

## 2018-03-15: Growth Mindset vs Fixed Mindset: How Do We Encourage Growth Mindset?

Links shared during the chat:

- The Neuroscience of Growth Mindset and Intrinsic Motivation <http://www.mdpi.com/2076-3425/8/2/20/htm>
- Teacher Mindsets Concerning the Malleability of Intelligence and the Appraisal of Achievement in the Context of Feedback <https://www.ncbi.nlm.nih.gov/pubmed/28983267>
- The Educational Climate Inventory: Measuring Students' Perceptions of the Preclerkship and Clerkship Settings <https://www.ncbi.nlm.nih.gov/m/pubmed/28562457/>
- Diffusion of Innovations, 5th Edition <https://www.amazon.com/Diffusion-Innovations-5th-Everett-Rogers/dp/0743222091>
- How Not to Do a Mindset Intervention: Learning from a Mindset Intervention among Students with Good Grades <https://www.ncbi.nlm.nih.gov/pubmed/28337158>
- Trust, Growth Mindset, and Student Commitment to Active Learning in a College Science Course <https://www.ncbi.nlm.nih.gov/pubmed/29378750>
- A growth mindset approach to preparing trainees for medical error <http://qualitysafety.bmj.com/content/26/9/771.long>
- Mindset Blog <http://www.mindsetonline.com/changeyourmindset/firststeps/>
- Five Perspectives on Teaching <https://achesandjoints.files.wordpress.com/2009/05/five-perspectives-on-teaching.pdf>
- Resources for Teaching Growth Mindset <https://www.edutopia.org/article/growth-mindset-resources>
- Teaching Perspectives Inventory <http://www.teachingperspectives.com/tpi/>
- The Coaching Habit Book <https://boxofcrayons.com/the-coaching-habit-book/>
- Yes, And: How Improvisation Reverses "No, But" Thinking and Improves Creativity and Collaboration--Lessons from The Second City <https://www.amazon.com/Yes-Improvisation-Reverses-Creativity-Collaboration-Lessons/dp/0062248545>
- The clinic is my woodshed: a new paradigm for learning and refining communication skills <http://onlinelibrary.wiley.com/doi/10.1111/medu.13083/abstract;jsessionid=2F902E79C4B322D986677FFDD8B45870.f04t03>
- Free Play: Improvisation in Life and Art [https://m.barnesandnoble.com/p/free-play-stephen-nachmanovitch/1112398829/2679263933622?st=PLA&sid=BNB\\_DRS\\_Core+Catch-All,+Low\\_00000000&2sid=Google\\_&sourceId=PLGoP79700&gclid=CjwKCAjws6jVBRBZEiwAkIfZ2iXeEgtl\\_WcKPFp\\_UYJVEwZO3XYMb4TpQvcAg15Akpo2hmmUAAQ9mNBoCoi4QAvD\\_BwE](https://m.barnesandnoble.com/p/free-play-stephen-nachmanovitch/1112398829/2679263933622?st=PLA&sid=BNB_DRS_Core+Catch-All,+Low_00000000&2sid=Google_&sourceId=PLGoP79700&gclid=CjwKCAjws6jVBRBZEiwAkIfZ2iXeEgtl_WcKPFp_UYJVEwZO3XYMb4TpQvcAg15Akpo2hmmUAAQ9mNBoCoi4QAvD_BwE)



**MedEd Chat** @mededchat9 hours ago

Welcome to the Medical Education chat (US) I am your moderator for the next hour, @alliance4clined #meded



**Alliance4ClinEd** @alliance4clined9 hours ago

#meded Welcome to the chat everyone! <https://t.co/jd2WoDkQAU>



**MedEd Chat** @mededchat9 hours ago

The topic & questions will be announced in a moment...for now, please introduce yourselves #meded



**Gary Beck Dallaghan** @glbdallaghan9 hours ago

@MedEdChat #meded Gary here in Omaha



**MedEd Chat** @mededchat9 hours ago

If you are tuning in to the #meded chat, remember to use the #meded hashtag and try to answer with the Topic numbers (T1, T2, T3)



