

## 2019-04-04: Character in Medical Education: What Is It & Why Should It Matter

The following links were shared during the chat:

- MedEdNext <https://www.medednext.org/MedEdNext/About.htm>
- Via Institute on Character <https://www.viacharacter.org/www/>
- ABMS Definition of Medical Professionalism <https://www.abms.org/media/84742/abms-definition-of-medical-professionalism.pdf>
- The Road to Character <http://theroadtocharacter.com/>
- Character Gap: How Good Are We? <https://ndpr.nd.edu/news/the-character-gap-how-good-are-we/>
- Rising Above: How Character-based Leadership Can Take Your Program to the Next Level [https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=12&ved=2ahUKewjIrdKo6bfhAhUupoMKHUsSCtIQFjALegQIBhAC&url=http%3A%2F%2Fwww.royalcollege.ca%2Frcsite%2Fdocuments%2Ficre%2F2018\\_ICRE\\_Slides\\_10.pdf&usq=AOvVaw0p5LC8d1v\\_51GcShsSJo6h](https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=12&ved=2ahUKewjIrdKo6bfhAhUupoMKHUsSCtIQFjALegQIBhAC&url=http%3A%2F%2Fwww.royalcollege.ca%2Frcsite%2Fdocuments%2Ficre%2F2018_ICRE_Slides_10.pdf&usq=AOvVaw0p5LC8d1v_51GcShsSJo6h)
- Why Inclusive Leaders Are Good for Organizations, and How to Become One <https://hbr.org/2019/03/why-inclusive-leaders-are-good-for-organizations-and-how-to-become-one>
- Risky Business: Psychological Safety and the Risks of Learning Medicine <https://www.jgme.org/doi/full/10.4300/JGME-D-16-00549.1>
- Twitter Accounts to follow:
  - @theCharacterLab
  - @CharacerGap
  - @CharacterDotOrg



**MedEd Chat** [@MedEdChat9 hours ago](#)

Welcome to the [#mededchat](#) (US) I am your moderator for the next hour [@alliance4clined](#) [#meded](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

The [#mededchat](#) topic & questions will be announced in a moment...for now, please introduce yourselves [#meded](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

Big thanks to [@StephRStarr](#) and [@mmteacherdoc](#) for suggesting this topic and guest hosting! [#mededchat](#) [#meded](#)



**Gary Beck Dallaghan** [@GLBDallaghan9 hours ago](#)

[@MedEdChat](#) Gary here in North Carolina [#mededchat](#)



**Marty Muntz** [@mmteacherdoc9 hours ago](#)

[@MedEdChat](#) [@StephRStarr](#) And to [@rbspell!](#) [#mededchat](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

If you are tuning in to the [#mededchat](#), remember to use the [#mededchat](#) hashtag and try to answer with the Topic numbers (T1, T2, T3)



**MedEd Chat** [@MedEdChat9 hours ago](#)

[@mmteacherdoc](#) [@StephRStarr](#) [@rbspell](#) Thanks for helping with this topic tonight! [#mededchat](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

We will assume that all of your tweets during [#mededchat](#) are your own during this hour unless otherwise stated [#meded](#)



**Marty Muntz** [@mmteacherdoc9 hours ago](#)

Marty in Milwaukee here. Excited to chat about character tonight. [#MedEdChat](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

T1 about to come up in a few moments [#meded](#) [#mededchat](#)



**Stephanie Starr, MD** [@StephRStarr9 hours ago](#)

So glad we could discuss this topic with our [#MedEdChat](#) colleagues!



**Dr. Kirsten Brown** [@DrKirtyBrown9 hours ago](#)

Hey hey [#mededchat](#)! Kirsten from DC hanging out before I fly out

to [@anatomymeeting](#) [#anatomy19](#) [#expbio](#) in the AM!



**Ryan Spellecy** [@rbspell9 hours ago](#)

Ryan in Milwaukee also...excited to chat about character in [#MedEd](#) on [#MedEdChat](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

TOPIC 1: What is character, and why does it matter in [#meded](#)? [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr9 hours ago](#)

T1: Character in [#MedEd](#) aims to affirm, nurture traits/dispositions/practices to facilitate wise actions, enable trustworthy behaviors [#mededchat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown9 hours ago](#)

T1: total honesty... I Googled character bc it seemed like one of those things we look for but sometimes can't describe- "the mental and moral qualities distinctive to an individual" [#meded](#) [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan9 hours ago](#)

[@StephRStarr](#) T1 [#mededchat](#) I was just going to suggest that character to me involves integrity. Can you actually teach that?



