

List of links shared during the chat:

- <http://www.tandfonline.com/doi/full/10.3109/0142159X.2014.970987>
- <https://link.springer.com/article/10.1080/10705500802222972>
- <https://www.ncbi.nlm.nih.gov/pubmed/26695473/>
- <https://www.ncbi.nlm.nih.gov/pubmed/27630130>
- <https://www.ncbi.nlm.nih.gov/pubmed/25881650>
- <https://nam.edu/initiatives/clinician-resilience-and-well-being/#publications>
- [https://www.acgme.org/Portals/0/PFAssets/ReviewandComment/CPR\\_SectionVI\\_ImpactStatement.pdf](https://www.acgme.org/Portals/0/PFAssets/ReviewandComment/CPR_SectionVI_ImpactStatement.pdf)
- <http://www.brownmedicinemagazine.org/blog/article/power-of-the-pen/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2881974/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5344049/>
- [https://journals.lww.com/academicmedicine/Abstract/publishahead/Restoring\\_Faculty\\_Vitality\\_in\\_Academic\\_Medicine.98044.aspx](https://journals.lww.com/academicmedicine/Abstract/publishahead/Restoring_Faculty_Vitality_in_Academic_Medicine.98044.aspx)



**MedEd Chat** @mededchat9 hours ago

Welcome to the Medical Education chat (US) I am your moderator for the next hour, @alliance4clined #meded



**MedEd Chat** @mededchat9 hours ago

The topic & questions will be announced in a moment...for now, please introduce yourselves #meded



**Gary Beck Dallaghan** @glbdallaghan9 hours ago

@MedEdChat #meded Gary here in Omaha



**Jamee Walters, MD** @jamee\_walters9 hours ago

@MedEdChat #meded pediatric hospitalist in Orlando.



**MedEd Chat** @mededchat9 hours ago

@jamee\_walters Welcome to the chat #Meded



**MedEd Chat** @mededchat9 hours ago

If you are tuning in to the #meded chat, remember to use the #meded hashtag and try to answer with the Topic numbers (T1, T2, T3)



**Mark Ryan** @richmonddoc9 hours ago

Mark, family doc in #RVA; teach med students in pre-clinical and clinical settings. Hello, all! #meded



**Marty Muntz** @mmteacherdoc9 hours ago

Marty from @MedicalCollege of Wisconsin waiting for snowmageddon here in Milwaukee #meded



**Stephanie Starr** @stephrstarr9 hours ago

@GLBDallaghan @MedEdChat Hi Gary-here-in-Omaha! Steph in MN #MedEd



**MedEd Chat** @mededchat9 hours ago

@RichmondDoc Welcome! #meded



**MedEd Chat** @mededchat9 hours ago

We will assume that all of your tweets are your own during this hour unless otherwise stated #meded



**Stephanie Starr** @stephrstarr9 hours ago

@mmteacherdoc @MedicalCollege Hi Marty! #MedEd



**Gary Beck Dallaghan** @glbdallaghan9 hours ago

@mmteacherdoc @MedicalCollege Glad to see you on tonight, Marty! #meded



**MedEd Chat** @mededchat9 hours ago

Topic 1: What factors contribute to #medstudent depression? #meded



**Mark Ryan** @richmonddoc9 hours ago

@MedEdChat T1 Workload, pace of study, loss of usual support systems, disruption in healthy habits, stress! #meded



**Alliance4ClinEd** @alliance4clined9 hours ago

T1 #meded What factors contribute to medical student depression? Are there different factors for pre-clinical vs required clinical experiences? @COMSEPediatrics@Surg\_Education @AAIMOnline @apgonews @STFM\_FM @CDEMfaculty



**Mark Ryan** @richmonddoc9 hours ago

T1 12 hour study days over many months, with a sense of high stakes if any missteps along the way. #meded



**Gary Beck Dallaghan** @glbdallaghan9 hours ago

@MedEdChat T1 #meded It seems the heavy work load #medstudents experience in year 1 is a big factor. Results in little time to have a life.



**Marty Muntz** @mmteacherdoc9 hours ago

T1 - lots. #meded



**MedEd Chat** @mededchat9 hours ago

RT @Alliance4ClinEd: T1 #meded What factors contribute to medical student depression? Are there different factors for pre-clinical vs requi...



**Jake Prunuske** @jprunuske9 hours ago

RT @JournalofGME: 10 practical assessment pearls for competency-based medical education that reflect an evidence-based foundation #meded #G...



**Mark Ryan** @richmonddoc9 hours ago

T1 We've heard from students who no longer feel they have time for exercise, rest, recreation, connecting w/ friends/family. #meded



**Mark Ryan** @richmonddoc9 hours ago

T1 All of this complicated further by the use of occasional, but perceived high-stakes assessments (e.g. Step 1, Step 2). #meded



**Marty Muntz** @mmteacherdoc9 hours ago

T1- loss of connections sense of purpose that brought them to med school. #meded



**Mark Ryan** @richmonddoc9 hours ago

RT @mmteacherdoc: T1- loss of connections sense of purpose that brought them to med school. #meded



**Gary Beck Dallaghan** @glbdallaghan9 hours ago

@Alliance4ClinEd @COMSEPediatrics @Surg\_Education @AAIMOnline @apgonews @STFM\_FM @CDEMfaculty T1 #meded I see #medstudents perk up more during the clinical years. Some have had issues and I wonder if it relates to uncertainty of their career choices or opportunities or both



