

## 2020-04-16 How to Stay Productive with Your Writing in the COVID-19 Era

The following links were shared during the chat:

- Twelve Top Tips for Writing While Distracted <https://helenkara.com/2020/03/25/twelve-top-tips-for-writing-while-distracted/>
- Envisioning the Future of Academic Writing <https://www.igme.org/doi/full/10.4300/JGME-D-20-00006.1?mobileUi=0>



**MedEd Chat** @MedEdChat9 hours ago

Topic 1: What are you doing to stay focused on academic writing in this very distracting time? #MedEdChat #meded



**TLMedEd** @TLMedEd9 hours ago

@DrPsychMD @MedEdChat Welcome! #mededchat



**Kristina Dzara, PhD, MMSc** @kristinadzara9 hours ago

RT @MedEdChat: @kristinadzara @GLBDallaghan @DrSinhaEsq Happy you're here with us! #mededchat



**TLMedEd** @TLMedEd9 hours ago

@GLBDallaghan Hi @GLBDallaghan ! Hoping all is well with you. #mededchat



**Alëna A. Balasanova, MD, FAPA** @DrPsychMD9 hours ago

@GLBDallaghan @MedEdChat Indeed! #mededchat <https://t.co/DnuSJLxYnR>



**Gary Beck Dallaghan** @GLBDallaghan9 hours ago

T1 I am fortunate that academic writing is what I do full time....so the biggest challenges for me is keeping my cats from bugging me! #mededchat



**TLMedEd** @TLMedEd9 hours ago

@kristinadzara @MedEdChat @GLBDallaghan @DrSinhaEsq Hello @kristinadzara ! Nice to see you! #mededchat



**Lonika Sood, MBBS, MHPE** @sood lonika9 hours ago

Lonika chimingin from the beautiful Pacific Northwest #mededchat <https://t.co/cqtKrXBP1H>



**Alëna A. Balasanova, MD, FAPA** @DrPsychMD9 hours ago

@AgnesSolberg @GLBDallaghan @MedEdChat Hahaha totally way! 😊 That's Nebraska weather for ya! #mededchat



**TLMedEd** @TLMedEd9 hours ago

[@GLBDallaghan](#) My cat is bugging me AS WE TWEET. [#mededchat](#)



**Agnieszka #StayHome Solberg MD** @AgnieszkaSolberg9 hours ago

T1 [#mededchat](#) [#meded](#) [#foamed](#) I don't do a lot of academic writing, but regular writing helps me to relieve stress! [#wellness](#) [#burnout](#) [#Irad](#) [#RadCX](#)



**Lonika Sood, MBBS, MHPE** @sood lonika9 hours ago

[@MedEdChat](#) A1: signing in to [#mededchat](#) 😊 🙄



**Kristina Dzara, PhD, MMSc** @kristinadzara9 hours ago

T1: [#mededchat](#) When I feel like writing, I write! Sometimes I don't feel motivated to write and use that time for emails, social media, and tasks which take less mental energy. When I am motivated to write, I go with it. However, I am trying to write daily. [#MedEd](#) [#COVID19](#)



**Alliance4ClinEd** @Alliance4ClinEd9 hours ago

T1 Here is a nice blog with some good, easy to follow tips for writing in a distracting world <https://t.co/7oQiNndQRV> [#mededchat](#)



**MedEd Chat** @MedEdChat9 hours ago

RT [@Alliance4ClinEd](#): T1 Here is a nice blog with some good, easy to follow tips for writing in a distracting world <https://t.co/7oQiNndQRV...>



**Gary Beck Dallaghan** @GLBDallaghan9 hours ago

[@kristinadzara](#) Do you feel like you have to write in big chunks or are small nuggets good enough? [#mededchat](#)



**Jen Readlynn, MD** @jenreadlynn9 hours ago

[@MedEdChat](#) Late to the party. I'm Jen, an academic hospitalist in Rochester, NY. T1: Here for tips because the fog of COVID info overload, being around 2 & 6yo 24/7, and trying to keep my students in mind plus non-clinical work has put a damper on things. [#mededchat](#)



**Alëna A. Balasanova, MD, FAPA** @DrPsychMD9 hours ago

[@MedEdChat](#) A1- Honestly? Staying organized. Keeping a list of projects and to-dos for each one. This is important in general, but even more so in times of chaos. Having a plan can provide some sense of normalcy. [#mededchat](#) [#MedEd](#)



**Agnieszka #StayHome Solberg MD** [@AgnieszkaSolberg9 hours ago](#)  
[@jenreadlynn](#) [@MedEdChat](#) I feel you. Home school today was rough.... [#mededchat](#) [#meded](#)



**TLMedEd** [@TLMedEd9 hours ago](#)  
[@kristinadzara](#) T1. It definitely helps to have a routine, and to protect the time for writing when you're freshest and most motivated to write. [#mededchat](#)



**TLMedEd** [@TLMedEd9 hours ago](#)  
RT [@Alliance4ClinEd](#): T1 Here is a nice blog with some good, easy to follow tips for writing in a distracting world <https://t.co/7oQiNndQRV...>



**Bridget OBrien** [@bobrien 159 hours ago](#)  
Hi Bridget here checking in from [@UCSFMedicine](#). T1 Staying connecting with my co-authors and setting deadlines is helping me. But this is the first week that writing has actually felt focused! [#MedEdChat](#)



**Kristina Dzara, PhD, MMSc** [@kristinadzara9 hours ago](#)  
[@GLBDallaghan](#) I have never been good at writing for hours. I generally write in chunks and always have. If it is flowing I definitely am trying to go with it. But if I've hit a wall, I allow myself to recognize that. I am not a machine! [#MedEdChat](#)