**MedEd Chat** @mededchat9 hours ago

We will assume that all of your tweets are your own during this hour unless otherwise stated #meded



**Barby Ingle Official \*\\O/\*** @barbyingle9 hours ago

I'm @BarbyIngle, #CheerleaderofHOPE, #HealtheVoices18 Advisory Panel, and have published 9 books on living with chronic diseases and motivation/tools to be an empowered patient #meded



**Paul Haidet** @myheroistrane9 hours ago

Happy Ides of March everyone! Et tu, Brute? #meded



**Jaime D. Lewis** @jaimedlewismd9 hours ago

Jaime from Cincinnati #meded



**Alliance4ClinEd** @alliance4clined9 hours ago

T1: #meded Join us now! What evidence is there for supporting the concept of growth mindsets in learners? <https://t.co/vsMr0sQ1dE>



**MedEd Chat** @mededchat9 hours ago

Topic 1: What evidence is there to promote a growth mindset in our learners? #meded



**MedEd Chat** @mededchat9 hours ago

#meded Welcome Paul



**Claudia Gomez** @cpaolag9 hours ago

RT @MedEdChat: Join us Mar 15th 9PM Eastern to discuss how to foster a growth mindset in our learners #meded <https://t.co/AKU8pIM6G3> @Allia...



**MedEd Chat** @mededchat9 hours ago

@JaimeDLewisMD #meded Welcome Jaime!



**Tan-Lucien Mohammed, MD** @tanmohammedmd9 hours ago

@MedEdChat Tan in North Florida #MedEd



**Heather Paladine** @paladineh9 hours ago

I'm looking forward to learning from everyone tonight! #meded <https://t.co/tMLZts0SEu>



**Gary Beck Dallaghan** @glbdallaghan9 hours ago

T1 #meded There appears to be a growing body of research on growth mindset. This one is an example of what not to do... <https://t.co/gqeeLQBnvw>



**MedEd Chat** @mededchat9 hours ago

@TanMohammedMD #meded Welcome



**MedEd Chat** @mededchat9 hours ago

RT @GLBDallaghan: T1 #meded There appears to be a growing body of research on growth mindset. This one is an example of what not to do.....



**Paul Haidet** @myheroistrane9 hours ago

I believe that a growth mindset was a foundational element in the evolution of our species. Similarly, it is critical for the evolution of our profession. #meded



**ADMSEP** @admsep9 hours ago

@myheroistrane T1 #meded How do you get through to learners with a closed mindset? Or even colleagues? Can they change to a growth mindset?



**Got Freedom??** @treyfreedom8 hours ago

RT @DrJRMarcelin: Great pearls for any educator. #MedEd does not happen in a vacuum. We ALL need to learn how to give feedback PROPERLY and...



**Barby Ingle Official** \*\O/\* @barbyingle8 hours ago

T1. I think more long-term studies need to be done on growth mindset, but I personally know as someone w a learning disability, knowing that I can learn, I just have to find unique ways to retain the info and know that the more effort I put in the more I will improve #MedEd <https://t.co/njNu4wpo4A>



**iPain Living Magazine** @ipainfoundation8 hours ago

RT @BarbyIngle: T1. I think more long-term studies need to be done on growth mindset, but I personally know as someone w a learning disabil...



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@admsep @myheroistrane T1 #meded Steps can be taken. This blog has some useful tips. <https://t.co/4JqqA7Eiw5>



**iPain Foundation** @powerofpain8 hours ago

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**Ken Taylor** @kenraytaylor8 hours ago

RT @BarbyIngle: T1. I think more long-term studies need to be done on growth mindset, but I personally know as someone w a learning disabil...