**Abhay Dandekar** @abhaydandekar9 hours ago

@Alliance4ClinEd @COMSEPediatrics @Surg\_Education @AAIMOnline @apgonews @STFM\_FM @CDEMfaculty T1: #Medstudent Depersonalization, poor sense of autonomy, and stagnation of the pace of achievement all leading to the the single most important factor: isolation #meded



**Jake Prunuske** @jprunuske9 hours ago

t1 - loss of control; loss of autonomy; loss of relatedness... all play significant roles #meded



**Jake Prunuske** @jprunuske 9 hours ago  
t1 - high stakes without high value #meded <https://t.co/fDS11hslI9>



**MedEd Chat** @mededchat 9 hours ago  
[@RichmondDoc](#) T1 #meded Do you think a pass/fail system lessens the stress?



**Jake Prunuske** @jprunuske 9 hours ago  
RT [@RichmondDoc](#): T1 We've heard from students who no longer feel they have time for exercise, rest, recreation, connecting w/ friends/famil...



**Mark Ryan** @richmonddoc 9 hours ago  
[@GLBDallaghan](#) [@Alliance4ClinEd](#) [@COMSEPediatrics](#) [@Surg\\_Education](#) [@AAIMOnline](#) [@apgonews](#) [@STFM\\_FM](#) [@CDEMfaculty](#) #MedEd I think connecting to clinical work can help. However--research showing that empathy \*decreases\* during clinical years shows that connections to pts are not enough.



**Mark Ryan** @richmonddoc 9 hours ago  
RT [@jprunuske](#): t1 - high stakes without high value #meded <https://t.co/fDS11hslI9>



**Mark Ryan** @richmonddoc 9 hours ago  
RT [@jprunuske](#): t1 - loss of control; loss of autonomy; loss of relatedness... all play significant roles #meded



**Lisa Davis Budzinski** @lisadbudzinski 9 hours ago  
RT [@Alliance4ClinEd](#): T1 #meded What factors contribute to medical student depression? Are there different factors for pre-clinical vs requi...



**Lisa Davis Budzinski** @lisadbudzinski 9 hours ago  
RT [@MedEdChat](#): Topic 1: What factors contribute to #medstudent depression? #meded



**Dale Chu** @dale\_chu 9 hours ago  
HAPPENING NOW: [@MedEdChat](#) moderating a discussion on depression among medical students. Follow along at #meded!



**Marty Muntz** @mmteacherdoc 9 hours ago  
T1- the hidden curriculum - incongruity between their role models' actions and what they learn about professional ideals in class. #meded



**Mark Ryan** @richmonddoc 9 hours ago  
[@MedEdChat](#) Some data (St. Louis?) suggests it does. Hasn't actually been the case in our school. #meded



**Lakshman Swamy** @laxswamy9 hours ago

@MedEdChat We published a paper that touched on how broken systems lead students to develop cynicism and, basically, burnout. So yes, the medicine is hard, but the broken system may be just as bad. #meded <https://t.co/7kAby2ULP7>



**Jake Prunuske** @jprunuske9 hours ago

t1: need to bring the practice of medicine (and medical education) back in line with values; lead by example, not volume. #authentic #leadership #burnoutprevention#meded



**Alliance4ClinEd** @alliance4clined9 hours ago

RT @mmteacherdoc: T1- the hidden curriculum - incongruity between their role models' actions and what they learn about professional ideals...



**Stephanie Starr** @stephrstarr9 hours ago

@MedEdChat @RichmondDoc That was our experience #MedEd @dyrbye



**Mark Ryan** @richmonddoc9 hours ago

@MedEdChat Some faculty have suggested pass/fail makes it worse: more emphasis on Step 1 scores as a cut-off to eval students. #meded



**Alliance4ClinEd** @alliance4clined9 hours ago

T1 #meded What about a sense of doubt (or imposter syndrome) that they shouldn't even be in medical school? <https://t.co/k7pf6WRXFn>



**Jake Prunuske** @jprunuske9 hours ago

T1 pass/fail if truly that, may help; but often not really pass fail; e.g. students still get ranked for #MSPE. #meded <https://t.co/HbZy4WfJif>



**Jake Prunuske** @jprunuske9 hours ago

RT @mmteacherdoc: T1- the hidden curriculum - incongruity between their role models' actions and what they learn about professional ideals...



**Mark Ryan** @richmonddoc9 hours ago

@Alliance4ClinEd This might be coupled with students who have been high-performing students no longer being top of the class? #meded



**Michelle Vermillion** @vermillionml9 hours ago

RT @myheroistrane: Final thought: culture is not some big monolith that needs to be toppled. Rather, it is created and recreated in each li...



**MedEd Chat** @mededchat9 hours ago

RT @laxswamy: @MedEdChat We published a paper that touched on how broken systems lead students to develop cynicism and, basically, burnout....



**Jake Prunuske** @jprunuske9 hours ago

RT @laxswamy: @MedEdChat We published a paper that touched on how broken systems lead students to develop cynicism and, basically, burnout....



**Lakshman Swamy** @laxswamy9 hours ago

@MedEdChat @RichmondDoc It may lessen stress, but it is somewhat artificial- they all know it it is ultimately competitive. In my experience w residency admissions, most students seem to end up ranked one way or another. #meded



**Mark Ryan** @richmonddoc9 hours ago

T1 We've asked students about wellness/self-care plans. Most report feeling no time to practice self-care (exercise, diet, etc.). #meded



**MedEd Chat** @mededchat9 hours ago

@RichmondDoc T1 #meded So then should we #MakeUSMLEPassFail ? @myheroistrane would be all in favor of that!



