**2018-03-15: Growth Mindset vs Fixed Mindset: How Do We Encourage Growth Mindset?**

**Links shared during the chat:**

- Trust, Growth Mindset, and Student Commitment to Active Learning in a College Science Course [https://www.ncbi.nlm.nih.gov/pubmed/29378750](https://www.ncbi.nlm.nih.gov/pubmed/29378750)
- A growth mindset approach to preparing trainees for medical error [http://qualitysafety.bmj.com/content/26/9/771.long](http://qualitysafety.bmj.com/content/26/9/771.long)
- Five Perspectives on Teaching [https://achesandjoints.files.wordpress.com/2009/05/five-perspectives-on-teaching.pdf](https://achesandjoints.files.wordpress.com/2009/05/five-perspectives-on-teaching.pdf)
- Resources for Teaching Growth Mindset [https://www.edutopia.org/article/growth-mindset-resources](https://www.edutopia.org/article/growth-mindset-resources)
- Free Play: Improvisation in Life and Art [https://m.barnesandnoble.com/p/free-play-stephen-nachmanovitch/1112398829/2679263933622?st=PLA&sid=BNB_DRS_Core+Catch-All,p+Low_0000000000&2sid=Google_&sourceld=PLGoP797000&gclid=CjwKCAjws6jVBRBZEiwAkIfZ2iXeEgtl_WcKPfpUYJVEwZ03YMb4TpQvcAg15Akpo2hmmUAAQ9mNB0Coi4QA4_D_BwE](https://m.barnesandnoble.com/p/free-play-stephen-nachmanovitch/1112398829/2679263933622?st=PLA&sid=BNB_DRS_Core+Catch-All,p+Low_0000000000&2sid=Google_&sourceld=PLGoP797000&gclid=CjwKCAjws6jVBRBZEiwAkIfZ2iXeEgtl_WcKPfpUYJVEwZ03YMb4TpQvcAg15Akpo2hmmUAAQ9mNB0Coi4QA4_D_BwE)

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**MedEd Chat @mededchat** 9 hours ago
Welcome to the Medical Education chat (US) I am your moderator for the next hour, @alliance4clined #meded

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**Alliance4ClinEd @alliance4clined** 9 hours ago
#meded Welcome to the chat everyone! https://t.co/jd2WoDkQAu

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**MedEd Chat @mededchat** 9 hours ago
The topic & questions will be announced in a moment...for now, please introduce yourselves #meded

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**Gary Beck Dallaghan @glbdallaghan** 9 hours ago
@MedEdChat #meded Gary here in Omaha
If you are tuning in to the #meded chat, remember to use the #meded hashtag and try to answer with the Topic numbers (T1, T2, T3).

We will assume that all of your tweets are your own during this hour unless otherwise stated #meded

I'm @BarbyIngle, #CheerleaderofHOPE, #HealtheVoices18 Advisory Panel, and have published 9 books on living with chronic diseases and motivation/tools to be an empowered patient #meded

Happy Ides of March everyone! Et tu, Brute? #meded

Jaime from Cincinnati #meded

T1: #meded Join us now! What evidence is there for supporting the concept of growth mindsets in learners? https://t.co/vsMr0sQ1dE

Topic 1: What evidence is there to promote a growth mindset in our learners? #meded

Welcome Paul

RT @MedEdChat: Join us Mar 15th 9PM Eastern to discuss how to foster a growth mindset in our learners #meded https://t.co/AKU8plM6G3 @Allia...

Welcome Jaime!

@MedEdChat Tan in North Florida #MedEd
Heather Paladine @paladineh 9 hours ago
I’m looking forward to learning from everyone tonight! #meded https://t.co/tMLZts0SEu

Gary Beck Dallaghan @glbdallaghan 9 hours ago
T1 #meded There appears to be a growing body of research on growth mindset. This one is an example of what not to do... https://t.co/gqeeLQBnvv

MedEd Chat @mededchat 9 hours ago
@TanMohammedMD #meded Welcome

MedEd Chat @mededchat 9 hours ago
RT @GLBDallaghan: T1 #meded There appears to be a growing body of research on growth mindset. This one is an example of what not to do......

Paul Haidet @myheroistrane 9 hours ago
I believe that a growth mindset was a foundational element in the evolution of our species. Similarly, it is critical for the evolution of our profession. #meded

ADMSEP @admsep 9 hours ago
@myheroistrane T1 #meded How do you get through to learners with a closed mindset? Or even colleagues? Can they change to a growth mindset?