**MedEd Chat** @mededchat8 hours ago

RT @GLBDallaghan: @admsep @myheroistrane T1 #meded Steps can be taken. This blog has some useful tips. <https://t.co/4JqqA7Eiw5>



**Jaime D. Lewis** @jaimedlewismd8 hours ago

@admsep @myheroistrane Must challenge their current mindset. Help them see the flaws or weaknesses. #meded



**Heather Paladine** @paladineh8 hours ago

A1 I've seen learners change, but not sure how much was influenced by educators vs. learners' own internal growth #meded <https://t.co/P8io9dT0z8>



**Gretchen Diemer** @gretchendiemer8 hours ago

@admsep @myheroistrane I worry that grades and standardized tests push learners towards a fixed mindset #meded (Gretchen from Philly)



**Tan-Lucien Mohammed, MD** @tanmohammedmd8 hours ago

@MedEdChat Unfortunately there is little/no information in the literature for growth mindset in medical professionals #MedEd



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@BarbyIngle T1 #meded How do you overcome and push forward if you feel that you aren't improving? Does that discourage you in your efforts? If not, why? I know someone who just gives up at the first sign of failure.



**Paul Haidet** @myheroistrane8 hours ago

Growth mindset not only a function of the learners; the learning environment can have an important effect, too: <https://t.co/BpPOd6AsDr> #meded



**MedEd Chat** @mededchat8 hours ago

RT @myheroistrane: Growth mindset not only a function of the learners; the learning environment can have an important effect, too: <https://t.co/BpPOd6AsDr>



**Kurt Gilliland** @kogillil 8 hours ago

@GLBDallaghan @MedEdChat @admsep @myheroistrane T1 #meded Reminds me of sympathetic vs. parasympathetic @MedEdChat <https://t.co/E7F9UDDiP9>



**MedEd Chat** @mededchat8 8 hours ago

@TanMohammedMD T1 #meded Which is why I chose the topic for us to consider



**MedEdBot** @mededbot8 8 hours ago

RT @myheroistrane: I believe that a growth mindset was a foundational element in the evolution of our species. Similarly, it is critical...



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RT @BarbyIngle: T1. I think more long-term studies need to be done on growth mindset, but I personally know as someone w a learning disabil...



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RT @paladineh: A1 I've seen learners change, but not sure how much was influenced by educators vs. learners' own internal growth #meded htt...



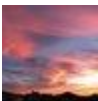
**MedEdBot** @mededbot8 8 hours ago

RT @myheroistrane: Growth mindset not only a function of the learners; the learning environment can have an important effect, too: <https://t.co/...>



**MedEd Chat** @mededchat8 8 hours ago

RT @kogillil: @GLBDallaghan @MedEdChat @admsep @myheroistrane T1 #meded Reminds me of sympathetic vs. parasympathetic @MedEdChat <https://t.co/...>



**Paul Haidet** @myheroistrane8 8 hours ago

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**Alliance4ClinEd** @alliance4clined8 8 hours ago

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**Gretchen Diemer** @gretchendiemer8 8 hours ago

RT @kogillil: @GLBDallaghan @MedEdChat @admsep @myheroistrane T1 #meded Reminds me of sympathetic vs. parasympathetic @MedEdChat <https://t.co/...>



**Dr. Patrick Treacy** @peege8 8 hours ago

The latest The Aesthetic Medicine Daily! <https://t.co/xl2mgTscYG> Thanks to @genistheunseen @deepanker70 @Shellnewlife #technology #meded



**Gary Beck Dallaghan** @gldbaldallaghan8 hours ago

@myheroistrane T1 #meded True. This article gets at that and the issue of trusting the instructor as an influencer of growth mindset <https://t.co/TwMAIcwklx>



**MedEd Chat** @mededchat8 hours ago

RT @GLBDallaghan: @myheroistrane T1 #meded True. This article gets at that and the issue of trusting the instructor as an influencer of g...



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @GLBDallaghan: @myheroistrane T1 #meded True. This article gets at that and the issue of trusting the instructor as an influencer of g...