**Kristina Dzara, PhD, MMSc** [@kristinadzara9 hours ago](#)  
RT [@Alliance4ClinEd](#): T1 Here is a nice blog with some good, easy to follow tips for writing in a distracting world <https://t.co/7oQiNndQRV...>



**Gary Beck Dallaghan** [@GLBDallaghan9 hours ago](#)  
[@TLMedEd](#) [@kristinadzara](#) T1 Completely agree with that. My best writing time is usually in the morning....and I mean before the chickens are stirring [#mededchat](#)



**James** [@jamesftmorais9 hours ago](#)  
[@MedEdChat](#) [#mededchat](#) T1: I am writing about everything that takes me out of my comfort zone in these pandemic times. All the pedagogical criticisms that I already had and that were accentuated by the crisis, are an example. Being out of the comfort zone is what keeps me focused.



**Michelle Rheault** [@rheault m9 hours ago](#)  
[@MedEdChat](#) T1: I'm lowering my expectations. Hard to write when homeschooling, learning new technology, and fearing for my patients and loved ones lives. [#MedEdChat](#)



**Alliance4ClinEd** @Alliance4ClinEd9 hours ago

[@bobrien\\_15](#) [@UCSFMedicine](#) T1 That is incredibly important to keep motivated. Working with a team who you're accountable to is a great motivator! [#mededchat](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara9 hours ago

RT [@DrPsychMD](#): [@MedEdChat](#) A1- Honestly? Staying organized. Keeping a list of projects and to-dos for each one. This is important in general...



**TLMedEd** @TLMedEd9 hours ago

[@AgnesSolberg](#) [@jenreadlynn](#) [@MedEdChat](#) T1. Remember to be kind to yourselves. Times of crisis are, well, times of crisis. You are doing your best. [#mededchat](#)



**MedEd Chat** @MedEdChat9 hours ago

RT [@jamesftmorais](#): [@MedEdChat](#) [#mededchat](#) T1: I am writing about everything that takes me out of my comfort zone in these pandemic times. A...



**Kristina Dzara, PhD, MMSc** @kristinadzara9 hours ago

[@DrPsychMD](#) [@MedEdChat](#) I do find myself somewhat distracted right now. My to-do list seems to change daily and prioritization sometimes falls to the wayside. [#MedEdChat](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara9 hours ago

RT [@bobrien\\_15](#): Hi Bridget here checking in from [@UCSFMedicine](#). T1 Staying connecting with my co-authors and setting deadlines is helping m...



**Gary Beck Dallaghan** @GLBDallaghan8 hours ago

[@rheault\\_m](#) [@MedEdChat](#) How do you feel about that? I think we as academics set our standards so high we sometimes feel guilt by pivoting to adapt. [#mededchat](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@TLMedEd](#): [@AgnesSolberg](#) [@jenreadlynn](#) [@MedEdChat](#) T1. Remember to be kind to yourselves. Times of crisis are, well, times of crisis. You a...



**MedEd Chat** @MedEdChat8 hours ago

RT [@TLMedEd](#): [@AgnesSolberg](#) [@jenreadlynn](#) [@MedEdChat](#) T1. Remember to be kind to yourselves. Times of crisis are, well, times of crisis. You a...



**TLMedEd** @TLMedEd8 hours ago

[@bobrien\\_15](#) [@UCSFMedicine](#) T1. Hello [@bobrien\\_15](#) ! Co-authors are key. A great source of inspiration and accountability. [#mededchat](#).



**MedEdBot** @MedEdBot8 hours ago

RT [@MedEdChat](#): T1 about to come up in a few moments [#meded](#) [#mededchat](#)



**MedEdBot** @MedEdBot8 hours ago

RT [@MedEdChat](#): Topic 1: What are you doing to stay focused on academic writing in this very distracting time? [#MedEdChat](#) [#meded](#)



**MedEdBot** @MedEdBot8 hours ago

RT [@AgnesSolberg](#): T1 [#mededchat](#) [#meded](#) [#foamed](#) I don't do a lot of academic writing, but regular writing helps me to relieve stress! [#well...](#)



**MedEdBot** @MedEdBot8 hours ago

RT [@kristinadzara](#): T1: [#mededchat](#) When I feel like writing, I write! Sometimes I don't feel motivated to write and use that time for email...



**Michelle Rheault** @rheault m8 hours ago

[@GLBDallaghan](#) [@MedEdChat](#) Tons of guilt. I'm an overachiever and truly love writing and bringing research to completion. Right now just prioritizing work with trainees so at least they can stay on track. [#MedEdChat](#)



**Alëna A. Balasanova, MD, FAPA** @DrPsychMD8 hours ago

[@kristinadzara](#) [@MedEdChat](#) I agree it can be really hard in these changing times! I think having a specific "scholarly to-do list" can be helpful. Ideas for future projects can be a section but really it should be reserved for active work + a column for collaborators and follow-up deadlines. [#mededchat](#)



**Gary Beck Dallaghan** @GLBDallaghan8 hours ago

T1 One of the distractors that was unexpected is the increased number of Zoom calls that keep cropping up. They're worse than having meetings all day long and truly kill my stride! [#mededchat](#)



**TLMedEd** @TLMedEd8 hours ago

[@jamesftmorais](#) [@MedEdChat](#) T1. That sounds like a great strategy. The pandemic seems like an excellent opportunity for reflection and critical examination of assumptions. [#mededchat](#)



**Alëna A. Balasanova, MD, FAPA** [@DrPsychMD8](#) 8 hours ago

[@GLBDallaghan](#) I have found that zoom takes more energy and stamina than regular meetings. I feel like being "on" for an hour back to back to back can be surprisingly draining. [#mededchat](#) [#meded](#)



**Kinga Laura Eliaz** [@k for kinga8](#) 8 hours ago

[@MedEdChat](#) [@amyjccuddy](#) [#MedEd](#) [#mededchat](#)



**James** [@jamesftmorais8](#) 8 hours ago

RT [@TLMedEd](#): [@jamesftmorais](#) [@MedEdChat](#) T1. That sounds like a great strategy. The pandemic seems like an excellent opportunity for reflecti...