Got Freedom?? @treyfreedom 8 hours ago
RT @DrJRMarcelin: Great pearls for any educator. #MedEd does not happen in a vacuum. We ALL need to learn how to give feedback PROPERLY and...

Barby Ingle Official *\O/* @barbyingle 8 hours ago
T1. I think more long-term studies need to be done on growth mindset, but I personally know as someone w a learning disability, knowing that I can learn, I just have to find unique ways to retain the info and know that the more effort I put in the more I will improve #MedEd https://t.co/njNu4wpo4A

iPain Living Magazine @ipainfoundation 8 hours ago
RT @Barbyingle: T1. I think more long-term studies need to be done on growth mindset, but I personally know as someone w a learning disabil...

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@admsep @myheroistrane T1 #meded Steps can be taken. This blog has some useful tips. https://t.co/4JqqA7Eiw5
iPain Foundation @powerofpain 8 hours ago
RT @BarbyIngle: T1. I think more long-term studies need to be done on growth mindset, but I personally know someone w a learning disabil...

Ken Taylor @kenraytaylor 8 hours ago
RT @BarbyIngle: T1. I think more long-term studies need to be done on growth mindset, but I personally know someone w a learning disabil...

MedEd Chat @mededchat 8 hours ago
RT @GLBDallaghan: @admsep @myheroistrane T1 #meded Steps can be taken. This blog has some useful tips. https://t.co/4JqqA7Eiw5

Jaime D. Lewis @jaimedlewismd 8 hours ago
@admsep @myheroistrane Must challenge their current mindset. Help them see the flaws or weaknesses. #meded

Heather Paladine @paladineh 8 hours ago
A1 I’ve seen learners change, but not sure how much was influenced by educators vs. learners’ own internal growth #meded https://t.co/P8io9dT0z8

Gretchen Diemer @gretchendiemer 8 hours ago
@admsep @myheroistrane I worry that grades and standardized tests push learners towards a fixed mindset #meded (Gretchen from Philly)

Tan-Lucien Mohammed, MD @tanmohammedmd 8 hours ago
@MedEdChat Unfortunately there is little/no information in the literature for growth mindset in medical professionals #MedEd

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@BarbyIngle T1 #meded How do you overcome and push forward if you feel that you aren't improving? Does that discourage you in your efforts? If not, why? I know someone who just gives up at the first sign of failure.

Paul Haidet @myheroistrane 8 hours ago
Growth mindset not only a function of the learners; the learning environment can have an important effect, too: https://t.co/BpPOd6AsDr #meded

MedEd Chat @mededchat 8 hours ago
RT @myheroistrane: Growth mindset not only a function of the learners; the learning environment can have an important effect, too: https/...
Kurt Gilliland @kogillil 8 hours ago
@GLBDallaghan @MedEdChat @admsep @myheroistrane T1 #meded Reminds me of sympathetic vs. parasympathetic @MedEdChat https://t.co/E7F9UDDiP9

MedEd Chat @mededchat 8 hours ago
@TanMohammedMD T1 #meded Which is why I chose the topic for us to consider

MedEdBot @mededbot 8 hours ago
RT @myheroistrane: I believe that a growth mindset was a foundational element in the evolution of our species. Similarly, it is critical...

MedEdBot @mededbot 8 hours ago
RT @Barbyingle: T1. I think more long-term studies need to be done on growth mindset, but I personally know as someone w a learning disabil...

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RT @paladineh: A1 I’ve seen learners change, but not sure how much was influenced by educators vs. learners’ own internal growth #meded htt...

MedEdBot @mededbot 8 hours ago
RT @myheroistrane: Growth mindset not only a function of the learners; the learning environment can have an important effect, too: https:...
Gary Beck Dallaghan @glbdallaghan 8 hours ago
@myheroistrane T1 #meded True. This article gets at that and the issue of trusting the instructor as an influencer of growth mindset https://t.co/TwMAIcwkIx

MedEd Chat @mededchat 8 hours ago
RT @GLBDallaghan: @myheroistrane T1 #meded True. This article gets at that and the issue of trusting the instructor as an influencer of g...

Alliance4ClinEd @alliance4cined 8 hours ago
RT @GLBDallaghan: @myheroistrane T1 #meded True. This article gets at that and the issue of trusting the instructor as an influencer of g...