**Jake Prunuske** @jprunuske9 hours ago

T1: It may be better when #USMLE step 1 becomes pass/fail. Forces residencies to choose applicants based on things that really matter. like #competencies beyond just medical knowledge. #meded <https://t.co/eriYUrhik>



**Marty Muntz** @mmteacherdoc9 hours ago

@GLBDallaghan @Alliance4ClinEd @COMSEPediatrics @Surg\_Education @AAIMOnline @apgonews @STFM\_FM @CDEMfaculty #meded I do think that some students find their tribe & seem happier. But hard to be sure. Students are really good at putting on a brave face.



**Stephanie Starr** @stephrstarr9 hours ago

#MedEd @dyrbye



**Mark Ryan** @richmonddoc9 hours ago

.@MedEdChat For students seeking competitive specialties; if all grades P/F, then Step scores become a key metric for residencies. #meded



**Hedy Wald** @hedy\_wald9 hours ago

RT @Alliance4ClinEd: T1 #meded What about a sense of doubt (or imposter syndrome) that they shouldn't even be in medical school? <https://t...>



**Mark Ryan** @richmonddoc9 hours ago

@MedEdChat Perhaps we should consider whether USMLE 1/2 actually predict/mean anything much at all...? @myheroistrane #meded



**Mark Ryan** @richmonddoc9 hours ago

@MedEdChat My understanding: Step 1 predicts ability to pass shelf exams which predict ability to pass Step 2... @myheroistrane #meded



**Jake Prunuske** @jprunuske9 hours ago

RT @MedEdChat: @RichmondDoc T1 #meded So then should we #MakeUSMLEPassFail ? @myheroistrane would be all in favor of that!



**Mark Ryan** @richmonddoc9 hours ago

...but that none of these actually predict very much if anything about your ability to be a doctor. @MedEdChat @myheroistrane #meded



**Hedy Wald** @hedy\_wald 8 hours ago

"competency is not enough" (Jarvis-Selinger et al 2012) #meded #professionalidentityformation #strengths #values #leadership #burnoutprevention <https://t.co/rvANRfFHY>



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

@RichmondDoc @MedEdChat @myheroistrane T1 #meded The frightening thing is that if the program directors don't have #USMLE they will find another arbitrary metric. Not sure what could be done....



**Mark Ryan** @richmonddoc 8 hours ago

@laxswamy @MedEdChat #MedEd We've gone P/F and eliminated class ranks...\*still\* don't see much improvement in stress levels or sx's of depression.



**Lakshman Swamy** @laxswamy 8 hours ago

@Alliance4ClinEd @hedy\_wald It isn't surprising at all -- what is unfortunately true is that imposter syndrome will only continue and be exaggerated through all levels of training. We shouldn't expect students to have significantly different experiences than our own, after all. #MedEd



**Mark Ryan** @richmonddoc 8 hours ago

RT @jprunuske: T1: It may be better when #USMLE step 1 becomes pass/fail. Forces residencies to choose applicants based on things that rea...



**Jake Prunuske** @jprunuske 8 hours ago

T1: #flaw; why are competitive specialties competitive? for whom? to what benefit? Surely no sub specialists ever deal with depression ... #mythsinmedicine#specialtiesarebetter #meded <https://t.co/ozhz5N3RWx>



**Hedy Wald** @hedy\_wald 8 hours ago

RT @RichmondDoc: @GLBDallaghan @Alliance4ClinEd @COMSEPediatrics @Surg\_Education @AAIMOnline @apgonews @STFM\_FM @CDEMfaculty #MedEd I think...



**Jake Prunuske** @jprunuske 8 hours ago

RT @RichmondDoc: @MedEdChat Perhaps we should consider whether USMLE 1/2 actually predict/mean anything much at all...? @myheroistrane #me...



**Mark Ryan** @richmonddoc 8 hours ago

@jprunuske #MedEd I do think a P/F USMLE regimen would seem to make things better...but will be heavily dependent on residencies doing the hard work of holistic evaluation.



**Alliance4ClinEd** @alliance4clined 8 hours ago

@GLBDallaghan @RichmondDoc @MedEdChat @myheroistrane T1 #meded We hit on some of this in a chat last month. Transcript is here: <https://t.co/OrMBXB9s3v>



**Kristina Dzara, PhD** @kristinadzara 8 hours ago

RT @Dale\_Chui: HAPPENING NOW: @MedEdChat moderating a discussion on depression among medical students. Follow along at #meded!



**Mark Ryan** @richmonddoc 8 hours ago

RT @GLBDallaghan: @RichmondDoc @MedEdChat @myheroistrane T1 #meded The frightening thing is that if the program directors don't have #USMLE...



**Mark Ryan** @richmonddoc8 hours ago

RT @laxswamy: @MedEdChat We published a paper that touched on how broken systems lead students to develop cynicism and, basically, burnout...



**Marty Muntz** @mmteacherdoc8 hours ago

@RichmondDoc @MedEdChat But we're fooling ourselves if we think pre-clerkship grades matter in any meaningful way to most program directors. USMLE step 1 is king for screening applications #meded



**MedEd Chat** @mededchat8 hours ago

@laxswamy @Alliance4ClinEd @hedy\_wald T1 #meded But do #medstudents have the skills to navigate those doubts and fears?



