

## 2020-10-08: Ensuring Medical Students Learn to Address the Opioid Epidemic Within BIPOC (Black, Indigenous, People of Color) Communities

Sponsored by the Coalition on Physician Education in Substance Use Disorders (COPE)

The following links were shared during the chat:

- Silence Is Not an Option: Addressing Structural Racism in Medical Education <https://www.aliem.com/addressing-structural-racism-in-medical-education/>
- Medical Schools Need to Get Better at Addressing Structural Racism <https://www.scientificamerican.com/article/medical-schools-need-to-get-better-at-addressing-structural-racism/>
- Declaration of Commitment to Address Systemic Racism <https://www.queensu.ca/gazette/stories/declaration-commitment-address-systemic-racism>
- Federal Certification Enables Brown Med School Graduates to Treat Opioid Use Disorder Nationwide <https://www.brown.edu/news/2020-02-03/mat>
- From Race-based to Race-conscious Medicine: How Anti-racist Uprisings Call Us to Act <https://www.sciencedirect.com/science/article/pii/S0140673620320766>
- Decolonizing the Academy [https://uco.co1.qualtrics.com/jfe/form/SV\\_9XGVB102de9VrWR](https://uco.co1.qualtrics.com/jfe/form/SV_9XGVB102de9VrWR)
- “Our Culture Is Medicine”: Perspectives of Native Healers on Posttrauma Recovery Among American Indian and Alaska Native Patients <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3327107/>



**MedEd Chat** @MedEdChat11 days ago

Topic 1: Medicine is facing its own collusion in structural racism. How are [#medstudents](#) being informed about the depth and complexity of this issue? [#MedEdChat](#) [#meded](#) [#medtwitter](#)



**Ian Pereira** @IanJPereira11 days ago

RT @Alliance4ClinEd: Join [#MedEdChat](#) Thurs, Oct 8th at 9PM NYC to talk about teaching [#medstudents](#) how to address opioid issues! [#meded](#) @AA...



**Gary Beck Dallaghan** @GLBDallaghan11 days ago

T1 Challenging question. I think the students are helping the faculty recognize it just as much as we try to educate about it [#mededchat](#)



**Ian Pereira** @IanJPereira11 days ago

[@MedEdChat](#) [@Alliance4ClinEd](#) [@jenvandeusen](#) [@copenow1](#) Trainee from around Toronto (Canada) with an interest in sustainable models for [#HealthEquity](#) (& [#MedEd](#) :). Dropping in for a little bit! [#MedEdChat](#)



**copenow** @copenow111 days ago

[#mededchat](#) So many statistics to inform students of this reality; need to find ways to make this real to students



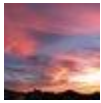
**copenow** @copenow111 days ago

[#mededchat](#) <https://t.co/AfKZqulrRp>



**copenow** [@copenow111 days ago](#)

RT [@GLBDallaghan](#): T1 Challenging question. I think the students are helping the faculty recognize it just as much as we try to educate abo...



**Paul Haidet** [@myheroistrane11 days ago](#)

[@GLBDallaghan](#) Agree, complexity increased by the fact that students all over the map in terms of beliefs and experiences. Gotta try to design activities so that all benefit... [#mededchat](#)



**copenow** [@copenow111 days ago](#)

[@GLBDallaghan](#) [#mededchat](#) T1: Great point, Gary.



**copenow** [@copenow111 days ago](#)

[@myheroistrane](#) [@GLBDallaghan](#) [#mededchat](#) T1: What strategies are you using, Paul?



**Nicolas Thibodeau** [@nthibodeaujarry11 days ago](#)

I agree with [@JenniferMeka](#) that diversity and racism education needs to be “infused” into [#meded](#) curriculums instead of “sprinkled” on top of other issues [#MedEdChat](#)



**Ian Pereira** [@IanJPereira11 days ago](#)

[@GLBDallaghan](#) I find "younger" people can be much more open about issues relating to [#StructuralRacism](#), especially those that choose to go into fields such as medicine knowing its opportunity costs. It's perhaps this optimism that I wish we nurtured, more. [#MedEdChat](#)



**Alliance4ClinEd** [@Alliance4ClinEd11 days ago](#)

T1 It's definitely an issue and more blog posts like this one are helping everyone understand more <https://t.co/OtBA3VrIMb> [#mededchat](#)



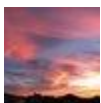
**MedEd Chat** [@MedEdChat11 days ago](#)

RT [@Alliance4ClinEd](#): T1 It's definitely an issue and more blog posts like this one are helping everyone understand more <https://t.co/OtBA3V...>



