

## 2019-05-16: Achieving the Quadruple Aim: What Are Medical Educators Doing?

The following links were shared during the chat:

- From Triple to Quadruple Aim: Care of the Patient Requires Care of the Provider <http://www.annfamned.org/content/12/6/573.full>
- The Role of Accreditation in Achieving the Quadruple Aim <https://nam.edu/the-role-of-accreditation-in-achieving-the-quadruple-aim/>
- Medical Student Attitudes Toward the Doctor-Patient Relationship <https://www.ncbi.nlm.nih.gov/m/pubmed/12047673/>
- Clinician-Family Communication About Patients' Values and Preferences in Intensive Care Units <https://jamanetwork.com/journals/jamainternalmedicine/article-abstract/2729390>
- Grappling with Complexity: Medical Students' Reflective Writings about Challenging Patient Encounters as a Window into Professional Identity Formation <https://www.tandfonline.com/doi/abs/10.1080/0142159X.2018.1475727>
- The Educational Climate Inventory: Measuring Students' Perceptions of the Preclerkship and Clerkship Settings [https://journals.lww.com/academicmedicine/Fulltext/2017/12000/The\\_Educational\\_Climate\\_Inventory\\_Measuring.38.aspx](https://journals.lww.com/academicmedicine/Fulltext/2017/12000/The_Educational_Climate_Inventory_Measuring.38.aspx)
- Role Modeling and Regional Health Care Intensity: U.S. Medical Student Attitudes Toward and Experiences with Cost-Conscious Care <https://mayoclinic.pure.elsevier.com/en/publications/role-modeling-and-regional-health-care-intensity-us-medical-stude>
- Helping My Husband Live and Die <https://jamanetwork.com/journals/jamaneurology/article-abstract/2728176>



**MedEd Chat** @MedEdChat9 hours ago

Welcome to the [#mededchat](#) (US) I am your moderator for the next hour [@alliance4clined](#) Big thanks to [@LisaDHowley](#) for guest hosting tonight! [#meded](#)



**MedEd Chat** @MedEdChat9 hours ago

The [#mededchat](#) topic & questions will be announced in a moment...for now, please introduce yourselves [#meded](#)



**MedEd Chat** @MedEdChat9 hours ago

If you are tuning in to the [#mededchat](#), remember to use the [#mededchat](#) hashtag and try to answer with the Topic numbers (T1, T2, T3)



**Gary Beck Dallaghan** @GLBDallaghan9 hours ago

[@MedEdChat](#) Gary here in North Carolina! [#mededchat](#)



**Shellie Asher, MD** @SAsherMD9 hours ago

[@MedEdChat](#) Shellie Asher, Asst Dean for GME in Albany, NY. [#mededchat](#)



**MedEd Chat** @MedEdChat9 hours ago

We will assume that all of your tweets during [#mededchat](#) are your own during this hour unless otherwise stated [#meded](#)



**MedEd Chat** @MedEdChat9 hours ago

T1 about to come up in a few moments [#meded](#) [#mededchat](#)



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**MedEd Chat** [@MedEdChat9 hours ago](#)  
[@SAsherMD](#) Welcome to the chat! [#mededchat](#)



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**MedEd Chat** [@MedEdChat9 hours ago](#)  
TOPIC 1: What is the role of the [#meded](#) ucator in achieving the quadruple aim? [#mededchat](#)



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**Stephanie Starr, MD** [@StephRStarr9 hours ago](#)

Steph in sunny, 80 degree MN



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**Hedy Wald** [@hedy\\_wald9 hours ago](#)

[#mededchat](#) Hi All am at [@BrownMedicine](#) and [@BostonChildrens](#) presenting resilience/wellbeing "profl toolkit" experiential sessions for trainees (med students. residents) & faculty nationally/internationally [#meded](#)



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**Stephanie Starr, MD** [@StephRStarr9 hours ago](#)

T1: Faculty can show learners, team members how they can advance the QA bu optimizing care for individual & groups of patients, as well as advocacy, health policy, QI (at micro- and macrosystem levels) [#MedEdChat](#)



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**Gary Beck Dallaghan** [@GLBDallaghan9 hours ago](#)

[@MedEdChat](#) T1 The quadruple aim strikes me as something to be modeled for [#medstudents](#) [#mededchat](#)