Paul Haidet @myheroistrane 8 hours ago
Ok tweeps, here’s a question: what overlap is there btw growth mindset and diffusion of innovations? https://t.co/vVQRzyRwxd Can a growth mindset spread from early to later adopters like other innovations? #meded

Barby Ingle Official */O/* @barbyingle 8 hours ago
T1 cont. I overcome & push forward using an internal drive. I have failed so many times I am not afraid to mess up. If I dont try I will never improve, practice makes better, but I dont discourage easy, there is always another way, I just have to find it! #MedEd https://t.co/pdE2n8QHFK

Nupur Verma @nverma21 8 hours ago
@TanMohammedMD @MedEdChat Med edu is traditionally not taught as growth but >>focus in last 20 y. There is no way to "just learn" everything in medicine... it is better to teach the student how to fish (grow and learn actively through career) than to give them a fish #MedEd

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@myheroistrane T1 #meded I would say this is one possibility. However, there are those with a fixed mindset that may say they can’t do that and withdraw from trying. I have a friend that would do just that....and not believe she could do it.

Paul Haidet @myheroistrane 8 hours ago
@GLBDallaghan In the diffusion model, she would be considered a laggard. #meded

MedEd Chat @mededchat 8 hours ago
@nverma21 @TanMohammedMD T1 #meded Do you think teaching #medstudents the way we do inhibits a growth mindset? If so, how could we teach differently to change that?

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@myheroistrane T1 #meded Harsh! Not quite as bad as dullard....but one deviation away! :/
Alliance4ClinEd @alliance4clined 8 hours ago
T2 #meded What impact do instructors have on mindset in learners? https://t.co/M8kU3sKcf4

MedEd Chat @mededchat 8 hours ago
Topic 2: How do teachers' mindset impact learning environments? #meded

Jaime D. Lewis @jaimedlewismd 8 hours ago
RT @warrenwiechmann: Finally got around to reading this -- absolutely great piece (and great writing) on #Mindfulness #burnout that asks wh...

Pamela Liao @pamliaomd 8 hours ago
RT @MeeksLisa: We need more #DocsWithDisabilities in #MedEd. https://t.co/yB1yq2kVqP

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@MedEdChat T2 #meded So this gets at @myheroistrane point about the learning environment....as well as @nverma21 What kind of #facdev needs to occur to help faculty foster growth mindsets? @2LindaMLove

MedEd Chat @mededchat 8 hours ago
RT @GLBDallaghan: @MedEdChat T2 #meded So this gets at @myheroistrane point about the learning environment....as well as @nverma21 What ki...

Nupur Verma @nverma21 8 hours ago
@MedEdChat @TanMohammedMD I believe #meded is reaching that direction... .....unfortunately most of the teachers (me included, no formal edu training prior to faculty) do not have the background to know how to foster a growth mindset in the med student!

Paul Haidet @myheroistrane 8 hours ago
@MedEdChat @nverma21 @TanMohammedMD The majority of teachers in #meded hold the transmission perspective, while I would argue that the developmental perspective is more likely to foster a growth mindset. Perspective change is needed for faculty. https://t.co/L3sUeqjCOh

Tan-Lucien Mohammed, MD @tannohammedmd 8 hours ago
@MedEdChat Despite many of us thinking of ourselves as being good educators, most physicians do not have formal training in education or educational theory #MedEd

Mike Gilchrist @drmjgilchrist 8 hours ago
RT @kogillil: @GLBDallaghan @MedEdChat @admsep @myheroistrane T1 #meded Reminds me of sympathetic vs. parasympathetic @MedEdChat https://t....

Paul Haidet @myheroistrane 8 hours ago
@GLBDallaghan That’s Everett Rogers’ terminology, not mine... #meded
Tan-Lucien Mohammed, MD @tanmohammedmd 8 hours ago
@nverma21 @MedEdChat Agree - we are making progress, but we are not there yet #MedEd

Barby Ingle Official */O/* @barbyingle 8 hours ago
T2. I have had teachers who didn't believe I could grow & achieve. If I didn't have my internal drive to survive & learn... they had given up, I would of 2, we can never give up, never give in & best to switch teachers & med providers who believe in ability to do & be better meded https://t.co/5x5ObELqJR

Lonika Sood @sood_lonika 8 hours ago
Sorry signing in late from Green Bay #meded

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@nverma21 @MedEdChat @TanMohammedMD T2 meded Here is a website with some good links about teaching for growth mindset https://t.co/zmMvjvo1qW

Ken Taylor @kenraytaylor 8 hours ago
RT @Barbyingle: T2. I have had teachers who didn't believe I could grow & achieve. If I didn't have my internal drive to survive & learn... t...