**Kristina Dzara, PhD, MMSc** [@kristinadzara8](#) 8 hours ago

Example [#1](#) "Really Good Stuff" [@MedEdJournal](#): <https://t.co/5J1zU89aqV> [#MedEdChat](#) (2/4)



**Kristina Dzara, PhD, MMSc** [@kristinadzara8](#) 8 hours ago

[#MedEdChat](#) Journals are starting to have calls for [#COVID19](#) and [#MedEd](#) submissions. A few I've noticed recently include: (1/4)



**Kristina Dzara, PhD, MMSc** [@kristinadzara8](#) 8 hours ago

Example [#2](#): Special call for brief papers from [@AcademicPeds](#): <https://t.co/5upG8ORngu> [#MedEdChat](#) (3/4)



**Kristina Dzara, PhD, MMSc** [@kristinadzara8](#) 8 hours ago

Example [#3](#): Calls for Letter to the Editor from Trainees at [@AcadMedJournal](#): <https://t.co/47SOchWv5i> [#MedEdChat](#) (4/4)



**Lonika Sood, MBBS, MHPE** [@sood\\_lonika8](#) 8 hours ago

A1: we are doing amazing stuff. It building takes time away from reflections and writing... not to mention toddlers and dogs vying for your attention [#mededchat](#) <https://t.co/eDRD5O17vq>



**MedEd Chat** [@MedEdChat8](#) 8 hours ago

RT [@kristinadzara](#): Example [#3](#): Calls for Letter to the Editor from Trainees at [@AcadMedJournal](#): <https://t.co/47SOchWv5i> [#MedEdChat](#) (4/4)



**TLMedEd** [@TLMedEd8](#) 8 hours ago

[@rheault\\_m](#) [@GLBDallaghan](#) [@MedEdChat](#) T1. The research will come to completion, just a bit later than expected. As dedicated as you are, you will prevail when the time is right to prioritize writing again. [#mededchat](#)



**MedEd Chat** [@MedEdChat](#) 8 hours ago

Topic 2: How are you using writing (academic or otherwise) to cope with the uncertainty and anxiety? [#MedEdChat](#) [#meded](#)



**Sherilyn Smith** [@Sherilyn\\_Smith](#) 8 hours ago

[@MedEdChat](#) T1: Hi there, Sherilyn Smith in Seattle. Focusing on what I find interesting not what I must do [#MedEdChat](#)



**Paul Haidet** [@myheroistrane](#) 8 hours ago

Lots of colleagues rushing to write something about COVID. I was here for 9/11, and Katrina too. This time is different than those. The deluge of articles makes me think that anything I say will just get lost in the shuffle. So, I'm gonna wait and process instead. [#MedEdChat](#)



**Bridget OBrien** [@bobrien](#) 158 hours ago

T1 Thanks for mentioning all these [@kristinadzara](#) These calls are great nudges. Lots of opportunities to put our observations and reflections into words and share them. [#MedEdChat](#)



**Kinga Laura Eliasz** [@k\\_for\\_kinga](#) 8 hours ago

Very much needed and appreciated! [#MedEd](#) [#mededchat](#) [@MedEdChat](#) [@MedEd\\_Journal](#)



**Gary Beck Dallaghan** [@GLBDallaghan](#) 8 hours ago

T2 Ever since we relocated to NC I've been regularly writing letters to friends....and by writing I mean by hand. It's been such a relaxing way of expressing what we're doing or what's on my mind. [#mededchat](#)



**Alëna A. Balasanova, MD, FAPA** [@DrPsychMD](#) 8 hours ago

[@TLMedEd](#) [@bobrien\\_15](#) [@UCSFMedicine](#) Definitely agree on utility of parter and groupwork, though coauthors & collaborators come with their own bag of worms that you've got to make sure you're prepared for! [#mededchat](#) [#meded](#)



**Sherilyn Smith** [@Sherilyn\\_Smith](#) 8 hours ago

[@jamesftmorais](#) [@MedEdChat](#) What things take you out of your comfort zone? [#MedEdChat](#) [#uncertainty](#)



**Kinga Laura Eliasz** [@k\\_for\\_kinga](#) 8 hours ago

[@MedEdChat](#) T2: I have been doing more songwriting, my best songs have been in times of hardship. Scientific writing has always been more of a struggle for me [@MedEdChat](#) [@TLMedEd](#) [#MedEd](#) [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

T2 Another writing project for me is with a group of comic book geeks in the amateur press alliance I've belonged to for nearly 20 years. Writing to them and really expressing what's going on in my head is amazingly helpful [#mededchat](#)



**TLMedEd** [@TLMedEd8 hours ago](#)

[@myheroistrane](#) T1. That is the approach we're taking here at TLM. We're looking forward to publishing the long view analyses, and will leave current events up to other journals that have the capacity to keep up. [#mededchat](#)



**Alëna A. Balasanova, MD, FAPA** [@DrPsychMD8 hours ago](#)

[@MedEdChat](#) A2- I wish I were someone who found writing therapeutic. Alas, I am not. So academic writing is pulling teeth for me. Writing cards & letters to friends across the country, however, is loads of fun and something I continue to do actively during this time. [#MedEdchat](#) [#MedEd](#)