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**Stephanie Starr, MD** [@StephRStarr9 hours ago](#)

T1 [#MedEdChat](#)



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**Hedy Wald** [@hedy\\_wald9 hours ago](#)

[#mededchat](#) T1 Need2 have wellness for med students & faculty as integrated within culture&curriculum, not a sidebar, addon, or guru thing given research that wellness of practitioners impacts quality of patient care [#meded](#) It's an ethical imperative



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**MedEd Chat** [@MedEdChat9 hours ago](#)

RT [@hedy\\_wald](#): [#mededchat](#) T1 Need2 have wellness for med students & faculty as integrated within culture&curriculum, not a sidebar, addon,...



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**Stephanie Starr, MD** [@StephRStarr9 hours ago](#)

[@GLBDallaghan](#) [@MedEdChat](#) It's 'true north'. Because health determinants > health behaviors > genetics > health care in terms of impact on health outcomes, [#MedEd](#) must address more than traditional care T1 [#MedEdChat](#)



**Gary Beck Dallaghan** [@GLBDallaghan9 hours ago](#)

[@hedy\\_wald](#) T1 Here's my question about this.....is this something that can be achieved by the individual or is it a systemic problem? If wellness is the focus but the system doesn't change, how can this be achieved? [#mededchat](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

RT [@StephRStarr](#): [@GLBDallaghan](#) [@MedEdChat](#) It's 'true north'. Because health determinants > health behaviors > genetics > health care in ter...



**Stephanie Starr, MD** [@StephRStarr9 hours ago](#)

T1 [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr9 hours ago](#)

Efforts are necessary at all levels (individual, frontline team, larger system) T1 [#MedEdChat](#)



**MedEdBot** [@MedEdBot9 hours ago](#)

RT [@MedEdChat](#): TOPIC 1: What is the role of the [#meded](#) ucator in achieving the quadruple aim? [#mededchat](#)



**MedEdBot** [@MedEdBot9 hours ago](#)

RT [@hedy\\_wald](#): [#mededchat](#) Hi All am at [@BrownMedicine](#) and [@BostonChildrens](#) presenting resilience/wellbeing "profl toolkit" experiential se...



**MedEdBot** [@MedEdBot9 hours ago](#)

RT [@hedy\\_wald](#): [#mededchat](#) T1 Need2 have wellness for med students & faculty as integrated within culture&curriculum, not a sidebar, addon,...



**Hedy Wald** [@hedy\\_wald9 hours ago](#)

My plenary for [@ameeonline](#) was on Integrative Resilience - we need work in individual, learning environment and organization/system areas - it's not 1 or the other - can't rail against system & neglect self-care, can't do yoga&expect wellness in a toxic env [#mededchat](#)



**Shellie Asher, MD** [@SAsherMD9 hours ago](#)

[@LeighPatterson](#) Depends on what our goals are. [#mededchat](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

RT [@hedy\\_wald](#): My plenary for [@ameeonline](#) was on Integrative Resilience - we need work in individual, learning environment and organization...



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

[@hedy\\_wald](#) [@ameeonline](#) Just like we have to address both individual and structural social determinants of health. Requires faculty & learners see each level of the system where they can 'pull the lever' and affect change/have influence. T1 [#MedEdChat](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

This is why we need respect for physicians and the level of training needed for such consideration of factors within one's work. No easy street, it's complex [#mededchat](#) [@stephrstarr](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

TOPIC 2: How are [#meded](#) ucators and educational interventions improving the individual experience of care? [#mededchat](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

thank u [@StephRStarr](#) for aising this. I've seen students in FM clkership grapple w individual determinants of health, trying2help pts take some responsibility...even within sensitivity to social determinants paradigms such as motivational interviewing may help [#mededchat](#) [#meded](#)



**Paul Haidet** [@myheroistrane8 hours ago](#)

The quadruple aim is based on patterns of practice and systems influences. Patterns start during [#meded](#), and the tools to improve systems can start to be adopted in [#medical](#) school. In short, we are the front end for achieving it. [#mededchat](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

[#mededchat](#) I like this phrase I saw in the literature - we need patient-centered care & practitioner-centered care within a healthcare organization! [#meded](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@MedEdChat](#) T2 This is a new twist that I hadn't considered....but it is true that sometimes accreditation is the catalyst to innovations <https://t.co/6RhwWAl8Lg> [#mededchat](#)



**Shellie Asher, MD** [@SAsherMD8 hours ago](#)

[@MedEdChat](#) T2: focus on holistic approach to pt care - communication, professionalism, social determinants, etc. in addition to Med knowledge and procedural skills. [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@SAsherMD](#): [@MedEdChat](#) T2: focus on holistic approach to pt care - communication, professionalism, social determinants, etc. in addition...