**Alliance4ClinEd** [@Alliance4ClinEd11 days ago](#)

T1 Here is another article from a student that appeared in Scientific American <https://t.co/Qx5vXa2B7R> [#mededchat](#)



**Paul Haidet** [@myheroistrane11 days ago](#)

[@copenow1](#) [@GLBDallaghan](#) Our basic outline is to start with an experience (worlds apart, IATs, etc), followed by facilitated dialog aimed at safe engagement with each other about important questions, then self reflection aimed at translating lessons learned to practice [#Mededchat](#)



**walkemp91** @walkemp9111 days ago

T1: agree with creating curriculum that can include other more qualified specialists (sociologists, public health experts etc) rather than MD who isn't trained/comfortable on the subject [#MedEdChat](#)



**Ian Pereira** @IanJPereira11 days ago

[@MedEdChat](#) Like managing the [#COVID19](#) pandemic, I think strong leadership including opening discussion & communication on the issues will be important. Optimistic about what we're doing [@queensu](#) <https://t.co/WrqBFqE9Wi> c [@janephilpott](#) [@QueensPrincipal](#) [#MedEdChat](#) [#MedEd](#) [#HealthEquity](#)



**MedEd Chat** @MedEdChat11 days ago

RT [@Alliance4ClinEd](#): T1 Here is another article from a student that appeared in Scientific American <https://t.co/Qx5vXa2B7R> [#mededchat](#)



**copenow** @copenow111 days ago

[@IanJPereira](#) [@GLBDallaghan](#) T!: Interesting insight, [@IanJPereira](#). I see students creating their own learning experiences/ crafting curriculum, yet they need resources for data and best practices from faculty and attendings too [#mededchat](#)



**Nicolas Thibodeau** @nthibodeaujarry11 days ago

It is crucial to have a diverse [#meded](#) student cohort to decrease disparities [#MedEdChat](#)



**Benny Joyner** @BennyJoyner111 days ago

RT [@Alliance4ClinEd](#): T1 Here is another article from a student that appeared in Scientific American <https://t.co/Qx5vXa2B7R> [#mededchat](#)



**MedEd Chat** @MedEdChat11 days ago

RT [@IanJPereira](#): [@MedEdChat](#) Like managing the [#COVID19](#) pandemic, I think strong leadership including opening discussion & communication on...



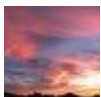
**MedEdBot** @MedEdBot11 days ago

RT [@nthibodeaujarry](#): I agree with [@JenniferMeka](#) that diversity and racism education needs to be "infused" into [#meded](#) curriculums instead o...



**MedEdBot** @MedEdBot11 days ago

RT [@nthibodeaujarry](#): It is crucial to have a diverse [#meded](#) student cohort to decrease disparities [#MedEdChat](#)



**Paul Haidet** @myheroistrane11 days ago

[@nthibodeaujarry](#) Equally important to have diverse faculty... we are a long way off on that score, tho. [#mededchat](#)



**MedEd Chat** [@MedEdChat11 days ago](#)

RT [@myheroistrane](#): [@nthibodeaujarry](#) Equally important to have diverse faculty... we are a long way off on that score, tho. [#mededchat](#)



**copenow** [@copenow111 days ago](#)

[@nthibodeaujarry](#) Truth. Your comment begins to address the elephant in the room, which is the hegemony that exists in most academic settings. [#mededchat](#)



**MedEd Chat** [@MedEdChat11 days ago](#)

Topic 2: The opioid crisis has hit BIOPC communities especially hard. What must be done in [#meded](#) curriculum to ensure that rising physicians learn how to serve BIOPC patients, families and communities that struggle with opioid use disorder? [#MedEdChat](#) [#medtwitter](#)



**Ian Pereira** [@IanJPereira11 days ago](#)

[@nthibodeaujarry](#) [@JenniferMeka](#) What could this look like? More attention to existing [#equity](#)/[#diversity](#)/[#inclusion](#) components of competencies, or an EDI lens used to reframe all of [#CBME](#)? [#MedEd](#) [#MedEdChat](#) c [@Damonidd1](#) [@drjfrank](#) [#CanMeds2015](#)



**Ian Pereira** [@IanJPereira11 days ago](#)

[@copenow1](#) [@GLBDallaghan](#) Passion + (supported) Best Practices, perhaps. Grassroots can only go so far within the constraints of the priorities of academic health institutions at every level. [#MedEd](#) [#MedEdChat](#)



**Gary Beck Dallaghan** [@GLBDallaghan11 days ago](#)

T2 For [#medstudents](#) to better serve BIPOC communities they need exposure. Sometimes simulation just isn't enough. [#mededchat](#)



**MedEd Chat** [@MedEdChat11 days ago](#)

RT [@IanJPereira](#): [@copenow1](#) [@GLBDallaghan](#) Passion + (supported) Best Practices, perhaps. Grassroots can only go so far within the constrain...