**Ryan Spellecy** [@rbspell9 hours ago](#)

T1: Character requires not just doing the right thing, but for the right reasons and in the right way and right time...and consistently over time [#mededchat](#)



**@AMTUTMB** [@amtutmb9 hours ago](#)

RT [@MedEdChat](#): If you are tuning in to the [#mededchat](#), remember to use the [#mededchat](#) hashtag and try to answer with the Topic numbers (T1,...



**@AMTUTMB** [@amtutmb9 hours ago](#)

RT [@MedEdChat](#): TOPIC 1: What is character, and why does it matter in [#meded](#)? [#MedEdChat](#)



**Sateesh Arja, MD, MPH** [@ArjaSateesh9 hours ago](#)

[@MedEdChat](#) [#mededchat](#) T1 Character is moral values or personality of an individual unique to him/her. Integrity and moral values are required attributes for a physician [#meded](#)



**MedEd Chat** [@MedEdChat9 hours ago](#)

RT [@ArjaSateesh](#): [@MedEdChat](#) [#mededchat](#) T1 Character is moral values or personality of an individual unique to him/her. Integrity and moral...



**MedEd Chat** [@MedEdChat9 hours ago](#)

RT Stephanie Starr, MD [@StephRStarr](#) That was my initial thought too - have been learning from [@rbspell](#) and others that we can foster the development of behaviors that display character [#mededchat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown9 hours ago](#)

[@ArjaSateesh](#) [@MedEdChat](#) Do people have different moral values based on their belief system and how does that play into character in [#meded](#)? [#mededchat](#)



**Ryan Spellecy** [@rbspell9 hours ago](#)

[@DrKirtyBrown](#) That's not a bad start [@DrKirtyBrown](#) ! I would add that we are after GOOD character and GOOD moral qualities [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan9 hours ago](#)

[@rbspell](#) T1 [@StephRStarr](#) said you know how to teach this. Any resources you can share? [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT Stephanie Starr, MD [@StephRStarr](#) Agree - how well we 'live' our character depends in part on the situation - pressures, support, fatigue [#mededchat](#)



**MedEdBot** [@MedEdBot8 hours ago](#)

RT [@StephRStarr](#): T1: Character in [#MedEd](#) aims to affirm, nurture traits/dispositions/practices to facilitate wise actions, enable trustworth...



**MedEdBot** [@MedEdBot8 hours ago](#)

RT [@DrKirtyBrown](#): T1: total honesty... I Googled character bc it seemed like one of those things we look for but sometimes can't describe-...



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@rbspell](#) [@DrKirtyBrown](#) How do you define "good"? [#mededchat](#)



**Ryan Spellecy** [@rbspell8 hours ago](#)

[@StephRStarr](#) [@GLBDallaghan](#) it depends on what you mean by teach. There is certainly a didactic component to build "character literacy," but it must be modeled, observed, and desired by the learner too [#MedEdChat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@GLBDallaghan](#) [@rbspell](#) Gary beat me to it! [#mededchat](#) [#meded](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

I am learning how we might affirm and nurture character - it can be "taught, caught and sought." [#MedEdChat](#)



**Ryan Spellecy** [@rbspell8 hours ago](#)

[@GLBDallaghan](#) [@DrKirtyBrown](#) Ooof....tough one [@GLBDallaghan](#) . I think we can start by asking which character traits would be needed to be an excellent physician [#MedEdChat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@rbspell](#) [@StephRStarr](#) That's what I thought. How do you ensure that [#medstudents](#) are exposed to the character you want them to emulate? This is the quandary of the hidden curriculum. [#mededchat](#)



**Ryan Spellecy** [@rbspell8 hours ago](#)

[@GLBDallaghan](#) [@StephRStarr](#) One great resource/starting point is <https://t.co/JwpHTPJyhs> It has exercises for specific character strengths [#MedEdChat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@rbspell](#) [@DrKirtyBrown](#) And by excellent physician we are left with another question of how that is defined and by who's standards of excellence. [#mededchat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