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@GLBDallaghan](#): [@MedEdChat](#) T2 This is a new twist that I hadn't considered....but it is true that sometimes accreditation is the catalyst...



**Tamara Hancock** [@tamahle8 hours ago](#)

RT [@hedy\\_wald](#): My plenary for [@ameeonline](#) was on Integrative Resilience - we need work in individual, learning environment and organization...



**Tamara Hancock** [@tamahle8 hours ago](#)

RT [@hedy\\_wald](#): [#mededchat](#) T1 Need2 have wellness for med students & faculty as integrated within culture&curriculum, not a sidebar, addon,...



**Paul Haidet** [@myheroistrane8 hours ago](#)

Patient-centered attitudes start eroding during [#meded](#) ucation and even earlier: <https://t.co/CGKluL4q7Q> We are the ones to start reversing this trend. [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

T2: Teaching/assessing shared decision making, health coaching, minimally disruptive medicine. Modeling and discussing habits of caring. Emphasizing the importance of listening to patient stories. [#MedEdChat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@myheroistrane](#): Patient-centered attitudes start eroding during [#meded](#) ucation and even earlier: <https://t.co/CGKluL4q7Q> We are the on...



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

. . . And this requires a clinica learning environment where all team members can thrive. Directly related to wellness, inclusion. T2 [#MedEdChat](#)



**Shellie Asher, MD** [@SAsherMD8 hours ago](#)

[@LeighPatterson](#) T1: Don't think every faculty member needs to succeed/focus on all four, but someone should be making sure that we do so collectively. [#mededchat](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

T2 [#mededchat](#) I would hope [#meded](#) is helping BUT study [@JAMAInternalMed](#) -doctors' conversations w families abt care4critically ill pts failed2take the time2explain benefits&harms of trtment options&failed2 address pts' values&preferences -still wrk2do <https://t.co/JCbmEdSFV3>



**MedEd Chat** [@MedEdChat8 hours ago](#)

TOPIC 3: How are [#meded](#) ucators and educational interventions improving the health of populations & reducing per capita cost of healthcare? [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@hedy\\_wald](#): T2 [#mededchat](#) I would hope [#meded](#) is helping BUT study [@JAMAInternalMed](#) -doctors' conversations w families abt care4critical...



**Sateesh Arja, MD, MPH** [@ArjaSateesh8 hours ago](#)

[@GLBDallaghan](#) [@MedEdChat](#) [#Mededchat](#) T2 Yes it is true. Number of medical education innovations is part of measurable outcomes of the strategic planning which is in turn part of the culture of continuous improvement. As we know now a days accreditation bodies are focused on continuous quality improvement



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

Agreed! Just like not all physicians will have significant role in health policy, or public health. We all should see how the big picture fits together, and where the levers can be pulled. Ideal if we can link learner passions to the levers [#MedEdChat](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

You got that straight and it ain't soft skills [#mededchat](#) [#meded](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

Empathy is nuanced, students grapple <https://t.co/71yX8DGKIH> [#mededchat](#) [#meded](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

Are scales out there for assessing learning environment e.g. Hopkins [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@hedy\\_wald](#): Empathy is nuanced, students grapple <https://t.co/71yX8DGKIH> [#mededchat](#) [#meded](#) <https://t.co/nRMwBxguO8>



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

Self awareness and connecting w one's humanity can help w connecting w others [#mededchat](#) [#meded](#) [@stephrstarr](#)



**Rose-Marie Holt**

[@Rose\\_Marie\\_Holt8 hours ago](#)

RT [@hedy\\_wald](#): Empathy is nuanced, students grapple <https://t.co/71yX8DGKIH> [#mededchat](#) [#meded](#) <https://t.co/nRMwBxguO8>



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@hedy\\_wald](#) We actually just discussed this a couple of weeks ago. There is the Educational Climate Inventory that I think looks great <https://t.co/osAbcVioaw> [#mededchat](#)



**Sateesh Arja, MD, MPH** [@ArjaSateesh8 hours ago](#)

[@MedEdChat](#) [#mededchat](#) T3 if medical educators promote socio-cultural learning theory and critical learning theories. If we foster community-based education and service learning there by promoting primary prevention. Then we can reduce health of population and per capita cost of healthcare



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@ArjaSateesh](#): [@MedEdChat](#) [#mededchat](#) T3 if medical educators promote socio-cultural learning theory and critical learning theories. If we...