**Lonika Sood, MBBS, MHPE** [@sood lonika8 hours ago](#)

T2: not doing it yet.. looking to be inspired to be distracted [#MedEdChat](#)



**Sherilyn Smith** [@Sherilyn Smith8 hours ago](#)

[@rheault m](#) [@MedEdChat](#) Maybe we can reframe this time as the things that are most important will come in focus [#MededChat](#) [#inspiration](#)



**TLMedEd** [@TLMedEd8 hours ago](#)

[@GLBDallaghan](#) T2. There seems to be a surge of writing prompts available now too. Writing can be a great outlet. [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@DrPsychMD](#) [@MedEdChat](#) T2 Need to get you hooked up with [@2LindaMLove](#) so you can start doing more academic writing.....and she'll keep you laughing as well! [#mededchat](#)



**Sherilyn Smith** [@Sherilyn Smith8 hours ago](#)

[@GLBDallaghan](#) Wow! Are you drawing too? You amaze me [#artist](#) [#innovation](#) [#MedEdchat](#)



**Bridget OBrien** [@bobrien 158 hours ago](#)

I love this suggestion. I think it's so true and I hope we'll all gain some clarity and reset priorities toward greater sanity from this experience! [#MedEdChat](#)





**Alëna A. Balasanova, MD, FAPA** [@DrPsychMD8](#) 8 hours ago

[@myheroistrane](#) That is a really good point and not something I had thought about! 🙌 You are definitely on to something though because I have found the volume of COVID literature dizzying as of late, particularly circulating on social media. It's overload (for me). [#MedEdchat](#) [#MedEd](#)



**Jen Readlynn, MD** [@jenreadlynn8](#) 8 hours ago

[@MedEdChat](#) T2: most writing has been appeal letters for insurance denials. Feels good to advocate for my patients/hospital. Although stressful, it was fun to develop a virtual curriculum for my students while on service at the start of the COVID craziness. Want to do more. [#mededchat](#)



**Ming-Ka Chan, MD** [#stayhomesavelives](#) [@MKChan](#) [RCPSC8](#) 8 hours ago

RT [@kristinadzara](#): [#MedEdChat](#) Journals are starting to have calls for [#COVID19](#) and [#MedEd](#) submissions. A few I've noticed recently incl...



**Deb Simpson** [@debsimpson38](#) 8 hours ago

[@DrPsychMD](#) [@MedEdChat](#) Academic writing is only one form of writing. Congrats to you for utilizing all forms!! You are getting ready for the future! [#mededchat](#) <https://t.co/Ovev5zINna>



**MedEd Chat** [@MedEdChat8](#) 8 hours ago

RT [@debsimpson3](#): [@DrPsychMD](#) [@MedEdChat](#) Academic writing is only one form of writing. Congrats to you for utilizing all forms!! You are get...



**Jen Readlynn, MD** [@jenreadlynn8](#) 8 hours ago

[@DrPsychMD](#) [@MedEdChat](#) I'm the same. I really have to force myself and that doesn't always feel kind to myself right now. [#MedEdchat](#)



**Alëna A. Balasanova, MD, FAPA** [@DrPsychMD8](#) 8 hours ago

[@GLBDallaghan](#) [@MedEdChat](#) [@2LindaMLove](#) Oh I definitely don't need to be doing MORE! 🙌 I may hate it but am still knee deep in the middle of 6 manuscripts at the moment! The process is pulling teeth, but I love the outcome 😊 [#MedEdchat](#) [#MedEd](#)



**Gary Beck Dallaghan** [@GLBDallaghan8](#) 8 hours ago

[@debsimpson3](#) [@DrPsychMD](#) [@MedEdChat](#) [@kristinadzara](#) has mastered this....going from academic writing, blogging, [#SoMe!](#) She's amazing! [#mededchat](#)



**Brian McGillen, MD** [@bmcgillen268](#) 8 hours ago

RT [@myheroistrane](#): Lots of colleagues rushing to write something about COVID. I was here for 9/11, and Katrina too. This time is differe...



**TLMedEd** [@TLMedEd8](#) 8 hours ago

[@DrPsychMD](#) [@MedEdChat](#) T2. Nonacademic writing counts! The flow of getting ideas "on paper" is a skill that transfers. The best athlete doesn't always need a field, gym, pool, etc. to practice and improve. [#mededchat](#)



**MedEd Chat** [@MedEdChat8](#) 8 hours ago

RT [@TLMedEd](#): [@DrPsychMD](#) [@MedEdChat](#) T2. Nonacademic writing counts! The flow of getting ideas "on paper" is a skill that transfers. The best...



**Kristina Dzara, PhD, MMSc** [@kristinadzara8](#) 8 hours ago

RT [@GLBDallaghan](#): [@debsimpson3](#) [@DrPsychMD](#) [@MedEdChat](#) [@kristinadzara](#) has mastered this....going from academic writing, blogging, [#SoMe!](#) She...