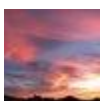
**Ezman Shariff** [@ezmanshariff11 days ago](#)

RT [@nthibodeaujarry](#): It is crucial to have a diverse [#meded](#) student cohort to decrease disparities [#MedEdChat](#)



**Megan Stobart** [@Megsahokie11 days ago](#)

[@myheroistrane](#) [@nthibodeaujarry](#) How can you recruit diverse faculty when your current faculty lacks diversity? [#mededchat](#)



**Paul Haidet** [@myheroistrane11 days ago](#)

T2: health systems science is another key ingredient. If students adopt the core belief that “every system is perfectly designed to get exactly the results it gets”, then maybe they will see the realities beyond the biomedical. [#mededchat](#)



**copenow** @copenow111 days ago

#mededchat T2: We can learn a lot from how aboriginal, Native American and/or First Nation societies approach medicine. #IndigenousPeoplesDay



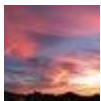
**Alliance4ClinEd** @Alliance4ClinEd11 days ago

T2 Interestingly, Brown Univ has a 4-year certification program in their curriculum <https://t.co/4EnPNbYJsP> #MedEdChat



**Ian Pereira** @IanJPereira11 days ago

@GLBDallaghan What could this look like? For regions where #BIPOC really is a small minority, it's like the chicken or the egg dilemma for #SocialAccountability. #MedEdChat #MedEd



**Paul Haidet** @myheroistrane11 days ago

@Megsahokie @nthibodeaujarry Now THAT is the really important and core question. The existing faculty needs to find the will to change. #mededchat



**Nicolas Thibodeau** @nthibodeaujarry11 days ago

T2: I think it is crucial to make sure students understand that opioid overuse in a person is not the only responsibility of this person, but it is related to social inequalities that create disparities. It is truly everyone's problem #MedEdChat



**MedEd Chat** @MedEdChat11 days ago

Topic 3: What institutional practices and "hidden curriculum" should #medschools examine and change to walk the talk of "liberty and justice for all?" #MedEdChat #meded #medtwitter



**Ian Pereira** @IanJPereira11 days ago

@myheroistrane @Megsahokie @nthibodeaujarry +/- those holding the faculty or institution accountable may carrot or stick diversity through, if interests align. #MedEdChat



**copenow** @copenow111 days ago

#mededchat @walkemp91 T2: What are your thoughts on this question relative to teaming up with "other more qualified specialists" as you suggested earlier?



**Ian Pereira** @IanJPereira11 days ago

@myheroistrane I think we lose a lot of good students to this revelation... #MedEdChat



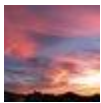
**Jasminka Criley MD, FACP, FHM** @criley\_md11 days ago

@copenow1 .@copenow1 Interesting point. Can you share some pearls? #MedEdChat



**Ian Pereira** @IanJPereira11 days ago

RT @nthibodeaujarry: T2: I think it is crucial to make sure students understand that opioid overuse in a person is not the only responsibil...



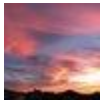
**Paul Haidet** [@myheroistrane11 days ago](#)

T3: well, we could start with: A) equality in pay B) equality in promotion C) equality in resources [#mededchat](#)



**Jasminka Criley MD, FACP, FHM** [@criley\\_md11 days ago](#)

[@myheroistrane](#) [@Megsahokie](#) [@nthibodeaujarry](#) . [@myheroistrane](#) Intrinsic will to change? [#Mededchat](#)



**Paul Haidet** [@myheroistrane11 days ago](#)

Oh, and for students, better admissions processes, better learning environment, better community. [#mededchat](#)



**copenow** [@copenow111 days ago](#)

[#mededchat](#) Webinar tomorrow on "Decolonizing the Academy" from U of Central Oklahoma: <https://t.co/g20tzurS6H> [#meded](#)



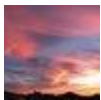
**MedEd Chat** [@MedEdChat11 days ago](#)

This tweet just showed up in my feed and thought it would be good to share as part of tonight's [#mededchat](#)