**MedEd Chat** [@MedEdChat8 hours ago](#)

TOPIC 4: How are [#meded](#) ucators and educational interventions improving the well-being of clinicians? [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@ArjaSateesh](#) [@MedEdChat](#) T3 Wouldn't you also agree that alignment of health sciences education to develop high functioning teams will also help? [#mededchat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

T3: There is much potential here - many efforts to help learners decrease unnecessary care, as high intensity care in GME persists into careers [@CostsofCare](#) [@PedsHVCAlliance](#) <https://t.co/6eQ5TcF8dw>



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

[#narrativehumility](#) [#mededchat](#) [#meded](#) [@StephRStarr](#)



**Shellie Asher, MD** [@SAsherMD8 hours ago](#)

[@ArjaSateesh](#) [@MedEdChat](#) T3: most of the learning environments our students are in are rewarded for spending, not reducing healthcare costs. Students estimate (anecdotally) 20-30% of tests in hospital make a difference for pts. Def something to work on. [#mededchat](#)



**Miranda Huffman, MD, MEd** [@mirandahuffman8 hours ago](#)

[@MedEdChat](#) Right now many academic health centers are hot messes that drive bright students and residents away from medicine. [#MedEdChat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@SAsherMD](#): [@ArjaSateesh](#) [@MedEdChat](#) T3: most of the learning environments our students are in are rewarded for spending, not reducing hea...



**Shellie Asher, MD** [@SAsherMD8 hours ago](#)

[@GLBDallaghan](#) [@ArjaSateesh](#) [@MedEdChat](#) T3: Yes, if the alignment is pointed in the right direction - need to define "high functioning" with the right values. [#mededchat](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

TY yes we've moved to a more comprehensive view [#mededchat](#) [@SarooSharda MD](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

TY [@GLBDallaghan](#) [#mededchat](#) proving once again we cannot silo these concepts...back to quadruple aim, it all connects...wellness, quality of pt care, learning environment, organization culture, leadership, etc.



**Sateesh Arja, MD, MPH** [@ArjaSateesh8 hours ago](#)

[@GLBDallaghan](#) [@MedEdChat](#) [#mededchat](#) T3 definitely I am a big fan of collaborative behaviors, interprofessional education and transprofessional education. Transprofessional education especially working with health social workers [#meded](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

T3: Importance of role modeling cost conscious care [#MedEdChat](#) <https://t.co/SLKFipMHyz>



**BEST Study Group, Internal Medicine (BSGIM) Boards** [@ImEducational8 hours ago](#)

[@MedEdChat](#) Thanks so very much for your efforts [#meded](#) [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@StephRStarr](#): T3: Importance of role modeling cost conscious care [#MedEdChat](#) <https://t.co/SLKFipMHyz> <https://t.co/zzogKIL9uT>



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

RT [@GLBDallaghan](#): [@hedy\\_wald](#) We actually just discussed this a couple of weeks ago. There is the Educational Climate Inventory that I thin...



**Sateesh Arja, MD, MPH** [@ArjaSateesh8 hours ago](#)

[@StephRStarr](#) [@MedEdChat](#) [#mededchat](#) T3 agree. The importance of systems-based practice



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

T4 I'm curious to hear from physicians on [#mededchat](#) what they think of this question.