**TLMedEd** [@TLMedEd8](#) 8 hours ago

[@DrPsychMD](#) [@MedEdChat](#) T2. Cross-discipline / broad reading helps too. Exploring different forms of narrative can be incredibly helpful to developing your voice. [#mededchat](#)



**Alëna A. Balasanova, MD, FAPA** [@DrPsychMD8](#) 8 hours ago

[@jenreadlynn](#) [@MedEdChat](#) I liken it to physical activity. I'm also not one of those people who gets "runner's high" or swears by exercise. I had to force myself to do that too- because I know it is good for me and I will thank myself later. [#MedEdchat](#) [#MedEd](#)



**Deb Simpson** [@debsimpson38](#) 8 hours ago

T2 wondering for those of us for whom writing is a painful process if sharing the thoughts with colleagues in quick texts or emails will be helpful as both record and advancing our thinking - both part of [#scholarly](#) approach. [#MedEdChat](#)



**Bridget OBrien** [@bobrien](#) 158 hours ago

I agree! I think all writing is practice - especially non-academic writing because it breaks from the box of academic writing (which can be pretty dry). I secretly hope non-academic will spill over and spice up our academic writing! [#MedEdchat](#)



**TChanMD** [@TChanMD8](#) 8 hours ago

RT [@bobrien](#) 15: I agree! I think all writing is practice - especially non-academic writing because it breaks from the box of academic writi...



**TLMedEd** @TLMedEd8 hours ago  
[@debsimpson3](#) T2. Having a "writing buddy" helps too! [#mededchat](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago  
RT [@bobrien 15](#): T1 Thanks for mentioning all these [@kristinadzara](#) These calls are great nudges. Lots of opportunities to put our observatio...



**Gary Beck Dallaghan** @GLBDallaghan8 hours ago  
[@debsimpson3](#) T2 That's a great idea. Another idea I've tossed to people who dislike writing is to dictate their thoughts into those apps that convert voice to text. At least it gets thoughts on the page that you can then edit [#mededchat](#)



**TLMedEd** @TLMedEd8 hours ago  
RT [@bobrien 15](#): I agree! I think all writing is practice - especially non-academic writing because it breaks from the box of academic writi...



**Alëna A. Balasanova, MD, FAPA** @DrPsychMD8 hours ago  
[@TLMedEd](#) [@MedEdChat](#) Cross discipline reading: Now THAT is something I can get behind! My favorite evening activity is to curl up with my journals with some candles on... from [@JAMA current](#) to [@NEJM](#) and everything in between! [#MedEdchat](#) [#MedEd](#)



**Michelle Rheault** @rheault m8 hours ago  
[@TLMedEd](#) [@DrPsychMD](#) [@MedEdChat](#) I've been spending time catching up all all my [@newyorker](#) magazines. Admire all the scientific writers there. Really good at translation to lay audience. [#MedEdchat](#)



**MedEd Chat** @MedEdChat8 hours ago  
Topic 3: What implications does the coronavirus pandemic have for what we will write about (academically) in the future? [#MedEdChat](#) [#meded](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago  
RT [@DrPsychMD](#): [@kristinadzara](#) [@MedEdChat](#) I agree it can be really hard in these changing times! I think having a specific "scholarly to-d...



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago  
RT [@MedEdChat](#): Topic 3: What implications does the coronavirus pandemic have for what we will write about (academically) in the future? [#Me...](#)



**TLMedEd** @TLMedEd8 hours ago

[@GLBDallaghan](#) [@debsimpson3](#) It also can be extremely helpful to "interview" a person whose having trouble getting their ideas on paper. The back-and-forth Q&A really seems to help people get their thoughts in order. [#mededchat](#)



**Julie B. McCausland MD, MS** @mccauslandjb8 hours ago

RT [@MedEdChat](#): Topic 3: What implications does the coronavirus pandemic have for what we will write about (academically) in the future? [#Me...](#)



**MedEd Chat** @MedEdChat8 hours ago

RT [@TLMedEd](#): [@GLBDallaghan](#) [@debsimpson3](#) It also can be extremely helpful to "interview" a person whose having trouble getting their ideas o...



**Vinny (#testtracetreat) Arora MD MAPP** @FutureDocs8 hours ago

RT [@kristinadzara](#): [#MedEdChat](#) Journals are starting to have calls for [#COVID19](#) and [#MedEd](#) submissions. A few I've noticed recently incl...



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

[@GLBDallaghan](#) [@debsimpson3](#) Absolutely. Or just write a paragraph with your idea to get it out. Dont focus on perfect. And then revisit when you have time and / or motivation! [#MedEdChat](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@TLMedEd](#): [@GLBDallaghan](#) [@debsimpson3](#) It also can be extremely helpful to "interview" a person whose having trouble getting their ideas o...



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@debsimpson3](#): T2 wondering for those of us for whom writing is a painful process if sharing the thoughts with colleagues in quick texts...



**Lina Lander** @LinaLanderSD8 hours ago

[@MedEdChat](#) T3. Evolving nature of delivering medical education [#MedEdchat](#) and impact on students, staff, and faculty



**TLMedEd** @TLMedEd8 hours ago

[@rheault\\_m](#) [@DrPsychMD](#) [@MedEdChat](#) [@NewYorker](#) A personal hero here is John McPhee. [#mededchat](#)



**Alliance4ClinEd** @Alliance4ClinEd8 hours ago

T3 Our research committee was discussing the impact of the pandemic and what kinds of questions we will be asking about [#meded](#) once we get to a "normal" state. Some ideas cropped up, but all felt too soon to ask [#mededchat](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

[@debsimpson3](#) I also really like asking a colleague to read my manuscripts before I submit them as a pre-peer review. They always catch something! [#MedEdChat](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@TLMedEd](#): [@DrPsychMD](#) [@MedEdChat](#) T2. Nonacademic writing counts! The flow of getting ideas "on paper" is a skill that transfers. The best...



**Vignesh Doraiswamy, MD** @DoctorVig8 hours ago

[@MedEdChat](#) T3 cont. This can be dangerous and harmful. This is the first true social media era pandemic and a lot of lessons will be learned how to handle constantly changing literature and conducting studies in the midst of a pandemic. [#mededchat](#) 2/x



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@Alliance4ClinEd](#): T3 Our research committee was discussing the impact of the pandemic and what kinds of questions we will be asking about...