**Lakshman Swamy** @laxswamy8 hours ago

@MedEdChat @Alliance4ClinEd @hedy\_wald do we? #meded



**arclight** @arclight8 hours ago

Curious if there are analogies to engineering here <https://t.co/wryTm6Z2rr>



**Mark Ryan** @richmonddoc8 hours ago

#MedEd <https://t.co/SIkyDTINFN>



**Jake Prunuske** @jprunuske8 hours ago

t1: why not integrate healthy lifestyles into school? time each day for working out; time each day for healthy eating; time each day to study etc... #meded



**Hedy Wald** @hedy\_wald8 hours ago

Prevailing notion of empathy decrease in med school has been challenged - it seems to be more complex, scales may not capture this -my students tend to disagree with this formulation See "reconsidering decline in empathy" Roff 2015) #meded <https://t.co/vmHg3Dbblj>



**Mark Ryan** @richmonddoc8 hours ago

@MedEdChat @laxswamy @Alliance4ClinEd @hedy\_wald I would imagine many don't. If true: how well do we support their development? #meded



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@jprunuske T1 #meded We attempted that in our new curriculum and we've not found a sweet spot of successful implementation yet.



**Mark Ryan** @richmonddoc8 hours ago

@hedy\_wald Thanks--will review! #MedEd



**Petra Dolman** @petradmd8 hours ago

RT @ahmerkarimuddin: Friendship and Peership during training in medicine and surgery has one most important purpose: a safe space for refle...



**Lakshman Swamy** @laxswamy8 hours ago

@MedEdChat @Alliance4ClinEd @hedy\_wald Not trying to be clever here, but it is a continuum. We try to create an ideal environment for them - I do every day - but in the end, their experience will be the same as ours. Shielding or training them is less helpful than fixing the systems in which they'll work. #meded



**MedEd Chat** @mededchat8 hours ago

Topic 2: Based on contributing factors from Topic 1, what sort of interventions can be used to ameliorate depression? #meded



**Mark Ryan** @richmonddoc8 hours ago

@mmteacherdoc @MedEdChat That's the concern: that a tool with little value is being endowed w/ great importance, and driving student behaviors in ways that are dysfunctional, and may be harmful. #MedEd



**Alliance4ClinEd** @alliance4clined8 hours ago

T2 What can we in #meded do to help #medstudents navigate these factors associated with depression? @BJBRoman @DrHowardLiu @MindfulPhD@\_Roberts\_Laura



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@MedEdChat T2 #meded @jprunuske has it right. We need to build in time for healthy living. Set aside time for wellness that is unstructured so #medstudents can do what is healthy for them!



**MedEd Chat** @mededchat8 hours ago

RT @GLBDallaghan: @MedEdChat T2 #meded @jprunuske has it right. We need to build in time for healthy living. Set aside time for wellness th...



**Hedy Wald** @hedy\_wald8 hours ago

Can we think abt reasonable expectatns&expected levels of "stress" in med school?-part of blding coping...may B able2exercise 1 wk but not another, etc Prepare self4tough study weeks, etc. but within reasonable learning env. Good2have peer resilience role models4support #meded <https://t.co/R07lvBzVvj>



**Mark Ryan** @richmonddoc8 hours ago

@MedEdChat #MedEd Need to address multiple issues: how residencies eval applicants. How students are assessed in meaningful ways. Reviewing med school curricula to see if we can better focus teaching efforts on high-value content.



**Jamee Walters, MD** @jamee\_walters8 hours ago

@MedEdChat T2: more support for students. Decreasing stigma. Finding ways to make med school more affordable. My loans still depress me. Med students work and get abused so much 3rd and 4th year. The cost should be lower since they are working. #Meded



**Mark Ryan** @richmonddoc8 hours ago

(T2: when was the last time you used your intro Biochem or Immunology in patient care? How in-depth do we need to teach these?) #meded



**Lakshman Swamy** @laxswamy8 hours ago

@GLBDallaghan @MedEdChat @jprunuske if you gave me this time, I'd study or find some kind of research to do, because it is ultimately competitive and someone else will use that time in such a way. #MedEd



**Mark Ryan** @richmonddoc 8 hours ago

RT @GLBDallaghan: @MedEdChat T2 #meded @jprunuske has it right. We need to build in time for healthy living. Set aside time for wellness th...



**Alliance4ClinEd** @alliance4clined 8 hours ago

T2 #meded This is where there is a difference with preclinical education. The learning environment can be a huge factor in 3rd & 4th years. How can clerkship directors influence that? <https://t.co/7pNtcUt099>



**Marty Muntz** @mmteacherdoc 8 hours ago

@RichmondDoc @MedEdChat Agreed. That's what I'm saying. Transition to P/F doesn't "do" anything to the step 1 importance because the preclerkship grades are already basically meaningless to PDs. #meded



**Hedy Wald** @hedy\_wald 8 hours ago

We cannot create ideal environments. We can strive to create reasonable learning environments. We cannot erase "stress." We can work2help fix systems& we should...& we can try2inspire their advocacy but that is a long-range plan. #meded <https://t.co/qX697ly8Y6>



**Mark Ryan** @richmonddoc 8 hours ago

T2 We can encourage our institutions to take a holistic view of student wellness: not just more free time (often becomes study time), but to change how we guide students in their studying and in setting priorities. #MedEd



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

@RichmondDoc T2 #meded Oh snap! :)



**Mark Ryan** @richmonddoc 8 hours ago

#MedEd Some of our med students have shown me their Step 1 study plans: 6 weeks. 1/2 day off each week. Specific content to study each and every day. I don't see how they can do it w/o burnout.