**Jasminka Criley MD, FACP, FHM** [@criley\\_md11 days ago](#)

[@nthibodeaujarry](#) T2. Agree. It is everybody's problem. I would start with childhood and parenting. Healthier society. More supportive society. Healthier people, overall. [#MedEdChat](#)



**Paul Haidet** [@myheroistrane11 days ago](#)

[@criley\\_md](#) [@Megsahokie](#) [@nthibodeaujarry](#) I think it needs to be conscious and deliberate. Not easy for those with the power to share... [#mededchat](#)



**copenow** [@copenow111 days ago](#)

[@myheroistrane](#) Incentives such as scholarships, loan forgiveness...[#mededchat](#)



**Ian Pereira** [@lanJPereira11 days ago](#)

[@nthibodeaujarry](#) +1 - and to do this I think our culture needs to believe & embody it, too. When students see role models who may benefit from stigmatization, it weakens this part of our social contract, which isn't strong to begin with. [#MedEdChat](#)



**copenow** [@copenow111 days ago](#)

[@myheroistrane](#) [@criley\\_md](#) [@Megsahokie](#) [@nthibodeaujarry](#) How do we get to a place where power with replaces power over? [#mededchat](#) [#meded](#)



**Nicolas Thibodeau** @nthibodeaujarry11 days ago

T3 I think we need to focus on the "end users" We need to ask students and faculties from more "discriminated" groups to discuss their lived experiences and how it can be improved [#MedEdChat](#)



**MedEd Chat** @MedEdChat11 days ago

Topic 4: What strategies can we as a [#meded](#) community use to fundamentally change the environment for addiction medicine in BIPOC communities? [#MedEdChat](#) [#medtwitter](#)



**Paul Haidet** @myheroistrane11 days ago

[@copenow1](#) [@criley\\_md](#) [@Megsahokie](#) [@nthibodeaujarry](#) It starts with everyone attending to their own transformation. Especially important for senior leadership. [#mededchat](#) <https://t.co/25fVeuDZyl>



**Gary Beck Dallaghan** @GLBDallaghan11 days ago

[@nthibodeaujarry](#) T3 That gets a little dicey. Having been the sole out faculty member at my previous institution it got really tiring having to be in that role for the LGBTQ+ community [#mededchat](#)



**copenow** @copenow111 days ago

[@criley\\_md](#) Wish I knew more..."Our Culture Is Medicine": <https://t.co/LxRoVT2ZLm> Also check Lewis Mehl-Madrona FMI <https://t.co/RgTidRmKhz> [#mededchat](#)



**Paul Haidet** @myheroistrane11 days ago

RT [@copenow1](#): [@myheroistrane](#) [@criley\\_md](#) [@Megsahokie](#) [@nthibodeaujarry](#) How do we get to a place where power with replaces power over? [#mededc...](#)



**Ian Pereira** @IanJPereira11 days ago

[@MedEdChat](#) I wonder if accountability metrics may help - i.e. a [#SocialAccountability](#) scorecard at local, regional, & national levels for trainees, faculty, admin, & funders to better decide who their version of a "just & free world" aligns & avoid hidden surprises. [#MedEdChat](#)



**MedEd Chat** @MedEdChat11 days ago

RT [@copenow1](#): [@criley\\_md](#) Wish I knew more..."Our Culture Is Medicine": <https://t.co/LxRoVT2ZLm> Also check Lewis Mehl-Madrona FMI <https://t...>



**Ian Pereira** @IanJPereira11 days ago

RT [@copenow1](#): [@myheroistrane](#) [@criley\\_md](#) [@Megsahokie](#) [@nthibodeaujarry](#) How do we get to a place where power with replaces power over? [#mededc...](#)



**Ian Pereira** @IanJPereira11 days ago

RT @myheroistrane: @copenow1 @criley\_md @Megsahokie @nthibodeaujarry It starts with everyone attending to their own transformation. Especia...