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@LinaLanderSD](#): [@MedEdChat](#) T3. Evolving nature of delivering medical education [#MedEdchat](#) and impact on students, staff, and faculty



**Lonika Sood, MBBS, MHPE** @sood\_lonika8 hours ago

[@LinaLanderSD](#) [@MedEdChat](#) T3: reminding us that we r living the future and we learnt so much from it [#MedEdchat](#)



**Deb Simpson** @debsimpson38 hours ago

T3 topics post [#COVID19in](#) [#MedEd](#) professionalism, teamwork, virtual learning and teaching, professional identity, time-variable competency based medical education, blurring lines between [#medstudent](#) [#gme](#) , compassion, and [#burnout](#) disaster preparedness [#MedEdChat](#)



**Alliance4ClinEd** @Alliance4ClinEd8 hours ago

T3 A question came up the other day wondering how crucial is it to see patients face-to-face to learn how to diagnose and treat. I think we're going to see more of these topics [#mededchat](#)



**Kinga Laura Eliasz** @k for kinga8 hours ago

[@MedEdChat](#) T3: I hope this helps us learn to collaborate more effectively, more deeply, more meaningfully... and find ways to share resources and work in unity. We all have very similar higher level goals. [#MedEdchat](#) [#MedEd](#) [@MedEdChat](#) [@TLMedEd](#)



**Deb Simpson** @debsimpson38 hours ago

[@TLMedEd](#) [@GLBDallaghan](#) Yes and!! talking it out with a colleague who listens well helps to clarify thinking and is fun! Do it all the time. [#MedEdchat](#)



**Alëna A. Balasanova, MD, FAPA** @DrPsychMD8 hours ago

[@MedEdChat](#) A3- This is SUCH a great question! My wish is for academic writing to recognize the mental toll this experience is having (esp on HCWs) and offer more than just wellness/resiliency rhetoric in terms of how to get through it. [#MedEdchat](#) [#MedEd](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@DrPsychMD](#): [@MedEdChat](#) A3- This is SUCH a great question! My wish is for academic writing to recognize the mental toll this experience...



**TLMedEd** @TLMedEd8 hours ago

T3. This one is tough. What topics will have staying power, and what will pass away when our attention shifts? What innovations during this time will be truly disruptive? [#MedEdChat](#)



**Bridget OBrien** @bobrien 158 hours ago

[@MedEdChat](#) T3 So hard to say, but I do hope the writing can focus on generalizable/transferable insights for the long run as [@TLMedEd](#) mentioned. [#MedEdChat](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@debsimpson3](#): [@TLMedEd](#) [@GLBDallaghan](#) Yes and!! talking it out with a colleague who listens well helps to clarify thinking and is fun! Do...



**polly rossi** @polly\_rossi8 hours ago

RT [@MeetingAchiever](#): Don't miss this virtual event! Register here: <https://t.co/gLHoEtvjE5> [@UChicagoMed](#) [#CME](#) [#MedTwitter](#) [#genetics](#) [#oncology](#)



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT [@debsimpson3](#): T3 topics post [#COVID19in](#) [#MedEd](#) professionalism, teamwork, virtual learning and teaching, professional identity, time-var...



**Kristina Dzara, PhD, MMSc** [@kristinadzara8 hours ago](#)

RT [@bobrien\\_15](#): [@MedEdChat](#) T3 So hard to say, but I do hope the writing can focus on generalizable/transferable insights for the long run a...



**Lonika Sood, MBBS, MHPE** [@sood\\_lonika8 hours ago](#)

T3: reminding us that there are heroes who inspire us and our students.. to include them in our academic pursuits... pay homage [#MedEdChat](#)



**Kristina Dzara, PhD, MMSc** [@kristinadzara8 hours ago](#)

RT [@TLMedEd](#): T3. This one is tough. What topics will have staying power, and what will pass away when our attention shifts? What innovation...



**Vignesh Doraiswamy, MD** [@DoctorVig8 hours ago](#)

[@LinaLanderSD](#) [@MedEdChat](#) I think this has truly revolutionized the range of what is now possible as far as education and asynchronous learning! I hope we take a great deal of what we've been able to accomplish now with us into the future. [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@TLMedEd](#): T3. This one is tough. What topics will have staying power, and what will pass away when our attention shifts? What innovation...



**TLMedEd** [@TLMedEd8 hours ago](#)

[@DrPsychMD](#) [@MedEdChat](#) Yes and! Would love to see the treatment of health disparities, which are baldly apparent now, get more serious too. [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@TLMedEd](#) T3 I also hope it helps us to exercise patience in order to study long-term impact of teaching innovations....not just ram something through then write up evaluation data [#mededchat](#)



**Lonika Sood, MBBS, MHPE** [@sood\\_lonika8 hours ago](#)

[@Alliance4ClinEd](#) [@WSUMedicine](#) we held a virtual advance care planning for our MS3s... and they astutely pointed out how hard it was to see that their (standardized) patient was wiping a tear [#Mededchat](#)



**COMSEP** [@COMSEPediatrics8 hours ago](#)

RT [@Alliance4ClinEd](#): Join [#MedEdChat](#) April 16th at 9PM NYC to brainstorm about keeping productive with [#meded](#) scholarship amidst [#COVID19](#) @...



**TLMedEd** @TLMedEd8 hours ago

RT @GLBDallaghan: @TLMedEd T3 I also hope it helps us to exercise patience in order to study long-term impact of teaching innovations....no...