We can model it and demonstrate how to reflect on opportunities to improve (for example, responding to microaggressions) [#MedEdChat](#)



**Sateesh Arja, MD, MPH** [@ArjaSateesh8 hours ago](#)

[@DrKirtyBrown](#) [@MedEdChat](#) [#mededchat](#) T1 Definitely. In my opinion moral values can be context-based and can be influenced by cultural beliefs. [#meded](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

I think this is where the rubber meets the road. As an preclinical prof didactic is fine and we can do it but we need model it. Students pick up on this and professionalism issues. [#mededchat](#) [#meded](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@rbspell](#): [@GLBDallaghan](#) [@StephRStarr](#) One great resource/starting point is <https://t.co/JwpHTPJyhs> It has exercises for specific characte...



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@rbspell](#) [@StephRStarr](#) [@GLBDallaghan](#) I would add on to “modeled, observed, & desired.” These are passive. Must reflect after observation. “What would I have done? What would have been better?” And practice employing character traits & seeking feedback on this. [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

TOPIC 2: How does character differ from [#professionalism](#)? [#MedEdChat](#) [#MedEd](#)



**Ryan Spellecy** [@rbspell8 hours ago](#)

[@GLBDallaghan](#) [@StephRStarr](#) Could not agree more. But...we know from empirical work that empathy, for example, can be eroded in medical school. That means we can change character, but in the wrong direction. We can also move it in a positive direction. Must ensure faculty can flourish too [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

Yes - modeling how we all have opportunities for improvement [#MedEdChat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@mmteacherdoc](#) [@rbspell](#) [@StephRStarr](#) Great point. This raises another question. What if the observed behaviors were so vexing that reflection leaves one more confused? Do you have champions of character at MCW that [#medstudents](#) know to talk to? [#mededchat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@ArjaSateesh](#) [@MedEdChat](#) Fair enough. I come from a region where moral= religious, and primarily Christian. Are other cultural and/religious beliefs still moral? Some would argue no. I

guess moral is the word I have an issue with [#mededchat](#) [#Meded](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

RT [@rbspell](#): [@GLBDallaghan](#) [@StephRStarr](#) One great resource/starting point is <https://t.co/JwpHTPJyhs> It has exercises for specific characte...



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@rbspell](#) And this ain't coming from lecture! So we need to make time [#meded](#) [#mededchat](#)





**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@MedEdChat](#) T2 Character is who you are and professionalism is how you behave....from the simplistic world of GLBD [#mededchat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

T1 this is a great [#mededchat](#) ! It's challenging me to define character and how examine it in [#meded](#).



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

When I've been challenged, I seek someone with humility, clinical experience, EI and great metacognition to help me reflect [#MedEdChat](#)



**Sateesh Arja, MD, MPH** [@ArjaSateesh8 hours ago](#)

[@MedEdChat](#) [#mededchat](#) T2 Professionalism are attributes like how interactions with peers, faculty members, patients and patients' families. As there is constant pressure of being observed & assessed can influence professional behaviors. Character is irrespective of being observed or not.



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@GLBDallaghan](#) [@MedEdChat](#) I like this world of GLBD

[#meded](#) [#mededchat](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

RT [@StephRStarr](#): When I've been challenged, I seek someone with humility, clinical experience, EI and great metacognition to help me reflec...



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

RT [@ArjaSateesh](#): [@MedEdChat](#) [#mededchat](#) T2 Professionalism are attributes like how interactions with peers, faculty members, patients and pa...



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@ArjaSateesh](#): [@MedEdChat](#) [#mededchat](#) T2 Professionalism are attributes like how interactions with peers, faculty members, patients and pa...



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@ArjaSateesh](#) [@MedEdChat](#) Makes me think of "character is what you do when no one's watching." [#mededchat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

I like this. Here's the AMBS definition of professionalism <https://t.co/4Hn75bW4Gj> Individuals who do not work in a profession per se still have character [#MedEdChat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

RT [@mmteacherdoc](#): [@ArjaSateesh](#) [@MedEdChat](#) Makes me think of "character is what you do when no one's watching." [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@StephRStarr](#) Then you're just looking in the mirror and talking to yourself. That person you describe is how I would describe you! [#mededchat#StephStarrFan](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@StephRStarr](#): I like this. Here's the AMBS definition of professionalism <https://t.co/4Hn75bW4Gj> Individuals who do not work in a prof...