**Alliance4ClinEd** @alliance4clined 8 hours ago

@MedEdChat T2 #meded Should we evaluate #medstudent resilience? <https://t.co/65SmXPmwws>



**Jake Prunuske** @jprunuske 8 hours ago

RT @RichmondDoc: (T2: when was the last time you used your intro Biochem or Immunology in patient care? How in-depth do we need to teach th...



**Jake Prunuske** @jprunuske 8 hours ago

RT @jamee\_walters: @MedEdChat T2: more support for students. Decreasing stigma. Finding ways to make med school more affordable. My loans s...



**MedEd Chat** @mededchat 8 hours ago

RT @RichmondDoc: T2 We can encourage our institutions to take a holistic view of student wellness: not just more free time (often becomes s...



**MedEd Chat** @mededchat8 hours ago

RT @laxswamy: @MedEdChat @Alliance4ClinEd @hedy\_wald Not trying to be clever here, but it is a continuum. We try to create an ideal environ...



**Jake Prunuske** @jprunuske8 hours ago

RT @GLBDallaghan: @MedEdChat T2 #meded @jprunuske has it right. We need to build in time for healthy living. Set aside time for wellness th...



**Hedy Wald** @hedy\_wald8 hours ago

It is imposter experience not "syndrome"-as a clinl psychologist & med; educator I am concerned about overpathologizing...we need to be clear on what is #burnout & what is #depression, may B overlap but not the same. Can be transient burnout, need2teach skills4resilience <https://t.co/rvJHoDESCi>



**Marty Muntz** @mmteacherdoc8 hours ago

This is the key point. The clinical learning environment is sick. Culture change is hard but but really needed. We can do better. #meded <https://t.co/lsLOJEyfAG>



**Jake Prunuske** @jprunuske8 hours ago

RT @Alliance4ClinEd: T2 What can we in #meded do to help #medstudents navigate these factors associated with depression? @BJBRoman @DrHowar...



**Lakshman Swamy** @laxswamy8 hours ago

@hedy\_wald Completely agree, but we should be more honest with our students-- they see through the charade. We should definitely give them the space and time to learn as they need, and the best clinical experiences they can get. #meded



**Mark Ryan** @richmonddoc8 hours ago

@GLBDallaghan T2 #MedEd do we really need (in many cases) 1-2 semesters of teaching basic science content which will not directly impact future practice? What is the minimum necessary understanding of this content which has value--focus there, perhaps?



**Jake Prunuske** @jprunuske8 hours ago

We need to advocate within our institutions. How easy is it for a student to get a day off during clerkship? #meded <https://t.co/1VOxNHyeC5>



**Hedy Wald** @hedy\_wald8 hours ago

MayB can help students understand there is a devl progression within training and that "imposter" feelings may B experienced even at residency & beyond -see students' voices on PIF <https://t.co/cxQpl0ckUS> #meded



**Paul Haidet** @myheroistrane8 hours ago

Joining late; can't believe I was missing this chat! #meded



**Deb Simpson** @debsimpson38 hours ago

T2 #MedEd time = prioritization. If given more time question is what will students do? Study more or do the things that bring meaning/purpose with colleagues, since of autonomy/control and competence? #JGME #4welldocs @AuroraMedEd <https://t.co/jZitzctF3D>



**Mark Ryan** @richmonddoc 8 hours ago

@Alliance4ClinEd T2 #MedEd In M3/M4 we need to encourage our schools to address the hidden curriculum, and behaviors from teachers that add to student stress. What is the current rate of med student mistreatment? And how much behavior doesn't meet that threshold, but is a problem?



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

@laxswamy @hedy\_wald T2 #meded So this relates to the #HMICChat discussion last night about the trustworthiness of medical educators. Does transparency and trustworthiness of faculty help #medstudents feel connected and cared for in school?



**MedEd Chat** @mededchat 8 hours ago

RT @RichmondDoc: @Alliance4ClinEd T2 #MedEd In M3/M4 we need to encourage our schools to address the hidden curriculum, and behaviors from...



**Mark Ryan** @richmonddoc 8 hours ago

@debsimpson3 @AuroraMedEd T2 I would hope that if we re-focus expectations away from exam scores, and towards higher-value and meaningful assessments, then maybe space and time opens up in the schedule to allow more down time. #MedEd



**Jake Prunuske** @jprunuske 8 hours ago

T2: trust students to learn, inspire them to learn. They arrive curious, #MedEd schools beat it out of them and teach study to boards & match. Allow true #selfdirectedlearning



**Mark Ryan** @richmonddoc 8 hours ago

RT @laxswamy: @MedEdChat @Alliance4ClinEd @hedy\_wald Not trying to be clever here, but it is a continuum. We try to create an ideal environ...



**Lakshman Swamy** @laxswamy 8 hours ago

@GLBDallaghan @hedy\_wald Medical students are savvy. It doesn't take long for them to see through charades. The opposite is also true-- in my experience, they flock to authenticity (but not cynicism). #meded



**Mark Ryan** @richmonddoc 8 hours ago

@laxswamy @MedEdChat @Alliance4ClinEd @hedy\_wald T2 I agree: "Culture eats strategy for lunch." We can have plans, but at the end of the day, we need our systems where we work and where are students learn to focus on human wellness. #MedEd



**Jake Prunuske** @jprunuske 8 hours ago

RT @debsimpson3: T2 #MedEd time = prioritization. If given more time question is what will students do? Study more or do the things that b...