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

T3: More broadly, [#healthsystemsscience](#) [#MedEdChat](#)



**Paul Haidet** [@myheroistrane8 hours ago](#)

While I believe that the rubber REALLY hits the road in [#GME](#), the patterns of practice nevertheless start in medical school. We own this. We have the power to influence it. [#MedEdChat](#)



**Hedy Wald** [@hedy\\_wald8 hours ago](#)

T4 [#mededchat](#) Wellness champions UME, GME&CME, program requirement [@acgme](#) facdev in reflective writing&PIF eg <https://t.co/IN6FrjE59w>&facdev4humanistic mentoring, wellness programs&practice efficiency improvement4 clinicians still ways 2go within orgns



**MedEd Chat** [@MedEdChat8 hours ago](#)

We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts [#meded](#) [#mededchat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

T4: I learn from my student colleagues - when we problem solve (gaps + solutions) and I feel their energy and enthusiasm, it is a big burnout buffer [#MedEdChat](#)



**MedEd Chat** @MedEdChat8 hours ago

RT @myheroistrane: While I believe that the rubber REALLY hits the road in #GME, the patterns of practice nevertheless start in medical sch...



**Miranda Huffman, MD, MEd** @mirandahuffman8 hours ago

@MedEdChat T2: Making medical students mad by repeatedly focusing on how to talk to patients and not just how to make a diagnosis. Increasing the diversity of our med school classes. #MedEdChat



**Hedy Wald** @hedy\_wald8 hours ago

#mededchat Let's distill it down to some basics - #kindness to colleagues -I wrote about this as part of this essay @JAMANeuro Perhaps ripple effect2learners& patients! #meded <https://t.co/wlxPec3wqb>



**Sateesh Arja, MD, MPH** @ArjaSateesh8 hours ago

RT @myheroistrane: While I believe that the rubber REALLY hits the road in #GME, the patterns of practice nevertheless start in medical sch...



**Ian Pereira** @IanJPereira8 hours ago

+1 for the #PhysicianWellbeing aim, if considered a real entity. T1 #hope #MedEd #MedEdChat



**Shellie Asher, MD** @SAsherMD8 hours ago

@MedEdChat T4: I think we are making some progress but have a long way to go. Working on moving away from individual-based interventions and addressing the structural issues that promote #burnout and prevent #meaninginmedicine. #mededchat



**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational8 hours ago

@MedEdChat #meded ucators are the big ones to let others really value the importance of wellness in Medical Education <https://t.co/pglGKWdaa3#mededchat>



**Hedy Wald** @hedy\_wald8 hours ago

RT @StephRStarr: T4: I learn from my student colleagues - when we problem solve (gaps + solutions) and I feel their energy and enthusiasm,...



**MedEd Chat** @MedEdChat8 hours ago

RT @hedy\_wald: #mededchat Let's distill it down to some basics - #kindness to colleagues -I wrote about this as part of this essay @JAMANeu...



**MedEd Chat** @MedEdChat8 hours ago

Join us again next week at 9 pm Thursday. Don't forget to suggest topics by DM or email #meded #mededchat



**MedEd Chat** @MedEdChat8 hours ago

RT @ImEducational: @MedEdChat #meded ucators are the big ones to let others really value the importance of wellness in Medical Education h...



**MedEd Chat** @MedEdChat8 hours ago

RT @SAsherMD: @MedEdChat T4: I think we are making some progress but have a long way to go. Working on moving away from individual-based in...



**MedEd Chat** @MedEdChat8 hours ago

That's a wrap...I will post the #mededchat transcript tomorrow morning on <https://t.co/mJivoKroXx> on the Resources page. Thanks everyone for participating! #meded



**Hedy Wald** @hedy\_wald8 hours ago

#mededchat Be sure to keep meaning and purpose front and center for wellbeing, resilience, & vitality #meded



**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational8 hours ago

@MedEdChat T2. #mededchat #meded ucators are the core to let others know how to improve the individual experience of care How would others know what interventions to take or consider if there were no meded ucators?! <https://t.co/OPie5rfYul> <https://t.co/uf2RvK6hPO>



**Paul Haidet** @myheroistrane8 hours ago

@hedy\_wald Agree, #medicalstudents find themselves in a confusing developmental period full of conflicting and paradoxical messages. We gotta help them process this. #MedEdChat <https://t.co/7tHEqKsX4a>



**Ian Pereira** @IanJPereira8 hours ago

@GLBDallaghan @hedy\_wald If the individual has enough autonomy, perhaps. Otherwise, and especially for learners, #wellbeing needs to be more than a line on a welcome email or accreditation checkbox to foster a healthier reality. #MedEdChat #MedEd T1