**Paul Haidet** @myheroistrane8 hours ago

Ok tweeps, here's a question: what overlap is there btw growth mindset and diffusion of innovations? <https://t.co/vVQRzyRwx> Can a growth mindset spread from early to later adopters like other innovations? #meded



**Barby Ingle Official** \*O/\* @barbyingle8 hours ago

T1 cont. I overcome & push forward using an internal drive. I have failed so many times I am not afraid to mess up. If I dont try I will never improve, practice makes better, but I dont discourage easy, there is always another way, I just have to find it! #MedEd <https://t.co/pdE2n8QHFK>



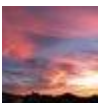
**Nupur Verma** @nverma218 hours ago

@TanMohammedMD @MedEdChat Med edu is traditionally not taught as growth but >>focus in last 20 y. There is no way to "just learn" everything in medicine... it is better to teach the student how to fish (grow and learn actively through career) than to give them a fish #MedEd



**Gary Beck Dallaghan** @gldbaldallaghan8 hours ago

@myheroistrane T1 #meded I would say this is one possibility. However, there are those with a fixed mindset that may say they can't do that and withdraw from trying. I have a friend that would do just that....and not believe she could do it.



**Paul Haidet** @myheroistrane8 hours ago

@GLBDallaghan In the diffusion model, she would be considered a laggard. #meded



**MedEd Chat** @mededchat8 hours ago

@nverma21 @TanMohammedMD T1 #meded Do you think teaching #medstudents the way we do inhibits a growth mindset? If so, how could we teach differently to change that?



**Gary Beck Dallaghan** @gldbaldallaghan8 hours ago

@myheroistrane T1 #meded Harsh! Not quite as bad as dullard....but one deviation away! :/



**Alliance4ClinEd** @alliance4clined8 hours ago

T2 #meded What impact do instructors have on mindset in learners? <https://t.co/M8kU3sKcf4>



**MedEd Chat** @mededchat8 hours ago

Topic 2: How do teachers' mindset impact learning environments? #meded



**Jaime D. Lewis** @jaimedlewismd8 hours ago

RT @warrenwiechmann: Finally got around to reading this -- absolutely great piece (and great writing) on #Mindfulness #burnout that asks wh...



**Pamela Liao** @pamliaomd8 hours ago

RT @MeeksLisa: We need more #DocsWithDisabilities in #MedEd. <https://t.co/yB1yq2kVqP>



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@MedEdChat T2 #meded So this gets at @myheroistrane point about the learning environment....as well as @nverma21 What kind of #facdev needs to occur to help faculty foster growth mindsets? @2LindaMLove



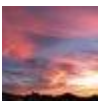
**MedEd Chat** @mededchat8 hours ago

RT @GLBDallaghan: @MedEdChat T2 #meded So this gets at @myheroistrane point about the learning environment....as well as @nverma21 What ki...



**Nupur Verma** @nverma218 hours ago

@MedEdChat @TanMohammedMD I believe #meded is reaching that direction.. .....unfortunately most of the teachers (me included, no formal edu training prior to faculty) do not have the background to know how to foster a growth mindset in the med student!



**Paul Haidet** @myheroistrane8 hours ago

@MedEdChat @nverma21 @TanMohammedMD The majority of teachers in #meded hold the transmission perspective, while I would argue that the developmental perspective is more likely to foster a growth mindset. Perspective change is needed for faculty. <https://t.co/L3sUeqjCOh>



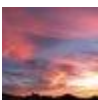
**Tan-Lucien Mohammed, MD** @tanmohammedmd8 hours ago

@MedEdChat Despite many of us thinking of ourselves as being good educators, most physicians do not have formal training in education or educational theory #MedEd



**Mike Gilchrist** @drmjgilchrist8 hours ago

RT @kogillil: @GLBDallaghan @MedEdChat @admsep @myheroistrane T1 #meded Reminds me of sympathetic vs. parasympathetic @MedEdChat <https://t....>



**Paul Haidet** @myheroistrane8 hours ago

@GLBDallaghan That's Everett Rogers' terminology, not mine... #meded



**Tan-Lucien Mohammed, MD** @tanmohammedmd 8 hours ago  
@nverma21 @MedEdChat Agree - we are making progress, but we are not there yet #MedEd