**Jake Prunuske** @jprunuske 8 hours ago

RT @RichmondDoc: @Alliance4ClinEd T2 #MedEd In M3/M4 we need to encourage our schools to address the hidden curriculum, and behaviors from...



**Mark Ryan** @richmonddoc 8 hours ago

RT @jprunuske: T2: trust students to learn, inspire them to learn. They arrive curious, #MedEd schools beat it out of them and teach study...



**Jamee Walters, MD** @jamee\_walters8 hours ago

@laxswamy @MedEdChat @Alliance4ClinEd @hedy\_wald That is true. We need to work to fix the healthcare system bc no matter how much we help them in med school, as an attending, the system is still contributing to burnout #meded



**MedEd Chat** @mededchat8 hours ago

RT @hedy\_wald: MayB can help students understand there is a devl progression within training and that "imposter" feelings may B experienced...



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @RichmondDoc: @Alliance4ClinEd T2 #MedEd In M3/M4 we need to encourage our schools to address the hidden curriculum, and behaviors from...



**Deb Simpson** @debsimpson38 hours ago

@RichmondDoc @Alliance4ClinEd T2 #meded - puzzling all discussion is about what do for students and curriculum - what about #faculty and their well being as live and create the environment = #Wellbeing



**Hedy Wald** @hedy\_wald8 hours ago

agree @RichmondDoc it's not just abt a yoga session or potluck dinner, actually need resilience/stress management skills in pre-med years but can do this in med school along w/time management skills&help faculty by supporting faculty needs! It's a ripple effect of good feelings <https://t.co/C2YUYRbQrK>



**Paul Haidet** @myheroistrane8 hours ago

Ok I totally agree with #MakeUSMLEPassFail. Let's try this one, too: what if all course directors coordinated w/ each other so that daily assigned work could actually be completed by the average student. Then students wouldn't have to guess or triage. #meded



**Jake Prunuske** @jprunuske8 hours ago

@RichmondDoc so true! Need system redesign. Clinic and hospital built around education and patient care, not one at the expense of the other... #MedEd<https://t.co/9WI0MfVqBq>



**Paul Haidet** @myheroistrane8 hours ago

RT @jprunuske: T2: trust students to learn, inspire them to learn. They arrive curious, #MedEd schools beat it out of them and teach study...



**Marty Muntz** @mmteacherdoc8 hours ago

T2 - wellness is complex. Can't "resiliency our way out of the problem. Nice model here. Many potential targets for improvement. #meded <https://t.co/6BxWajvzMh><https://t.co/IFybQyh7oc>



**Alliance4ClinEd** @alliance4clined8 hours ago

@debsimpson3 @RichmondDoc T2 #meded This is the hot question right now. We are focusing on #medstudent wellness, but overlook faculty wellness. How can the system be changed to help all health care providers?



**Paul Haidet** @myheroistrane8 hours ago

RT @RichmondDoc: @debsimpson3 @AuroraMedEd T2 I would hope that if we re-focus expectations away from exam scores, and towards higher-value...



**Lakshman Swamy** @laxswamy8 hours ago

@Rjmdphilly @GLBDallaghan @MedEdChat @jprunuske Well, I think there is solid reasoning in "protecting" the students -- to a degree. We do need to be honest with them without being cynical, which is rare. #meded



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @mmteacherdoc: T2 - wellness is complex. Can't "resiliency our way out of the problem. Nice model here. Many potential targets for impro...



**MedEd Chat** @mededchat8 hours ago

RT @mmteacherdoc: T2 - wellness is complex. Can't "resiliency our way out of the problem. Nice model here. Many potential targets for impro...



**Mark Ryan** @richmonddoc8 hours ago

@debsimpson3 @Alliance4ClinEd T2 Not an either/or proposition, I think. So you're right--considering the environment for teachers is important, too. #MedEd



**Mark Ryan** @richmonddoc8 hours ago

RT @jprunuske: @RichmondDoc so true! Need system redesign. Clinic and hospital built around education and patient care, not one at the ex...



**MedEd Chat** @mededchat8 hours ago

RT @jprunuske: @RichmondDoc so true! Need system redesign. Clinic and hospital built around education and patient care, not one at the ex...



**Jake Prunuske** @jprunuske8 hours ago

Faculty read at 150 words/min, students at 50 as much more cognitive load. #reasonableexpectations in #MedED <https://t.co/5mC5rPSueJ>



**MedEd Chat** @mededchat8 hours ago

RT @myheroistrane: Ok I totally agree with #MakeUSMLEPassFail. Let's try this one, too: what if all course directors coordinated w/ each...



**Paul Haidet** @myheroistrane8 hours ago

It totally does. The #teacher - #student relationship is as important as the patient-doctor one. #meded <https://t.co/KWJfvVCqwQ>



**Mark Ryan** @richmonddoc8 hours ago

@jprunuske #MedEd This presumes that we have health systems that value education and teaching on par with clinical work. If in an RVU-based comp plan that does not value teaching, then many good teachers will find themselves focused on RVU-generating work.



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

@myheroistrane @MedEdChat T2 #meded You mean communicate and have an organized and integrated curriculum?!? Surely you jest!



**Paul Haidet** @myheroistrane 8 hours ago

RT @laxswamy: @GLBDallaghan @hedy\_wald Medical students are savvy. It doesn't take long for them to see through charades. The opposite is a...



