours ago

@Alliance4ClinEd @MedEdChat @TLMedEd T2: Answer 1: if more primary care preceptors provided medication treatment, more students would see this care in chronic disease framework (#telehealth or in person). My patients are generous with their time with my learners. #MedEdChat



Lauren Oshman @l_oshman8 hours ago

@Alliance4ClinEd @MedEdChat @TLMedEd T2 Answer #2 I know of programs that are still convening patient panels for educational lectures via zoom, and I'm very grateful for our patients with #OUD for their teaching! #MedEdChat



Jake Prunuske, MD, MSPH @jprunuske8 hours ago

Would be nice if all #familymedicine, GIM, and GP residencies required buprenorphine waiver training and included MAT in practice... #MedEdChat



Gary Beck Dallaghan @GLBDallaghan8 hours ago

@l_oshman @Alliance4ClinEd @MedEdChat @TLMedEd T3 I think that is a great way to help students learn about #OUD. It also relates to the @TLMedEd article @Alliance4ClinEd posted....getting #medstudents direct contact with patients is essential #mededchat



copenow @copenow18 hours ago

T3: COPE will soon be launching a student curriculum challenge - they may have the best ideas! #MedEdChat



Gary Beck Dallaghan @GLBDallaghan8 hours ago

@copenow1 T3 That's fantastic. How are you going to announce that so we can push it out to our students? #mededchat



copenow @copenow18 hours ago

@GLBDallaghan @l_oshman @Alliance4ClinEd @MedEdChat @TLMedEd T3 Totally agree - when students see how people can get better through MAT they want to work w these patients #MedEdChat



Lauren Oshman @l_oshman8 hours ago

@copenow1 T3: Hot take -- important to co-create #OUD curriculum with students AND patients ... what about asking teams to include patients too? #MedEdChat



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago
RT @l_oshman: @copenow1 T3: Hot take -- important to co-create #OD curriculum with students AND patients ... what about asking teams to in...



Jake Prunuske, MD, MSPH @jprunuske8 hours ago
+ 1 #mededchat



Lauren Oshman @l_oshman8 hours ago
@MedEdChat #MedEdChat In general I think it is important to recognize that our students likely have friends, family or personal experience with #OD. The wisdom is in the room. <https://t.co/g6HpJqeWY3>



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago
RT @l_oshman: @MedEdChat #MedEdChat In general I think it is important to recognize that our students likely have friends, family or person...



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago
Topic 4: What is your medical school doing to address the nexus of these two public health crises? Where do you need support? What can you offer to other medical schools? #MedEdChat #meded @admsep



Gary Beck Dallaghan @GLBDallaghan8 hours ago
@MedEdChat @admsep T4 I'll be interested to hear what others say. With the pandemic the pivot toward that took priority....then social justice followed. #OD fell by the wayside and the intersection of the two overlooked #mededchat



copenow @copenow18 hours ago
T4 The \$64,000 question. COPE's virtual meetings in SAMHSA regions over the next year will share med schools' best practices #MedEdChat



copenow @copenow18 hours ago
T4 True. Intersection of the three got overlooked. Maybe now we are ready to figure it out? #MedEdChat



Lauren Oshman @l_oshman8 hours ago
@MedEdChat @admsep T4: #mededchat Promoting a colleague -- "Rise MD: Rush Integrative Substance Use Disorder Education Program For Medical Doctors" Ruchi M. Fitzgerald, MD FAAFP, Rush University <https://t.co/Rb1p2RaXGd> -- they are leading the way in med student curriculum!



Alliance4ClinEd @Alliance4ClinEd8 hours ago
T4 The harsh reality right now is that so many medical schools are just trying to stay on top of the pandemic....and everything else is secondary unfortunately. Cancer and heart patients have just as many challenges getting treatment #mededchat



MedEd Chat (hosted by ACE) @MedEdChat8 hours ago
RT @l_oshman: @MedEdChat @admsep T4: #mededchat Promoting a colleague -- "Rise MD: Rush Integrative Substance Use Disorder Education Progr..."



copenow @copenow18 hours ago
This is great! thank you for sharing! Say hi to Ruchi for me #MedEdChat



Lauren Oshman @l_oshman7 hours ago
@MedEdChat @admsep T4: @PCSSProjects, @ASAMorg and online curricula are great resources for sharing. While we are restricting in-person patient care, students can participate in these projects. #MedEdChat



MedEd Chat (hosted by ACE) @MedEdChat7 hours ago
RT @l_oshman: @MedEdChat @admsep T4: @PCSSProjects, @ASAMorg and online curricula are great resources for sharing. While we are restricting...



Lauren Oshman @l_oshman7 hours ago
@MedEdChat @admsep T4: I also think #MedEd can help promote the role of #primarycare in this work. All specialties can own #OUD care and be #OUD-informed. Let's try to un-silo this work. #MedEdChat



MedEd Chat (hosted by ACE) @MedEdChat7 hours ago
We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded #mededchat



copenow @copenow17 hours ago
@Alliance4ClinEd Yes, harsh but real. #MedEdChat



copenow @copenow17 hours ago
Thank you @Alliance4ClinEd for this opportunity to meet with wise colleagues. And thank you all for all you do. Stay well! #MedEdChat



MedEd Chat (hosted by ACE) @MedEdChat7 hours ago
That's a wrap...I will post the #mededchat transcript tomorrow morning on <https://t.co/mJivoKroXx>. Thanks everyone for participating! #meded



MedEd Chat (hosted by ACE) @MedEdChat7 hours ago
PLEASE NOTE: There will be no #mededchat next week (11/26/2020) in honor of the US Thanksgiving holiday!



MedEdBot @MedEdBot7 hours ago
RT @MedEdChat: We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded #mededchat



MedEdBot @MedEdBot7 hours ago

RT @MedEdChat: That's a wrap...I will post the #mededchat transcript tomorrow morning on <https://t.co/mJivoKroXx>. Thanks everyone for parti...



Muhammad Zafar Iqbal @Muhamma014786844 hours ago

How do you perceive these two words in the decision letter "major revision"? #AcademicChatter #phdchat #MedEdChat #HPE #MedEd #Scholarship



Giorox @Giorox23 hours ago

@CynicalDOtobe Hi, I make medical designs on shirts, hoodies, iPhone cases and more. Feel free to look through my shop. <https://t.co/SI6rffqEo7> #MedTwitter #MedEdChat #MedicalCollegesTakeOnlineProff #MedStudentTwitter #MedicalMedical #medicine #medicina #medicalschooll <https://t.co/C4vLpzkJcX>



MedEdBot @MedEdBot3 hours ago

RT @Muhamma01478684: How do you perceive these two words in the decision letter "major revision"? #AcademicChatter #phdchat #MedEdChat #HPE...

The #MedEdChat Influencers

Top 10 Influential



@Alliance4ClinEd 100



@copenow1 97



@MedEdChat 97



@I_oshman 95



@GLBDallaghan 66



@TLMedEd 56




@jprunuske 46



@admsep 45



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 [@ASAMorg](#) 28

Prolific Tweeters

 [@MedEdChat](#) 21

 [@copenow1](#) 18


 [@I_oshman](#) 11

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[@Muhamma01478684](#) 24.0