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@mmteacherdoc](#): [@ArjaSateesh](#) [@MedEdChat](#) Makes me think of "character is what you do when no one's watching." [#mededchat](#)



**Ryan Spellecy** [@rbspell8 hours ago](#)

There are some great, easy reads out there like "The Road to Character" by [@nytdavidbrooks](#) and The Character Gap by [@CharacterGap#MedEdChat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

What happens when you are "deficient" in character but strong in professionalism? This sounds contradictory but do we know people like this? [#meded](#) [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

I honestly think of this like unconscious bias - we all have lizard brains when stressed, with significant cognitive loads . . . So doing the right thing can take significant effort. [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

RT [@rbspell](#): There are some great, easy reads out there like "The Road to Character" by [@nytdavidbrooks](#) and The Character Gap by [@Character](#)...



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

T2- I do think that there's quite a bit of overlap between character and professionalism. Honesty, for example is a character trait and a professional responsibility from the [@ABIMFoundation](#) charter. [#MedEdChat](#) <https://t.co/AMAbJXIOsh>



**Sateesh Arja, MD, MPH** [@ArjaSateesh8 hours ago](#)

[@StephRStarr](#) [#mededchat](#) T2 completely agreed. Professionalism and character are two individual things. An individual can still have a character even though he/she doesn't work in profession [#meded](#)



**Ryan Spellecy** [@rbspell8 hours ago](#)

[@DrKirtyBrown](#) I think you might be getting at the fact that character and professionalism overlap, but are not the same [#MedEdChat](#)



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**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@mmteacherdoc](#) Feel like we need a Venn diagram [#meded](#) [#mededchat](#)



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**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@rbspell](#) Exactly! So what do we assess? Like are we parsing these out effectively? I obvi have lots of questions! [#meded](#) [#mededchat](#)



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**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@DrKirtyBrown](#) I would suggest that individuals deficient in character may be able to “fake it” and act professionally sometimes...but not consistently. And would be at high risk for unprofessional behavior in times of stress. Obviously a problem for physicians. [#MedEdChat](#)



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**Ryan Spellecy** [@rbspell8 hours ago](#)

RT [@mmteacherdoc](#): T2- I do think that there's quite a bit of overlap between character and professionalism. Honesty, for example is a chara...



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**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

I love Venn diagrams! I do think that professionalism is more complex than character . . . Infers competence, diligence. . .x [#MedEdChat](#)



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**Sateesh Arja, MD, MPH** [@AriaSateesh8 hours ago](#)

RT [@GLBDallaghan](#): [@MedEdChat](#) T2 Character is who you are and professionalism is how you behave.....from the simplistic world of GLBD [#meded](#)...



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**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@mmteacherdoc](#) [@DrKirtyBrown](#) But are they deficient in character or is that is just their character - just not the "good" variety? That may explain why they can attempt to exhibit professional behaviors but ultimately their character overrides the behaviors. [#mededchat](#)



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**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

T2 I come from the preclinical background so I'm fascinated by the character vs professional issue. Also are we missing those who need character dev early bc professionalism is "okay"? Plus this applies to faculty as well... \*ducks\* [#Meded](#) [#mededchat](#)



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**Ryan Spellecy** [@rbspell8 hours ago](#)

[@MedEdChat](#) Character does not just focus on external actions, but on the internal, who you are as a person. Professionalism often seems to have an external focus [#MedEdChat](#)



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**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@GLBDallaghan](#) [@mmteacherdoc](#) I don't know Gary. I'm so early in training that I'm wondering what to do moving forward. Are we missing stuff? [#meded](#) [#mededchat](#)





**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

100% agree - because good character motivates efforts to create environments where all members of the healthcare team can flourish [#MedEdChat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@rbspell](#) [@MedEdChat](#) Exactly. That's why I've always said professionalism is like pornography...you know when you see it. That implies that professionalism involves observable actions [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

TOPIC 3: What can [#meded](#) ucators do to help advance character in [#meded](#)? [#MedEdChat](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@GLBDallaghan](#) [@DrKirtyBrown](#) You're right...I probably should have said "deficient in 'good' character." But I do belithat characteristic dynamic and can be shaped/molded by experiences and environment- and with practice & reflection. [#mededchat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@StephRStarr](#) I've seen some very unprofessional behavior but was it due to character? I'm thinking a lot about this now. [#Meded](#) [#mededchat](#) sorry I have more questions than answers!