**MedEd Chat** @mededchat 8 hours ago

RT @RichmondDoc: @jprunuske #MedEd This presumes that we have health systems that value education and teaching on par with clinical work. I...



**Mark Ryan** @richmonddoc 8 hours ago

RT @myheroistrane: Ok I totally agree with #MakeUSMLEPassFail. Let's try this one, too: what if all course directors coordinated w/ each...



**Marty Muntz** @mmteacherdoc 8 hours ago

All participants in the clinical learning environment feel its effects for sure. Students, faculty, residents, nurses, patients, etc. #meded <https://t.co/VKVy0xjFNw>



**Hedy Wald** @hedy\_wald 8 hours ago

Guided reflective writing & other humanities endeavors can be helpful w/ recognizing one's strengths & triumphs in clinical work along the way, connecting authentically w/ faculty & receiving formative feedback, need feedback #meded



**Alliance4ClinEd** @alliance4clined 8 hours ago

RT @mmteacherdoc: All participants in the clinical learning environment feel its effects for sure. Students, faculty, residents, nurses, pa...



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

RT @mmteacherdoc: All participants in the clinical learning environment feel its effects for sure. Students, faculty, residents, nurses, pa...



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

RT @laxswamy: @GLBDallaghan @hedy\_wald Medical students are savvy. It doesn't take long for them to see through charades. The opposite is a...



**Mark Ryan** @richmonddoc 8 hours ago

@myheroistrane @MedEdChat #MedEd and what if med student assessments focused on meaningful learning tasks and high-value skills/knowledge, and not faculty areas of research focus or particular niche expertise?



**Paul Haidet** @myheroistrane 8 hours ago

RT @jprunuske: Faculty read at 150 words/min, students at 50 as much more cognitive load. #reasonableexpectations in #MedED <https://t.co/5...>



**MedEd Chat** @mededchat 8 hours ago

Topic 3: For those factors stemming directly from the medical school experience, what should the school do? #meded #medstudent



**Mark Ryan** @richmonddoc 8 hours ago

RT @mmteacherdoc: T2 - wellness is complex. Can't "resiliency our way out of the problem. Nice model here. Many potential targets for impro...



**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

@hedy\_wald T2 #meded Key to this is formative feedback. We've had some reflective writing in our new curriculum with little or no feedback offered. That has to change.



**Paul Haidet** @myheroistrane 8 hours ago

@GLBDallaghan @MedEdChat Heresy, eh? #meded



**Alliance4ClinEd** @alliance4clined 8 hours ago

T3 If there are issues affecting students directly related to #medschool, how can we influence the learning environment for a healthier #medstudent? #meded@BJBRoman @DrHowardLiu @\_Roberts\_Laura @COMSEPediatrics @Surg\_Education @AAIMOnline @CDEMfaculty @apgonews @STFM\_FM



**MedEd Chat** @mededchat 8 hours ago

RT @hedy\_wald: Guided reflective writing & other humanities endeavors can be helpful w/recognizing one's strengths&triumphs in clinl wrk alo...



**Mark Ryan** @richmonddoc 8 hours ago

#MedEd I think that focusing on students here is in part b/c as faculty, we have some additional flexibility in our schedules and additional resources (time, \$) to get away from stress--at least from time to time (1/2).



**Mark Ryan** @richmonddoc 8 hours ago

#MedEd (2/2) This is NOT to say that the systems in which we work/teach are flawless: major changes are needed. But students are more vulnerable, perhaps, or more at-risk than faculty are?



**Marty Muntz** @mmteacherdoc 8 hours ago

How easy is it to get a same-day appt with a counselor/psychologist? As a recovering clerkship director, I would say this is much harder than getting a day off. #meded <https://t.co/V8QCTiqf8p>



**Mark Ryan** @richmonddoc8 hours ago

@jamee\_walters @MedEdChat @jprunuske When I chose to focus on teaching vs. clinic, my workload did not decrease, my at-home work increased, and my salary dropped. Incentives and priorities seem clear. #MedEd



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@Alliance4ClinEd @BJBRoman @DrHowardLiu @\_Roberts\_Laura @COMSEPediatrics @Surg\_Education @AAI MOnline @CDEMfaculty @apgonews @STFM\_FM T3 #meded I have struggled with this in having to resolve student mistreatment at my institution. It's not easy to do because I have to pull out my dean title to get any forward motion.



**Mark Ryan** @richmonddoc8 hours ago

RT @hedy\_wald: Guided reflective writing & other humanities endeavors can be helpful w/recognizing one's strengths&triumphs in clinl wrk alo...



**Hedy Wald** @hedy\_wald8 hours ago

Let's discuss @GLBDallaghan It's my scholarship & my passion! #meded <https://t.co/jsmbOdnfDc>



**MedEd Chat** @mededchat8 hours ago

RT @mmteacherdoc: How easy is it to get a same-day appt with a counselor/psychologist? As a recovering clerkship director, I would say this...



**Jamee Walters, MD** @jamee\_walters8 hours ago

@MedEdChat #meded giving faculty the time to teach. We are professors yet in the clinical world, we don't get any time. So the students suffer. Also, think about redesigning 1st year. It's so redundant from the pre-reqs in college. #meded.



**Mark Ryan** @richmonddoc8 hours ago

@hedy\_wald @MedEdChat #MedEd Reading our students' assignments where they considered self-care activities and then wrote about the barriers they faced in making that happen has been one of the more difficult assignments to grade. So bleak.