MedEd Chat @mededchat 8 hours ago
RT @GLBDallaghan: @nverma21 @MedEdChat @TanMohammedMD T2 meded Here is a website with some good links about teaching for growth mindset ht...

iPain Foundation @powerofpain 8 hours ago
RT @Barbyingle: T2. I have had teachers who didn't believe I could grow & achieve. If I didn't have my internal drive to survive & learn... t...

MedEd Chat @mededchat 8 hours ago
RT @Barbyingle: T2. I have had teachers who didn't believe I could grow & achieve. If I didn't have my internal drive to survive & learn... t...

Lonika Sood @sood_lonika 8 hours ago
T2: role modeling so important esp in clinical environment where hidden curriculum might be vast #meded

MedEd Chat @mededchat 8 hours ago
RT @myheroistrane: @MedEdChat @nverma21 @TanMohammedMD The majority of teachers in meded hold the transmission perspective, while I would...

iPain Living Magazine @ipainfoundation 8 hours ago
RT @Barbyingle: T2. I have had teachers who didn't believe I could grow & achieve. If I didn't have my internal drive to survive & learn... t...
The majority of teachers in #meded hold the transmission perspective, while I would...

Here is a website with some good links about teaching for growth mindset ht...

Identify teachers early in their careers, cultivate them, create courses to assist in learning theory #MedEd

we tie learner’s future career trajectories (eg, residency selection decisions) to such external motivators. #MakeUSMLEPassFail #meded

This is why I love #meded chat! Ty!

Or motivation killers! #MakeUSMLEPassFail

AND... we tie learner’s future career trajectories (eg, residency selection decisions) to...

I love Dan Pratt’s Teaching Perspectives Inventory (TPI) https://t.co/eTvPRe7u4I

Here’s a challenge. How do you model when the person you’re working with is so fixed in their beliefs that they can’t learn or grow? How do you get through to them?

I love Dan Pratt’s Teaching Perspectives Inventory (TPI)...
Nupur Verma  @nverma218 hours ago
@MedEdChat T2: Teacher’s mindset is EVERYTHING in #meded.. the student values = operates in a way that you imprint on them early in their path; teacher has to pass on they value the growth mindset and act to reward accordingly

Gary Beck Dallaghan  @glbdallaghan8 hours ago
@kogillil @myheroistrane @nverma21 @r_rlevine @MedEdChat T2 #meded I just learned of this recently. Great resources there! @2LindaMLove

Dink Jardine, MD  @dinkjardine8 hours ago
RT @GLBDallaghan: @nverma21 @MedEdChat @TanMohammedMD T2 #meded Here is a website with some good links about teaching for growth mindset ht...

MedEd Chat  @mededchat8 hours ago
RT @nverma21: @MedEdChat T2: Teacher’s mindset is EVERYTHING in #meded.. the student values = operates in a way that you imprint on them ea...

MedEd Chat  @mededchat8 hours ago
RT @kogillil: @myheroistrane @nverma21 @r_rlevine @MedEdChat T1 @MedEdChat #meded I love Dan Pratt’s Teaching Perspectives Inventory (TPI)...

Alliance4ClinEd  @alliance4clined8 hours ago
RT @kogillil: @myheroistrane @nverma21 @r_rlevine @MedEdChat T1 @MedEdChat #meded I love Dan Pratt’s Teaching Perspectives Inventory (TPI)...

Dink Jardine, MD  @dinkjardine8 hours ago
RT @kogillil: @GLBDallghan @MedEdChat @admsep @myheroistrane T1 #meded Reminds me of sympathetic vs. parasympathetic @MedEdChat https://t....

Alliance4ClinEd  @alliance4clined8 hours ago
@sood_lonika T2 #meded Agreed. How can we draw that potential out in the person when they can't see it in themselves? It's a persistent frustration.

Paul Haidet  @myheroistrane8 hours ago
@Alliance4ClinEd @sood_lonika Gotta keep asking “why” - probe and probe and probe; pull them deeper and deeper into the “why” behind their answers until either: a) they have the burst of insight, or b) they give up. If “b”, don’t YOU give up - try again later. #meded
Topic 3: What strategies can be taken to motivate learners and foster a growth mindset? #meded

How can instructors encourage a growth mindset in learners? How do these strategies differ in clinical #meded vs classroom teaching?

That reminds me of a book I was reading today about asking the "AWE" question...."And what else?" Which is designed to draw out the person.