**Miranda Huffman, MD, MEd** @mirandahuffman8 hours ago

@SAsherMD @MedEdChat @ArjaSateesh T3: an area to work on! We "use" students and residents to provide care to un/underinsured. We run research studies. I'm struggling to think of more positives, thinking of lots of negatives! #MedEdChat



**Frank Cacace MD FACP** @cacace\_frank8 hours ago

@Sarah\_Mojarad @virenkaul @triplea87 @ShreyaTrivediMD @MHayes\_MD @thecurbsiders @COR\_EIMpodcast @NEJMres360 @TChanMD@purdy\_eve @Diana\_Kelm @MDaware @ChrisCarrollMD @DeannaMarie208 @traependergrast @drdangayach @Boka\_MD @basakcoruhUW@drjfrank @LaraV\_arpio @sherbino @abbyCCim @MedEdPGH @AdamRodmanMD @aoglasser @FutureDocs @andre\_wolsonmd@SAmbertPompey @DxRxEdu #teachdxchat #medhumchat @colleenmfarrell #mededchat @ETSshow #jhmchat @WrayCharles@DrStevenTChen @sargsyanz @ImproveDX Check these out - you'll see.



**Paul Haidet** @myheroistrane8 hours ago

@StephRStarr Agree! One way to start is to develop ways to assess the learning environment in #meded. #MedEdChat <https://t.co/U1IWqHu2me>



**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational8 hours ago  
@MedEdChat T3 That is a difficult question. Though here is an article that explains how educational interventions improve the health of population!<https://t.co/CBbigqB73A> #mededchat #meded



**Ian Pereira** @IanJPereira8 hours ago  
@StephRStarr @hedy\_wald @ameeonline Safely. If leadership has other priorities, #wellness efforts may be seen as weakness threats. I believe it is very important for the top-down to support the bottom-up for this aim, and hopefully synergies realized with the other three. T1 #MedEdChat



**Ian Pereira** @IanJPereira8 hours ago  
RT @myheroistrane: The quadruple aim is based on patterns of practice and systems influences. Patterns start during #meded, and the tools t...



**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational8 hours ago  
@MedEdChat T4. #meded ucators are the ones who educate and advocate to change the whole system for improving the well-being of clinicians<https://t.co/H3dOvySl9> #mededchat



**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational8 hours ago  
@MedEdChat Again Thanks so very much for everyone who contributes to #meded Thanks so very much to those who moderate the #mededchat



**David A. Cohen** @DavidACohen\_MD8 hours ago  
@MedEdChat T4. Very slowly, but there has been AMC institutional response to us in #MedEd about recognizing educational scholarly activities, and about improving educator tracks for promotion. #MedEdChat



**Daniel Gih MD FAPA** @DrDanielGih8 hours ago  
RT @myheroistrane: While I believe that the rubber REALLY hits the road in #GME, the patterns of practice nevertheless start in medical sch...



**MedEdBot** @MedEdBot8 hours ago  
RT @MedEdChat: Join us again next week at 9 pm Thursday. Don't forget to suggest topics by DM or email #meded #mededchat



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RT @MedEdChat: That's a wrap...I will post the #mededchat transcript tomorrow morning on <https://t.co/mJivoKroXx> on the Resources page. Tha...



**MedEdBot** @MedEdBot8 hours ago  
RT @hedy\_wald: #mededchat Be sure to keep meaning and purpose front and center for wellbeing, resilience, & vitality #meded





**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational6 hours ago

Thanks Doctors [#Abciximab](#) is a Glycoprotein IIb, IIIa inhibitor (Inhibits platelets aggregation) Thanks a lot for the remaining who will learn

it! [#USMLE](#) [#MedEd](#) [#ABIM](#) [#medicine](#) [#طبيب فضفضة](#) [#الطبيب صوت](#) [#العالم اطباء](#) [#العالم اطباء تجمع](#) [#العالم اطباء تجمع](#) [#طبي سؤال](#) [#طبيب](#) [#طبيب](#) [#طبيب](#)



**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational6 hours ago

Thanks Doctors 52% chose B which is the right answer Thanks a lot for the remaining who will learn

it! [#USMLE](#) [#MedEd](#) [#ABIM](#) [#medicine](#) [#BSGIM](#) [#طبيب فضفضة](#) [#الطبيب صوت](#) [#العالم اطباء](#) [#العالم اطباء تجمع](#) [#العالم اطباء تجمع](#) [#طبي سؤال](#) [#طبيب](#) [#طبيب](#) [#طبيب](#)