**Barby Ingle Official** \*\O/\* @barbyingle 8 hours ago  
T2. I have had teachers who didnt believe I could grow & achieve. If I didnt have my internal drive to survive & learn... they had given up, I would of 2, we can never give up, never give in & best to switch teachers & med providers who believe in ability to do & be better #meded <https://t.co/5x5ObELqJR>



**Lonika Sood** @sood\_lonika 8 hours ago  
Sorry signing in late from Green Bay #meded



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago  
@nverma21 @MedEdChat @TanMohammedMD T2 #meded Here is a website with some good links about teaching for growth mindset <https://t.co/zmMvjo1qW>



**Ken Taylor** @kenraytaylor 8 hours ago  
RT @BarbyIngle: T2. I have had teachers who didnt believe I could grow & achieve. If I didnt have my internal drive to survive & learn... t...



**MedEd Chat** @mededchat 8 hours ago  
RT @GLBDallaghan: @nverma21 @MedEdChat @TanMohammedMD T2 #meded Here is a website with some good links about teaching for growth mindset ht...



**iPain Foundation** @powerofpain 8 hours ago  
RT @BarbyIngle: T2. I have had teachers who didnt believe I could grow & achieve. If I didnt have my internal drive to survive & learn... t...



**MedEd Chat** @mededchat 8 hours ago  
RT @BarbyIngle: T2. I have had teachers who didnt believe I could grow & achieve. If I didnt have my internal drive to survive & learn... t...



**Lonika Sood** @sood\_lonika 8 hours ago  
T2: role modeling so important esp in clinical environment where hidden curriculum might be vast #meded



**MedEd Chat** @mededchat 8 hours ago  
RT @myheroistrane: @MedEdChat @nverma21 @TanMohammedMD The majority of teachers in #meded hold the transmission perspective, while I would...



**iPain Living Magazine** @ipainfoundation 8 hours ago  
RT @BarbyIngle: T2. I have had teachers who didnt believe I could grow & achieve. If I didnt have my internal drive to survive & learn... t...





**Alliance4ClinEd** @alliance4clined8 hours ago

RT @myheroistrane: @MedEdChat @nverma21 @TanMohammedMD The majority of teachers in #meded hold the transmission perspective, while I would...



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @GLBDallaghan: @nverma21 @MedEdChat @TanMohammedMD T2 #meded Here is a website with some good links about teaching for growth mindset ht...



**Tan-Lucien Mohammed, MD** @tanmohammedmd8 hours ago

@MedEdChat Identify teachers early in their careers, cultivate them, create courses to assist in learning theory #MedEd



**Paul Haidet** @myheroistrane8 hours ago

@nverma21 @r\_rlevine @MedEdChat AND... we tie learner's future career trajectories (eg, residency selection decisions) to such external motivators. #MakeUSMLEPassFail #meded



**Nupur Verma** @nverma218 hours ago

@GLBDallaghan @MedEdChat @TanMohammedMD This is why I love #meded chat! Ty!



**Gretchen Diemer** @gretchendiemer8 hours ago

RT @GLBDallaghan: @nverma21 @MedEdChat @TanMohammedMD T2 #meded Here is a website with some good links about teaching for growth mindset ht...



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@myheroistrane @nverma21 @r\_rlevine @MedEdChat T2 #meded Or motivation killers! #MakeUSMLEPassFail



**Heather Paladine** @paladineh8 hours ago

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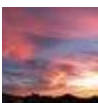
**Kurt Gilliland** @kogillil8 hours ago

@myheroistrane @nverma21 @r\_rlevine @MedEdChat T1 @MedEdChat #meded I love Dan Pratt's Teaching Perspectives Inventory (TPI) <https://t.co/eTvPre7U4I>



**Alliance4ClinEd** @alliance4clined8 hours ago

@sood\_lonika T2 #meded Here's a challenge. How do you model when the person you're working with is so fixed in their beliefs that they can't learn or grow? How do you get through to them?