Gotta keep asking “why” - probe and probe and probe; pull them deeper and deeper into the...

Which comes from The Coaching Habit https://t.co/ibTimG72k8

Which comes from The Coaching Habit https://t.co/ibTimG72k8

The 'teachers' need to be role models for growth mindset learning by Getting to know their students, Use a variety of student-active teaching activities, Set realistic performance goals & help students achieve them by encouraging them to set their own reasonable goals #MedEd https://t.co/RwDwEMsaCi

T3: to foster: SHOW growth mindset as MD; learn when you do not have to, ask questions, challenge yourself (example; new modality, learn new procedure, give a new lecture); don't say " that went well!" say " great, how can we improve that next time?" #MedEd

The 'teachers' need to be role models for growth mindset learning by Getting to know their students, Use a variety of s...
Gary Beck Dallaghan @glbdallaghan 8 hours ago
RT @BarbyIngle: T3. The 'teachers' need to be role models for growth mindset learning by Getting to know their students, Use a variety of s...

iPain Foundation @powerofpain 8 hours ago
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Gary Beck Dallaghan @glbdallaghan 8 hours ago
RT @nverma21: T3: to foster: SHOW growth mindset as MD; learn when you do not have to, ask questions, challenge yourself (example; new moda... 

Paul Haidet @myheroistrane 8 hours ago
T3: I think there’s a case to be made for training #meded faculty in doing #QualitativeResearch data collection. Helps them with doing scholarship, AND gives them a skill set that may be helpful in probing learners and drawing out the growth mindset.

Gary Beck Dallaghan @glbdallaghan 8 hours ago
RT @myheroistrane: T3: I think there’s a case to be made for training #meded faculty in doing #QualitativeResearch data collection. Helps t...

Alliance4ClinEd @alliance4clined 8 hours ago
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Ken Taylor @kenraytaylor 8 hours ago
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Alliance4ClinEd @alliance4clined 8 hours ago
RT @nverma21: T3: to foster: SHOW growth mindset as MD; learn when you do not have to, ask questions, challenge yourself (example; new moda...

Joannie Yeh MD @betamomma 8 hours ago
@MedEdChat T3: Incentive, sense of autonomy, & prior achievement (so instructor acknowledging achievement, giving student opportunity for achievement). #mededhttps://t.co/RHzcOTolli

Tan-Lucien Mohammed, MD @tanmohammedmd 8 hours ago
RT @nverma21: T3: to foster: SHOW growth mindset as MD; learn when you do not have to, ask questions, challenge yourself (example; new moda...
Lauren Kuwik MD @lauren_kuwik 8 hours ago
RT @sood_loniaka: T2: role modeling so important esp in clinical environment where hidden curriculum might be vast #meded

Alliance4ClinEd @alliance4clined 8 hours ago
@nverma21 @GLBDallaghan T3 #meded How would you do this in pre-clinical education vs clinical setting? Same approach or different?

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@myheroistrane T3 #meded You know I'm all about #QualitativeResearch and what an interesting way to spin an action research model to it in the guise of #facdev2LindaMLove

RLevine @r_rlevine 8 hours ago
@MedEdChat T3 #meded meaningful feedback, reflection, deliberate practice, dynamic assessment-make learning transparent so learners become invested and can SEE themselves learning.

Gary Beck Dallaghan @glbdallaghan 8 hours ago
T3 #meded What do you think about using improv as a way to encourage growth mindset? Such as Yes...And?

cindy pariseau @cpparis18 hours ago
@MedEdChat Overtly Modeling a growth mindset. Point out opportunities for growth in a way that allows the student to SEE and EXPERIENCE and UNDERSTAND and WANT to take advantage of growth opportunities. #meded

Paul Haidet @myheroistrane 8 hours ago
@GLBDallaghan @2LindaMLove #SDRME needs to think some about how to Mel’s research training with teacher development. Killing two birds with one stone? #meded

Alliance4ClinEd @alliance4clined 8 hours ago
RT @r_rlevine: @MedEdChat T3 #meded meaningful feedback, reflection, deliberate practice, dynamic assessment-make learning transparent so I...

Gary Beck Dallaghan @glbdallaghan 8 hours ago
T3 #meded I completely agree. #SDRME could do a lot with this type of research. https://t.co/wd7VhHrFL8

MedEd Chat @mededchat 8 hours ago
RT @cpparis1: @MedEdChat Overtly Modeling a growth mindset. Point out opportunities for growth in a way that allows the student to SEE and...
MedEd Chat @mededchat 8 hours ago
RT @GLBDallaghan: T3 #meded What do you think about using improv as a way to encourage growth mindset? Such as Yes...And?