**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational6 hours ago

Thanks Doctors 74% chose A which is the right answer Thanks a lot for the remaining who will learn

it! [#USMLE](#) [#MedEd](#) [#ABIM](#) [#medicine](#) [#BSGIM](#) [#طبيب فضفضة](#) [#الطبيب صوت](#) [#العالم اطباء](#) [#العالم اطباء تجمع](#) [#العالم اطباء تجمع](#) [#طبي سؤال](#) [#طبيب](#) [#طبيب](#) [#طبيب](#)



**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational6 hours ago

Thanks Doctors 33% chose C which is the right answer Thanks a lot for the remaining who will learn

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**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational6 hours ago

Thanks Doctors 50% chose B which is the right answer Thanks a lot for the remaining who will learn

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**BEST Study Group, Internal Medicine (BSGIM) Boards** @ImEducational6 hours ago

Thanks Doctors 50% chose A which is the right answer Thanks a lot for the remaining who will learn

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**Felicity Bright** @flissbright6 hours ago

RT [@hedy\\_wald](#): Empathy is nuanced, students

grapple <https://t.co/71yX8DGKIH> [#mededchat](#) [#meded](#) <https://t.co/nRMwBxquO8>



**MedEdBot** @MedEdBot6 hours ago

RT [@ImEducational](#): Thanks Doctors 50% chose A which is the right answer Thanks a lot for the remaining who will learn it! [#USMLE](#) [#MedEd](#)...



**Flora Smyth Zahra** @HumanitiesinHPE6 hours ago

RT [@hedy\\_wald](#): [#mededchat](#) T1 Need2 have wellness for med students & faculty as integrated within culture&curriculum, not a sidebar, addon,...



**Flora Smyth Zahra** [@HumanitiesinHPE5 hours ago](#)

RT [@myheroistrane](#): Patient-centered attitudes start eroding during [#meded](#) ucation and even earlier: <https://t.co/CGKluL4q7Q> We are the on...



**Flora Smyth Zahra** [@HumanitiesinHPE5 hours ago](#)

RT [@hedy\\_wald](#): T2 [#mededchat](#) I would hope [#meded](#) is helping BUT study [@JAMAInternalMed](#) - doctors' conversations w families abt care4critical...



**Flora Smyth Zahra** [@HumanitiesinHPE5 hours ago](#)

RT [@SAsherMD](#): [@MedEdChat](#) T2: focus on holistic approach to pt care - communication, professionalism, social determinants, etc. in addition...



**Flora Smyth Zahra** [@HumanitiesinHPE5 hours ago](#)

RT [@hedy\\_wald](#): Self awareness and connecting w one's humanity can help w connecting w others [#mededchat](#) [#meded](#) [@stephrstarrhttps://t.co/fz...](#)



**Flora Smyth Zahra** [@HumanitiesinHPE5 hours ago](#)

That's the essence [@hedy\\_wald](#)



**Flora Smyth Zahra** [@HumanitiesinHPE5 hours ago](#)

RT [@hedy\\_wald](#): T4 [#mededchat](#) Wellness champions UME, GME&CME, program requirement [@acgme](#) facdev in reflective writing&PIF eg <https://t.co/l...>



**Flora Smyth Zahra** [@HumanitiesinHPE5 hours ago](#)

RT [@hedy\\_wald](#): [#mededchat](#) Be sure to keep meaning and purpose front and center for wellbeing, resilience, & vitality [#meded](#)



**Justin Canty** [@writingin2being5 hours ago](#)

RT [@hedy\\_wald](#): Empathy is nuanced, students grapple <https://t.co/71yX8DGKIH> [#mededchat](#) [#meded](#) <https://t.co/nRMwBxquO8>



**Nalini Pather** [@NaliniPather5 hours ago](#)

RT [@hedy\\_wald](#): [#mededchat](#) T1 Need2 have wellness for med students & faculty as integrated within culture&curriculum, not a sidebar, addon,...



**Sara Donetto** [@SaraDonetto4 hours ago](#)

RT [@myheroistrane](#): Patient-centered attitudes start eroding during [#meded](#) ucation and even earlier: <https://t.co/CGKluL4q7Q> We are the on...