**Paul Haidet** @myheroistrane8 hours ago

RT @kogillil: @myheroistrane @nverma21 @r\_rlevine @MedEdChat T1 @MedEdChat #meded I love Dan Pratt's Teaching Perspectives Inventory (TPI)...



**Nupur Verma** @nverma21 8 hours ago

@MedEdChat T2: Teacher's mindset is EVERYTHING in #meded.. the student values = operates in a way that you imprint on them early in their path; teacher has to pass on they value the growth mindset and act to reward accordingly



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

@kogillil @myheroistrane @nverma21 @r\_rlevine @MedEdChat T2 #meded I just learned of this recently. Great resources there! @2LindaMLove



**Dink Jardine, MD** @dinkjardine 8 hours ago

RT @GLBDallaghan: @nverma21 @MedEdChat @TanMohammedMD T2 #meded Here is a website with some good links about teaching for growth mindset ht...



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**Alliance4ClinEd** @alliance4clined 8 hours ago

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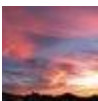
**Dink Jardine, MD** @dinkjardine 8 hours ago

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**Alliance4ClinEd** @alliance4clined 8 hours ago

@sood\_ionika T2 #meded Agreed. How can we draw that potential out in the person when they can't see it in themselves? It's a persistent frustration.



**Paul Haidet** @myheroistrane 8 hours ago

@Alliance4ClinEd @sood\_ionika Gotta keep asking "why" - probe and probe and probe; pull them deeper and deeper into the "why" behind their answers until either: a) they have the burst of insight, or b) they give up. If "b", don't YOU give up - try again later. #meded



**MedEd Chat** @mededchat8 hours ago

Topic 3: What strategies can be taken to motivate learners and foster a growth mindset? #meded



**Alliance4ClinEd** @alliance4clined8 hours ago

T3 #meded How can instructors encourage a growth mindset in learners? How do these strategies differ in clinical #meded vs classroom teaching?



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@myheroistrane @Alliance4ClinEd @sood\_lonika T2 #meded That reminds me of a book I was reading today about asking the "AWE" question.... "And what else?" Which is designed to draw out the person.



**MedEd Chat** @mededchat8 hours ago

RT @myheroistrane: @Alliance4ClinEd @sood\_lonika Gotta keep asking "why" - probe and probe and probe; pull them deeper and deeper into the...



**Alliance4ClinEd** @alliance4clined8 hours ago

@GLBDallaghan @myheroistrane @sood\_lonika T2 #meded Which comes from The Coaching Habit <https://t.co/ibTimG72k8>



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

RT @Alliance4ClinEd: @GLBDallaghan @myheroistrane @sood\_lonika T2 #meded Which comes from The Coaching Habit <https://t.co/ibTimG72k8>



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**Barby Ingle Official \*\\O/\*** @barbyingle8 hours ago

T3. The 'teachers' need to be role models for growth mindset learning by Getting to know their students, Use a variety of student-active teaching activities, Set realistic performance goals & help students achieve them by encouraging them to set their own reasonable goals #MedEd <https://t.co/RwDwEMsaCi>



**Nupur Verma** @nverma218 hours ago

T3: to foster: SHOW growth mindset as MD; learn when you do not have to, ask questions, challenge yourself (example; new modality, learn new procedure, give a new lecture); don't say " that went well!" say " great, how can we improve that next time?" #MedEd



**iPain Living Magazine** @ipainfoundation8 hours ago

RT @BarbyIngle: T3. The 'teachers' need to be role models for growth mindset learning by Getting to know their students, Use a variety of s...



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

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**Paul Haidet** @myheroistrane 8 hours ago

T3: I think there's a case to be made for training #meded faculty in doing #QualitativeResearch data collection. Helps them with doing scholarship, AND gives them a skill set that may be helpful in probing learners and drawing out the growth mindset.



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

RT @myheroistrane: T3: I think there's a case to be made for training #meded faculty in doing #QualitativeResearch data collection. Helps t...