Paul Haidet @myheroistrane 8 hours ago
Can’t do improv without a growth mindset. Takes deliberate practice. https://t.co/nxqSusv7zY #meded https://t.co/GQKo0LKhly

RLevine @r_revine 8 hours ago
@MedEdChat Also helps for us to role model reflection and lifelong learning. Learners need to hear us say "I don’t know" and then working hard to learn using our growth mindsets. T3 #meded

Gary Beck Dallaghan @glbdallaghan 8 hours ago
T3 #meded This is a great book for improv https://t.co/6iSqtO5Lml

Nupur Verma @nverma21 8 hours ago
@Alliance4ClinEd @GLBDallaghan Another tactic: Simulation in #meded ; not just finding the pathology but having normal cases peppered in = teaching student not to just find something wrong as a answer; used by @MancusoMD

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RT @nverma21: @Alliance4ClinEd @GLBDallaghan Another ex: Simulation in #meded ; not just finding the pathology but having normal cases pepp...
Paul Haidet @myheroistrane 8 hours ago
@GLBDallaghan So is this: https://t.co/29twr5Z3IT #meded

MedEd Chat @mededchat 8 hours ago
We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded

MedEd Chat @mededchat 8 hours ago
RT @myheroistrane: @GLBDallaghan So is this: https://t.co/29twr5Z3IT #meded

Alliance4ClinEd @alliance4clined 8 hours ago
RT @myheroistrane: @GLBDallaghan So is this: https://t.co/29twr5Z3IT #meded

Gary Beck Dallaghan @glbdallaghan 8 hours ago
Final Thoughts: Fostering a growth mindset really strikes me as coaching individuals. Role modeling helps, but there are aspects of being a coach that could be instrumental in this process. #meded

MedEd Chat @mededchat 8 hours ago
RT @GLBDallaghan: Final Thoughts: Fostering a growth mindset really strikes me as coaching individuals. Role modeling helps, but there are...

Paul Haidet @myheroistrane 8 hours ago
Final thought: what do we want from #meded learners? Systems thinking? Adaptive expertise? Humanism? The growth mindset is a pathway toward all of these. We must cultivate it in ourselves in order to foster it among our #learners.

MedEd Chat @mededchat 8 hours ago
RT @myheroistrane: Final thought: what do we want from #meded learners? Systems thinking? Adaptive expertise? Humanism? The growth minds...

Alliance4ClinEd @alliance4clined 8 hours ago
RT @myheroistrane: Final thought: what do we want from #meded learners? Systems thinking? Adaptive expertise? Humanism? The growth minds...

Paul Haidet @myheroistrane 8 hours ago
RT @GLBDallaghan: Final Thoughts: Fostering a growth mindset really strikes me as coaching individuals. Role modeling helps, but there are...

Jodi Dragon @jodiorvisdragon 8 hours ago
RT @BarbyIngle: T3. The 'teachers' need to be role models for growth mindset learning by Getting to know their students, Use a variety of s...
Jodi Dragon @jodiorvisdragon 8 hours ago
RT @BarbyIngle: T2. I have had teachers who didnt believe I could grow & achieve. If I didnt have my internal drive to survive & learn... t...

MedEd Chat @mededchat 8 hours ago
PLEASE NOTE: There will be no #meded chat next week (3/22/18). We'll pick back up on 3/29/18!

MedEd Chat @mededchat 8 hours ago
The #meded chat (US/NAm) archive will be available tomorrow at https://t.co/mJivoK9NyX on the Resources page.

Jodi Dragon @jodiorvisdragon 8 hours ago
RT @BarbyIngle: T1 cont. I overcome & push forward using an internal drive. I have failed so many times I am not afraid to mess up. If I do...

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Jodi Dragon @jodiorvisdragon 8 hours ago
RT @BarbyIngle: I'm @BarbyIngle, #CheerleaderofHOPE, #HealtheVoices18 Advisory Panel, and have published 9 books on living with chronic dis...

Joannie Yeh MD @betamomma 8 hours ago
T2: I'm still trying to figure out the conclusion of this two part study. So far it seems to confirm that a teacher's mind set does influence the students' performance. Samples sizes tho were small, 11-63. #meded https://t.co/JqMe7Rxydq