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

T3: Model and affirm not just good character in action, but also opportunities for improvement. Label the tough circumstances, the struggles and how to reflect after the fact [#MedEdChat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

[@MedEdChat](#) T3 This is about role modeling in many ways. I agree with [@StephRStarr](#) in that a person of character focuses on the win-win for all [#mededchat](#)



**ShereeseM, MS/MBA** [@ShereesePubHlth8 hours ago](#)

RT [@MedEdChat](#): TOPIC 3: What can [#meded](#) ucators do to help advance character in [#meded](#)? [#MedEdChat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@StephRStarr](#): T3: Model and affirm not just good character in action, but also opportunities for improvement. Label the tough circumsta...



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@DrKirtyBrown](#) Or maybe some labeled as "unprofessional" may have excellent character but other reasons they are late for an exam or do other things that may get them in trouble. [#MedEdChat](#)



**Dr Javeed Sukhera** [@javeedsukhera8 hours ago](#)

A colleague [@nabilsultan](#) is researching character based leadership with support of [@AMSHealthcare](#) Check out more here: <https://t.co/arP5PRn5LB> [#mededchat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@GLBDallaghan](#) [@MedEdChat](#) [@StephRStarr](#) To further emphasize a safe learning environment is necessary. You gotta be able to describe "bad" and "good." Like professionalism. [#meded](#) [#mededchat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

We also have to catch people being good (like parenting) - affirm team and learners when they display good character despite pressures to make other choices. My colleague did this for me today - really helped reinforce a decision I'd made. [#MedEdChat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@javeedsukhera](#): A colleague [@nabilsultan](#) is researching character based leadership with support of [@AMSHealthcare](#) Check out more here: h...



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

Or avoid 'bad' and 'good' (maybe too judgements)? Focus on intent vs impact? [#MedEdChat](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@StephRStarr](#) Agree - naming traits and calling out opportunities to use character. "How would the outcome have been different if I were more courageous in that moment?" [#MedEdChat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@mmteacherdoc](#) So many options but it's like this one area "professionalism" as how I have viewed it. Need to think more...[#mededchat](#) [#meded](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

Interesting Tweet that just came across my feed....but it fits in nicely with our discussion about character in [#meded](#) [#mededchat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@StephRStarr](#) Right. My wording is not great so looking for better description overall! [#meded](#) [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@StephRStarr](#): Or avoid 'bad' and 'good' (maybe too judgements)? Focus on intent vs impact? [#MedEdChat](#) <https://t.co/XOXN5T2atL>



**Gary Beck Dallaghan** @GLBDallaghan8 hours ago  
[@StephRStarr](#) Nice distinction [#mededchat](#)



**Stephanie Starr, MD** @StephRStarr8 hours ago  
Love it, [@mmteacherdoc](#) ! [#MedEdChat](#)



**MedEd Chat** @MedEdChat8 hours ago  
RT [@GLBDallaghan](#): Interesting Tweet that just came across my feed....but it fits in nicely with our discussion about character in [#meded](#) [#m](#)...



**Marty Muntz** @mmteacherdoc8 hours ago  
[@DrKirtyBrown](#) [@GLBDallaghan](#) [@MedEdChat](#) [@StephRStarr](#) Psychological safety is so key for optimized learning environments. We have a lot of work to do to achieve this. [#MedEdChat](#)



**Stephanie Starr, MD** @StephRStarr8 hours ago  
Love this too - so much overlap with inclusivity, learning environment, clinical uncertainty, tough conversations [#MedEdChat](#)



**Tamara Hancock** @tamahle8 hours ago  
RT [@GLBDallaghan](#): Interesting Tweet that just came across my feed....but it fits in nicely with our discussion about character in [#meded](#) [#m](#)...