**Alliance4ClinEd** @alliance4clined 8 hours ago

RT @myheroistrane: T3: I think there's a case to be made for training #meded faculty in doing #QualitativeResearch data collection. Helps t...



**Ken Taylor** @kenraytaylor 8 hours ago

RT @BarbyIngle: T3. The 'teachers' need to be role models for growth mindset learning by Getting to know their students, Use a variety of s...



**Alliance4ClinEd** @alliance4clined 8 hours ago

RT @nverma21: T3: to foster: SHOW growth mindset as MD; learn when you do not have to, ask questions, challenge yourself (example; new moda...



**Joannie Yeh MD** @betamomma 8 hours ago

@MedEdChat T3: Incentive, sense of autonomy, & prior achievement (so instructor acknowledging achievement, giving student opportunity for achievement). #meded<https://t.co/RHczOTolli>



**Tan-Lucien Mohammed, MD** @tanmohammedmd 8 hours ago

RT @nverma21: T3: to foster: SHOW growth mindset as MD; learn when you do not have to, ask questions, challenge yourself (example; new moda...



**Lauren Kuwik MD** @lauren\_kuwik8 hours ago

RT @sood\_Ionika: T2: role modeling so important esp in clinical environment where hidden curriculum might be vast #meded



**Alliance4ClinEd** @alliance4clined8 hours ago

@nverma21 @GLBDallaghan T3 #meded How would you do this in pre-clinical education vs clinical setting? Same approach or different?



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@myheroistrane T3 #meded You know I'm all about #QualitativeResearch and what an interesting way to spin an action research model to it in the guise of #facdev@2LindaMLove



**RLevine** @r\_rlevine8 hours ago

@MedEdChat T3 #meded meaningful feedback, reflection, deliberate practice, dynamic assessment-make learning transparent so learners become invested and can SEE themselves learning.



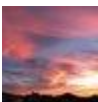
**Gary Beck Dallaghan** @glbdallaghan8 hours ago

T3 #meded What do you think about using improv as a way to encourage growth mindset? Such as Yes...And?



**cindy pariseau** @cpperis18 hours ago

@MedEdChat Overtly Modeling a growth mindset. Point out opportunities for growth in a way that allows the student to SEE and EXPERIENCE and UNDERSTAND and WANT to take advantage of growth opportunities. #meded



**Paul Haidet** @myheroistrane8 hours ago

@GLBDallaghan @2LindaMLove #SDRME needs to think some about how to Mel's research training with teacher development. Killing two birds with one stone? #meded



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @r\_rlevine: @MedEdChat T3 #meded meaningful feedback, reflection, deliberate practice, dynamic assessment-make learning transparent so l...



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

T3 #meded I completely agree. #SDRME could do a lot with this type of research. <https://t.co/wd7VhHrFL8>



**MedEd Chat** @mededchat8 hours ago

RT @cpperis1: @MedEdChat Overtly Modeling a growth mindset. Point out opportunities for growth in a way that allows the student to SEE and...



**MedEd Chat** @mededchat8 hours ago

RT @GLBDallaghan: T3 #meded What do you think about using improv as a way to encourage growth mindset? Such as Yes...And?



**Paul Haidet** @myheroistrane8 hours ago

Can't do improv without a growth mindset. Takes deliberate practice. <https://t.co/nxqSusv7zY> #meded <https://t.co/GQKo0LKHly>



**RLevine** @r\_rlevine8 hours ago

@MedEdChat Also helps for us to role model reflection and lifelong learning. Learners need to hear us say "I don't know" and then working hard to learn using our growth mindsets. T3 #meded



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

T3 #meded This is a great book for improv <https://t.co/6ISqtO5Lml>



**Nupur Verma** @nverma218 hours ago

@Alliance4ClinEd @GLBDallaghan Another tactic: Simulation in #meded ; not just finding the pathology but having normal cases peppered in = teaching student not to just find something wrong as a answer; used by @MancusoMD



**MedEd Chat** @mededchat8 hours ago

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**MedEd Chat** @mededchat8 hours ago

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**Alliance4ClinEd** @alliance4clined8 hours ago

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**Nupur Verma** @nverma218 hours ago

@Alliance4ClinEd @GLBDallaghan Another ex: Simulation in #meded ; not just finding the pathology but having normal cases peppered in = teaching student not to just find something wrong as a answer; used by @MancusoMD



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @nverma21: @Alliance4ClinEd @GLBDallaghan Another ex: Simulation in #meded ; not just finding the pathology but having normal cases pepp...