**Jen Readlynn, MD** @jenreadlynn8 hours ago

@MedEdChat T3: I'm hoping for more innovations in #meded. Delivering education via multiple platforms but still keeping the patient at the forefront. #MedEdchat



**Sherilyn Smith** @Sherilyn\_Smith8 hours ago

So true! #collaboration to move education forward#MedEdChat



**James** @jamesftmorais8 hours ago

@Sherilyn\_Smith @MedEdChat right now, everything that I disagree with my co-workers in relation to classes strategies during the crisis and that calls me to reflect on my practices in relation to my students. #mededchat



**NMF Online** @NMFonline8 hours ago

RT @MedEdChat: Topic 3: What implications does the coronavirus pandemic have for what we will write about (academically) in the future? #Me...



**MedEd Chat** @MedEdChat8 hours ago

RT Sherilyn Smith @Sherilyn\_Smith So true! #collaboration to move education forward #MedEdChat



**NMF Online** @NMFonline8 hours ago

RT @TLMedEd: T3. This one is tough. What topics will have staying power, and what will pass away when our attention shifts? What innovation...



**Michelle Rheault** @rheault m8 hours ago

@sood\_Ionika @Alliance4ClinEd @WSUMedicine Now I'm wiping a tear and you can't see that either. Such hard conversations for everyone. Can't imagine trying to learn the skill remotely. #MedEdChat



**TLMedEd** @TLMedEd8 hours ago

@jenreadlynn @MedEdChat T3. And analysis of those innovations to illuminate when, where, how they work best to truly have an adaptable #meded toolkit. #mededchat





**Alëna A. Balasanova, MD, FAPA** [@DrPsychMD8](#) 8 hours ago

[@TLMedEd](#) [@MedEdChat](#) 100%!!! Just today in the class I facilitate via zoom for the students one of them suggested next week we discuss clinical approaches to SOLVING some of the social determinants issues at play which COVID has unabashedly highlighted. [#MedEdchat](#) [#MedEd](#)



**Vignesh Doraiswamy, MD** [@DoctorVig8](#) 8 hours ago

[@TLMedEd](#) [@DrPsychMD](#) [@MedEdChat](#) More than anything else. All I see is a lot of recognition that these disparities exist and not enough above plan to thwart this in the future. We collectively need to be better. [#mededchat](#)



**MedEd Chat** [@MedEdChat8](#) 8 hours ago

We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts [#meded](#) [#mededchat](#)



**COMSEP** [@COMSEPediatrics8](#) 8 hours ago

RT [@k for kinga](#): [@MedEdChat](#) T3: I hope this helps us learn to collaborate more effectively, more deeply, more meaningfully... and find ways...



**Alëna A. Balasanova, MD, FAPA** [@DrPsychMD8](#) 8 hours ago

[@jenreadlynn](#) [@MedEdChat](#) Perhaps we should consider an editorial on how to encourage (ie push) educators to write and what's worked for us when we haven't wanted to...(so like, always) [#MedEdchat](#)



**Kinga Laura Eliaz** [@k for kinga8](#) 8 hours ago

[@Sherilyn Smith](#) Yes!!! And I find that a lot of people are so motivated and driven to work together right now — because we need each other — this should be the norm as a field. [#MedEd](#) [#MedEdchat](#) [@MedEdChat](#) [@TLMedEd](#)



**MedEd Chat** [@MedEdChat8](#) 8 hours ago

RT [@k for kinga](#): [@Sherilyn Smith](#) Yes!!! And I find that a lot of people are so motivated and driven to work together right now — because we...



**TLMedEd** [@TLMedEd8](#) 8 hours ago

[@DoctorVig](#) [@DrPsychMD](#) [@MedEdChat](#) It is a real shame that everything that is happening with respect to demographic trends in prevalence and death rates was completely predictable. [#mededchat](#)



**NMF Online** @NMFonline8 hours ago

RT @kristinadzara: #MedEdChat Journals are starting to have calls for #COVID19 and #MedEd submissions. A few I've noticed recently incl...



**NHRMC IM PD** @CharinHanlon8 hours ago

RT @k for kinga: @Sherilyn Smith Yes!!! And I find that a lot of people are so motivated and driven to work together right now — because we...



**TLMedEd** @TLMedEd8 hours ago

RT @k for kinga: @Sherilyn Smith Yes!!! And I find that a lot of people are so motivated and driven to work together right now — because we...



**Deb Simpson** @debsimpson38 hours ago

As my dogs were walking me the other day saw a sideways chalk analogy about transformation of caterpillars to butterflies and the impact of one wing flap. That can be all of us as we transform #meded and healthcare. Spread your wings and share a Cookie!! #MedEdChat <https://t.co/hfRcDmVNZK>



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT @MedEdChat: We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded #mededchat



**Kristina Dzara, PhD, MMSc** @kristinadzara8 hours ago

RT @jenreadlynn: @MedEdChat T3: I'm hoping for more innovations in #meded. Delivering education via multiple platforms but still keeping th...