**Sateesh Arja, MD, MPH** @AriaSateesh8 hours ago  
RT [@javeedsukhera](#): A colleague [@nabilsultan](#) is researching character based leadership with support of [@AMSHealthcare](#) Check out more here: h...



**Gary Beck Dallaghan** @GLBDallaghan8 hours ago  
[@mmteacherdoc](#) [@DrKirtyBrown](#) [@MedEdChat](#) [@StephRStarr](#) This is an incredibly important point. What are we really telling our learners by creating an environment devoid of psychological safety? [#mededchat](#)



**Marty Muntz** @mmteacherdoc8 hours ago  
[.@rbspell](#) [@mcwquips](#) [@kathlynsafedoc](#) and I piloted a reflection and narrative session on character in the clinical learning environment with our M4 students recently. Several prompts on courage, including: What does courage in medicine mean to you. [#MedEdChat](#) 1/3



**Ryan Spellecy** @rbspell8 hours ago  
[@StephRStarr](#) But won't this boil down to bad and good intent and bad and good impact? What if we defined good in terms of the conditions conducive to flourishing? Bringing joy back to the practice o medicine? [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

Toxic (and even suboptimal) learning environments erode character (as well as caring - for patients, families, teammates and self) [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

Love it, [@rbspell](#) [#MedEdChat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

Segue...If you would have told me in my PhD I would regularly read HBR I would have . But so much good stuff and a testament to my career now. Love [#meded](#) [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

Here's a nice article by [@WillBynumMD](#) on psychological safety in [#meded](#) [#mededchat](#) <https://t.co/hmOQpO3RZy>



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@GLBDallaghan](#): Here's a nice article by [@WillBynumMD](#) on psychological safety in [#meded](#) [#mededchat](#) <https://t.co/hmOQpO3RZy>



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@StephRStarr](#) [@rbspell](#) Open to all yalls suggestions and love them!

[#meded](#) [#mededchat](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

-Write about an example of someone who employed courage in the clinical learning environment. - Write about an unmet opportunity to employ courage in the clinical learning environment. How would the outcome have changed? -How will you use courage in your career? [#MedEdChat](#) 2/3



**MedEd Chat** [@MedEdChat8 hours ago](#)

We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts [#meded](#) [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@mmteacherdoc](#): -Write about an example of someone who employed courage in the clinical learning environment. -Write about an unmet oppo...



**ShereeseM, MS/MBA** [@ShereesePubHlth8 hours ago](#)

RT [@MedEdChat](#): We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts [#meded](#) [#mededchat](#)



**Gary Beck Dallaghan** [@GLBDallaghan8 hours ago](#)

Final Thoughts: The intersection of professional conduct and character is complex. This was a great discussion to unpack ideas, misconceptions, and leave me pondering more! I love it! [#mededchat](#)



**Ryan Spellecy** [@rbspell8 hours ago](#)

[@MedEdChat](#) There are some great people on twitter outside of medicine to follow. [@TheCharacterLab](#) [@CharacterGap](#) [@CharacterDotOrg](#) to name a few! [#MedEdChat](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

Very fun session. Engaged students. Important conversations. [@AlyssaEVaughn](#) and [@sarabelpon](#) were excellent student participants if they have anything to add. [#MedEdChat](#) 3/3



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

[@DrKirtyBrown](#) Same for me as a physician. The 'edge' on which we need to be to grow and best meet our goals (advancing science, advancing health) has a lot to do with complex social constructs. [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

RT [@mmteacherdoc](#): -Write about an example of someone who employed courage in the clinical learning environment. -Write about an unmet oppo...



**Ryan Spellecy** [@rbspell8 hours ago](#)

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**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

RT [@rbspell](#): [@MedEdChat](#) There are some great people on twitter outside of medicine to follow. [@TheCharacterLab](#) [@CharacterGap](#)[@CharacterDot...](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@mmteacherdoc](#) [@rbspell](#) [@mcwquips](#) [@kathlynsafedoc](#) Could y'all have done this or will you do it for preclinical? Something modified? Also has this been published? Would love to see that for

obvious reasons [#meded](#) [#mededchat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