**Paul Haidet** @myheroistrane8 hours ago  
@GLBDallaghan So is this: <https://t.co/29twr5Z3IT> #meded



**MedEd Chat** @mededchat8 hours ago  
We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded



**MedEd Chat** @mededchat8 hours ago  
RT @myheroistrane: @GLBDallaghan So is this: <https://t.co/29twr5Z3IT> #meded



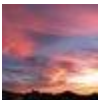
**Alliance4ClinEd** @alliance4clined8 hours ago  
RT @myheroistrane: @GLBDallaghan So is this: <https://t.co/29twr5Z3IT> #meded



**Gary Beck Dallaghan** @glbdallaghan8 hours ago  
Final Thoughts: Fostering a growth mindset really strikes me as coaching individuals. Role modeling helps, but there are aspects of being a coach that could be instrumental in this process. #meded



**MedEd Chat** @mededchat8 hours ago  
RT @GLBDallaghan: Final Thoughts: Fostering a growth mindset really strikes me as coaching individuals. Role modeling helps, but there are...



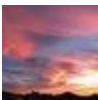
**Paul Haidet** @myheroistrane8 hours ago  
Final thought: what do we want from #meded learners? Systems thinking? Adaptive expertise? Humanism? The growth mindset is a pathway toward all of these. We must cultivate it in ourselves in order to foster it among our #learners.



**MedEd Chat** @mededchat8 hours ago  
RT @myheroistrane: Final thought: what do we want from #meded learners? Systems thinking? Adaptive expertise? Humanism? The growth minds...



**Alliance4ClinEd** @alliance4clined8 hours ago  
RT @myheroistrane: Final thought: what do we want from #meded learners? Systems thinking? Adaptive expertise? Humanism? The growth minds...



**Paul Haidet** @myheroistrane8 hours ago  
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**Jodi Dragon** @jodiorvisdragon8 hours ago  
RT @BarbyIngle: T3. The 'teachers' need to be role models for growth mindset learning by Getting to know their students, Use a variety of s...



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**Jodi Dragon** @jodiorvisdragon8 hours ago

RT @BarbyIngle: T2. I have had teachers who didnt believe I could grow & achieve. If I didnt have my internal drive to survive & learn... t...



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**MedEd Chat** @mededchat8 hours ago

PLEASE NOTE: There will be no #meded chat next week (3/22/18). We'll pick back up on 3/29/18!



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**MedEd Chat** @mededchat8 hours ago

The #meded chat (US/NAM) archive will be available tomorrow at <https://t.co/mJivok9NyX> on the Resources page.



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**Jodi Dragon** @jodiorvisdragon8 hours ago

RT @BarbyIngle: T1 cont. I overcome & push forward using an internal drive. I have failed so many times I am not afraid to mess up. If I do...



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**Jodi Dragon** @jodiorvisdragon8 hours ago

RT @BarbyIngle: T1. I think more long-term studies need to be done on growth mindset, but I personally know as someone w a learning disabil...



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**Jodi Dragon** @jodiorvisdragon8 hours ago

RT @BarbyIngle: I'm @BarbyIngle, #CheerleaderofHOPE, #HealtheVoices18 Advisory Panel, and have published 9 books on living with chronic dis...



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**Joannie Yeh MD** @betamomma8 hours ago

T2: I'm still trying to figure out the conclusion of this two part study. So far it seems to confirm that a teacher's mind set does influence the students' performance. Samples sizes tho were small, 11-63. #meded <https://t.co/JqMe7Rxydq>