**MedEd Chat** @MedEdChat8 hours ago

Join us again next week at 9 pm Thursday. Don't forget to suggest topics by DM or email #meded #mededchat



**MedEd Chat** @MedEdChat8 hours ago

That's a wrap! Thanks @TLMedEd for guest hosting tonight! I will post the #mededchat transcript tomorrow morning on <https://t.co/mJivoK9NyX> on the Resources page. Thanks everyone for participating! #meded



**Bridget OBrien** @bobrien 158 hours ago

@MedEdChat Thanks so much for hosting this! Great questions and discussion! #MedEdChat



**Alëna A. Balasanova, MD, FAPA** @DrPsychMD8 hours ago

@MedEdChat Wow this hour has FLOWN by! What wonderful discussions! So happy to meet some new colleagues this evening and see familiar faces as well (looking at you, @GLBDallaghan!) Thank you all for making me think harder and be better 🙏👉 #mededchat #MedEd



**TLMedEd** @TLMedEd8 hours ago

@MedEdChat Thank you to all who are doing so much to promote public health and #meded. We look forward to hearing your stories. #mededchat



**Lonika Sood, MBBS, MHPE** @sood\_lonika8 hours ago

@DrPsychMD @jenreadlynn @MedEdChat Would love to share how #WomenInMedicine navigate #Acadwriting when working around family #Mededchat



**Women In Nephrology** @womeninnephro8 hours ago

RT @sood\_lonika: @DrPsychMD @jenreadlynn @MedEdChat Would love to share how #WomenInMedicine navigate #Acadwriting when working around fami...



**MedEdBot** @MedEdBot7 hours ago

RT @MedEdChat: We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded #mededchat



**MedEdBot** @MedEdBot7 hours ago

RT @debsimpson3: As my dogs were walking me the other day saw a sideways chalk analogy about transformation of caterpillars to butterflies an...



**MedEdBot** @MedEdBot7 hours ago

RT @MedEdChat: Join us again next week at 9 pm Thursday. Don't forget to suggest topics by DM or email #meded #mededchat



**MedEdBot** @MedEdBot7 hours ago

RT @MedEdChat: That's a wrap! Thanks @TLMedEd for guest hosting tonight! I will post the #mededchat transcript tomorrow morning on <https://...>



**Mary Rensel MD FAAN ABIHM** @MRenselMD7 hours ago

@WPSA1 share with trainees, call for letter to editor @WNGtweets



**CAME-ACEM** @cameacem7 hours ago

RT @kristinadzara: T1: #mededchat When I feel like writing, I write! Sometimes I don't feel motivated to write and use that time for email...



**Alex Niven** @niven\_alex7 hours ago

RT @kristinadzara: #MedEdChat Journals are starting to have calls for #COVID19 and #MedEd submissions. A few I've noticed recently incl...



**Juliette Perzhinsky, MD** @JPerzsky7 hours ago

Though, I am eternally grateful to the researchers from the frontlines getting their data published ASAP on how to diagnose & manage #Covid\_19 - not #meded per se



**Jennifer Meka, PhD** @JenniferMeka7 hours ago

RT @kristinadzara: #MedEdChat Journals are starting to have calls for #COVID19 and #MedEd submissions. A few I've noticed recently incl...



**CharterForHealthcare** @charter4values7 hours ago

RT @JPerzsky: Though, I am eternally grateful to the researchers from the frontlines getting their data published ASAP on how to diagnose &...



**CharterForHealthcare** @charter4values7 hours ago

RT @myheroistrane: Lots of colleagues rushing to write something about COVID. I was here for 9/11, and Katrina too. This time is different...



**Kristina Dzara, PhD, MMSc** @kristinadzara7 hours ago

RT @MRenseIMD: @WPSA1 share with trainees, call for letter to editor @WNGtweets



**MedEdBot** @MedEdBot6 hours ago

RT @JPerzsky: Though, I am eternally grateful to the researchers from the frontlines getting their data published ASAP on how to diagnose &...



✨ **Roshni Beeharry aka The Peripatetic Academic** @roshni\_beeharry3 hours ago

RT @kristinadzara: Example #3: Calls for Letter to the Editor from Trainees at @AcadMedJournal: <https://t.co/47SOchWv5i> #MedEdChat (4/4)



**Mirela Diana ILIE, MD** 📝 MSc 📚 @the\_hormone\_doc3 hours ago

Stay safe & cute

🛡️ 😊 #CoronavirusSeason #CoronavirusSuperpowers #reinfection #reactivation #mutation #AntibodyDependentEnhancement #coronachan #MedTwitter #medstudentcovid #MedEd #MedEdch at #Covid\_19 #AcademicTwitter @AcademicChatter



**MedEdBot** @MedEdBot2 hours ago

RT @the\_hormone\_doc: Stay safe & cute

🔗 😊 #CoronavirusSeason #CoronavirusSuperpowers #reinfection #reactivation #mutation #AntibodyDependen...



**ameera cluntun** @AmeeraCluntun2 hours ago

RT @kristinadzara: #MedEdChat Journals are starting to have calls for #COVID19 and #MedEd submissions. A few I've noticed recently incl...

## The #MedEdChat Influencers

### Top 10 Influential



@MedEdChat 100



@TLMedEd 81



@DrPsychMD 75



@GLBDallaghan 71



@kristinadzara 61



@jenreadlynn 60



@AgnesSolberg 47



@Alliance4ClinEd 46



@debsimpson3 44



@bobrien\_15 43

## Prolific Tweeters

 [@kristinadzara](#) 31


 [@TLMedEd](#) 25

 [@MedEdChat](#) 16

 [@DrPsychMD](#) 15

 [@GLBDallaghan](#) 11

 [@MedEdBot](#) 10

 [@sood Ionika](#) 8

 [@bobrien 15](#) 6

 [@k for kinga](#) 5

 [@debsimpson3](#) 5


## Highest Impressions

 [@kristinadzara](#) 169.9K

 [@MedEdChat](#) 127.3K

 [@FutureDocs](#) 33.5K

 [@TLMedEd](#) 28.5K

 [@DrPsychMD](#) 22.2K



[@rheault\\_m](#) 20.8K



[@MedEdBot](#) 18.9K



[@GLBDallaghan](#) 16.8K



[@AgnesSolberg](#) 13.7K



[@TChanMD](#) 12.3K