RT [@rbspell](#): [@MedEdChat](#) There are some great people on twitter outside of medicine to follow. [@TheCharacterLab](#) [@CharacterGap](#)[@CharacterDot...](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@StephRStarr](#) [@DrKirtyBrown](#) Absolutely this!!! [#MedEdChat](#)





**MedEd Chat** [@MedEdChat8 hours ago](#)

Join us again next week at 9 pm Thursday. Don't forget to suggest topics by DM or email [#meded](#) [#mededchat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

Character is the 'Can I trust you?' for patients, learners, teammates - even in challenging circumstances [#MedEdChat](#)



**MedEd Chat** [@MedEdChat8 hours ago](#)

That's a wrap...I will post the [#mededchat](#) transcript tomorrow morning on <https://t.co/mJivoKroXx> on the Resources page. Thanks everyone for participating! [#meded](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@DrKirtyBrown](#) [@rbspell](#) [@mcwquips](#) [@kathlynsafedoc](#) Just did it for the first time in March. I'm

bringing this project to our [@MCW\\_Kern](#) writers group tomorrow. As for doing this with early med students, I think we need to start on day 1. [#MedEdChat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

Great [@MedEdChat](#) tonight on character. Lots to think about and I have more questions than

answers [#Meded](#) [#mededchat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

We have colleagues across several schools working on tools for [#MedEd](#) - much work to do! [#MedEdChat](#) <https://t.co/gaRHSDKvTV>



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[#MedEdChat](#) love it!!!



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

RT [@StephRStarr](#): Character is the 'Can I trust you?' for patients, learners, teammates - even in challenging circumstances [#MedEdChat](#)



**Stephanie Starr, MD** [@StephRStarr8 hours ago](#)

[@CMaurana](#) Agreed!! [#MedEdChat](#)



**Dr. Kirsten Brown** [@DrKirtyBrown8 hours ago](#)

[@rbspell](#) [@mmteacherdoc](#) [@mcwquips](#) [@kathlynsafedoc](#) Awesome. I have lots of ideas that are in the context of my [#anatomy](#) labs so this has me thinking! Not directly related but the wheels are

turning [#meded](#) [#mededchat](#)



**Marty Muntz** [@mmteacherdoc8 hours ago](#)

[@DrKirtyBrown](#) [@rbspell](#) [@mcwquips](#) [@kathlynsafedoc](#) DM me if you want to chat and collaborate! [#MedEdChat](#)



**Christian Miller** [@CharacterGap8 hours ago](#)

RT [@rbspell](#): There are some great, easy reads out there like "The Road to Character" by [@nytdavidbrooks](#) and The Character Gap by [@Character...](#)



**MedEdBot** [@MedEdBot7 hours ago](#)

RT [@MedEdChat](#): That's a wrap...I will post the [#mededchat](#) transcript tomorrow morning on <https://t.co/mJivoKroXx> on the Resources page. Tha...



**MedEdBot** [@MedEdBot7 hours ago](#)

RT [@DrKirtyBrown](#): Great [@MedEdChat](#) tonight on character. Lots to think about and I have more questions than answers [#Meded](#) [#mededchat](#)



**MedEdBot** [@MedEdBot7 hours ago](#)

RT [@StephRStarr](#): We have colleagues across several schools working on tools for [#MedEd](#) - much work to do! [#MedEdChathttps://t.co/gaRHSDKvT...](https://t.co/gaRHSDKvT...)



**Christian Miller** [@CharacterGap7 hours ago](#)

RT [@rbspell](#): [@MedEdChat](#) There are some great people on twitter outside of medicine to follow. [@TheCharacterLab](#) [@CharacterGap@CharacterDot...](#)



**Stephanie Starr, MD** [@StephRStarr7 hours ago](#)

[@CMaurana](#) Yes! [#MedEdChat](#)



**Miranda Huffman, MD, MEd** [@mirandahuffman7 hours ago](#)

[@MedEdChat](#) A2: Professionalism is a set of agreed upon behaviors that should be exhibited. Can be learned and assessed. [#MedEdChat](#) ...even though figuring out how to teach and assess is hard



**Miranda Huffman, MD, MEd** [@mirandahuffman7 hours ago](#)

[@MedEdChat](#) A3: Place as much value on how people behave as we do on what people know. Assessment drives learning. Drive the students to learn to be good and not just smart. [#MedEdChat](#)