**copenow** @copenow111 days ago

#mededchat @GLBDallaghan T3: Tokenism doesn't solve anything...I do agree w @myheroistrane that everyone needs to do their own work, yet that must come from within, not sure how to create conditions to cultivate that



**Ian Pereira** @IanJPereira11 days ago

@GLBDallaghan @nthibodeaujarry Yes...I've heard this too. Also can feel like tokenism. Not easy to find (without biasing) what we sometimes feel is appropriate representation. #MedEdChat



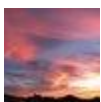
**MedEd Chat** @MedEdChat11 days ago

We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded #mededchat



**copenow** @copenow111 days ago

#mededchat T4: Joining with others who are passionate about this cause, with humility and strength, engaging those with lived experience as BIOPC w SUD/ODU to teach us what they need may be a path. #meded



**Paul Haidet** @myheroistrane11 days ago

@copenow1 @GLBDallaghan This is where the leadership of the organization comes in. If they can articulate the vision AND THEN actually live that vision themselves, the norms might start to change. #MedEdChat



**Nicolas Thibodeau** @nthibodeaujarry11 days ago

T4: The 2 S strategy: sensitize students and other faculties to the problem and be sensible to the issue yourself #MedEdChat



**John Lowry** @DrJohn588511 days ago

@MedEdChat T3 Make the curriculum not hidden to anyone. Be intentional. Lead out. Share success. #MedEdChat



**MedEd Chat** @MedEdChat11 days ago

That's a wrap...I will post the #mededchat transcript tomorrow morning on <https://t.co/mJivoK9NyX> on the Resources page. Thanks everyone for participating! #meded





**copenow** @copenow11 days ago

#mededchat Thank you all for this inspiring and thought-provoking chat. COPE will work to bring these ideas to med schools around the country. Join us at <https://t.co/4U3SGVJUXI>



**MedEd Chat** @MedEdChat11 days ago

Join us again next week at 9 pm Thursday. Our guest host will be @apgonews #meded #mededchat



**Ian Pereira** @IanJPereira11 days ago

@MedEdChat Have been curious if #NarrativeMedicine, when combined with #EBM, can help (i.e. with engendering values, outreach, and political will...) #MedEdChat



**Ian Pereira** @IanJPereira11 days ago

Tx #mededchat. Goodnight!



**Jasminka Criley MD, FACP, FHM** @criley\_md11 days ago

@nthibodeaujarry True. But let me go just a little deeper. In addition, it is important to have good people. People with heart. Open minds. Empathy. Compassion. Inclusivity. Integrity. Care for others (not only self)... We have to focus on these deep humanistic qualities for everyone. #mededchat



**MedEdBot** @MedEdBot11 days ago

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**shawn steidinger** @ml\_shawn11 days ago

RT @nthibodeaujarry: It is crucial to have a diverse #meded student cohort to decrease disparities #MedEdChat



**shawn steidinger** @ml\_shawn11 days ago

RT @Alliance4ClinEd: T1 Here is another article from a student that appeared in Scientific American <https://t.co/Qx5vXa2B7R> #mededchat



**Cooler Heads** @coolerheads 11 days ago

Our recent article on Disparities in Cancer Care can be read on our blog! Click the link below to read <https://t.co/QdMzEI5Q7X> #Cancer #CancerAwareness #CancerResearch #MedTwitter #MedEdChat #MedEd #bcsm #LCSM



**Jes Cerdeña** @jes\_cerdena11 days ago

RT @MedEdChat: This tweet just showed up in my feed and thought it would be good to share as part of tonight's #mededchat



**Myo Thwin Myint, MD (BLM) (he/him)** @MyoThwinMyint11 days ago

@happypsychMD @almostdr\_obrien Happy to have you as a CAP colleague! There isn't enough child & adolescent psychiatrists to meet the needs of our youth which is part of the reasons many TBers are answering the call of the underserved! #psychtwitter #MedStudentTwitter #MedEdChat @PsychResChat @PsychiatryChat

## The #MedEdChat Influencers

### Top 10 Influential



@nthibodeaujarry 100



@myheroistrane 95



@copenow1 91



@GLBDallaghan 79



@criley\_md 76



@Megsahokie 75



@MedEdChat 59



@Alliance4ClinEd 49



@janephilpott 46



@apgonews 46

## Prolific Tweeters



[@IanJPereira](#) 17



[@copenow1](#) 16



[@MedEdChat](#) 14



[@myheroistrane](#) 11



[@nthibodeaujarry](#) 5



[@criley\\_md](#) 4



[@Alliance4ClinEd](#) 3



[@GLBDallaghan](#) 3



[@MedEdBot](#) 3



[@ml\\_shawn](#) 2

## Highest Impressions



[@MedEdChat](#) 120.4K



[@IanJPereira](#) 59.4K



[@myheroistrane](#) 18.5K



[@MedEdBot](#) 7.3K



[@nthibodeaujarry](#) 5.6K



[@GLBDallaghan](#) 4.9K



[@Alliance4ClinEd](#) 1.8K



[@Megsahokie](#) 1.3K



[@copenow1](#) 987.0



[@ezmanshariff](#) 840.0