**Abhay Dandekar** @abhaydandekar8 hours ago

@MedEdChat T3: create a culture where vulnerability is openly shared, learning communities cultivate shared experiences to minimize isolation, and recognize the need to create time and space for reflection and resilience for #medstudents #meded



**Deb Simpson** @debsimpson38 hours ago

@MedEdChat #Meded Many models to think about individual and system issues - the new @theNAMedicine graphic may provide a common vocabulary for how to discuss both as a "yes and..." that crosses all players in clinical learning environment. #JGME @AuroraMedEd #4welldocs <https://t.co/M1PjxoEAYn>



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**Mark Ryan** @richmonddoc8 hours ago

@hedy\_wald @MedEdChat (But, despite the value of what you describe, many students push back against doing this work: "not on Step 1", "waste of time".) #MedEd



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**Marty Muntz** @mmteacherdoc8 hours ago

@hedy\_wald @GLBDallaghan I'd love to chat about this also!!! #meded



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**Jamee Walters, MD** @jamee\_walters8 hours ago

Yes! Teaching is a full time job in college and the primary years. But for some reason we are supposed to fit it in with a full-time clinical job. #meded<https://t.co/5urs31E18S>



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**Mark Ryan** @richmonddoc8 hours ago

RT @jamee\_walters: @MedEdChat #meded giving faculty the time to teach. We are professors yet in the clinical world, we don't get any time....



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**Jake Prunuske** @jprunuske8 hours ago

RT @debsimpson3: @MedEdChat #Meded Many models to think about individual and system issues - the new @theNAMedicine graphic may provide a c...



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**Abhay Dandekar** @abhaydandekar8 hours ago

@MedEdChat T3: make #physicianwellness for learners part of every assessment toward competency and entrustment #MedEd



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**Jake Prunuske** @jprunuske8 hours ago

RT @RichmondDoc: @hedy\_wald @MedEdChat #MedEd Reading our students' assignments where they considered self-care activities and then wrote a...



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**Jake Prunuske** @jprunuske8 hours ago

RT @jamee\_walters: @MedEdChat #meded giving faculty the time to teach. We are professors yet in the clinical world, we don't get any time....



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**Mark Ryan** @richmonddoc8 hours ago

Also--we've spoken about how faculty burnout leads to student burnout...but then those burned-out students become faculty...etc. #meded



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**Jake Prunuske** @jprunuske8 hours ago

RT @RichmondDoc: @jamee\_walters @MedEdChat @jprunuske When I chose to focus on teaching vs. clinic, my workload did not decrease, my at-hom...



**Marty Muntz** @mmteacherdoc8 hours ago

@RichmondDoc @jamee\_walters @MedEdChat @jprunuske Wonder how much it'll help in reality, but seems like @CMSGov is finally listening & allow teaching faculty to verify & use med student notes for E/M services. #meded



**Lakshman Swamy** @laxswamy8 hours ago

@abhaydandekar @MedEdChat sounds good, but in the end, it feeds the metrics machine... #meded



**Vinny Arora MD** @futuredocs8 hours ago

RT @mmteacherdoc: T2 - wellness is complex. Can't "resiliency our way out of the problem. Nice model here. Many potential targets for impro...



**Paul Haidet** @myheroistrane8 hours ago

I don't think we are that focused enough on understanding and deep learning. Dan Pratt's work suggests that most medical educators have a transmission perspective, when the methods we try to do are more aligned with the developmental perspective. <https://t.co/wiTYTmvjFw> #meded



**Deb Simpson** @debsimpson38 hours ago

@MedEdChat #MedEd the ACGME is attempting to impact all GME programs with new CPR and CLER focus on well-being. Is LCME proposing an equal focus? @AAMCMedStudent @AmerMedicalAssn <https://t.co/shlwqTpr30>



**MedEd Chat** @mededchat8 hours ago

RT @jamee\_walters: Yes! Teaching is a full time job in college and the primary years. But for some reason we are supposed to fit it in with...



**Hedy Wald** @hedy\_wald8 hours ago

I'm sorry2 hear this @RichmondDoc Unclear on why such assignments would B graded, sounds like stress heaped on stress. Within rigorous training programs, there willB sometimes that self-care may not B optimal, but need2calibrate studying etc 4personal health, need pos lring env2 <https://t.co/QnZTZ4i6Pz>



**Jake Prunuske** @jprunuske8 hours ago

@mmteacherdoc so true! Even people who are suicidal cannot find help. Not enough docs, not enough support, not enough resources. outside looking in: you're in med school, you're doing fine and have it made! #meded <https://t.co/ZFd9FISsUu>



**MedEd Chat** @mededchat8 hours ago

@mmteacherdoc @hedy\_wald @GLBDallaghan Maybe we should have this be a #meded chat topic



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**Mark Ryan** @richmonddoc 8 hours ago

@mmteacherdoc @jamee\_walters @MedEdChat @jprunuske @CMSSGov #MedEd Sort of. My understanding is that the student documentation only helps if documented by the student with the faculty member present throughout...



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**Jake Prunuske** @jprunuske 8 hours ago

@myheroistrane True! Deep learning is far more important, but harder to assess by #MCQ. Structural Fail on part of #meded schools <https://t.co/yC56nZLlZr>



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**Mark Ryan** @richmonddoc 8 hours ago

@hedy\_wald Not graded. But if we don't ask students to turn \*something\* in, they'll skip our "fluff" class to study for real topics like USMLE 1. #MedEd



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**Joshua Levenson, MD** @jelevenson 8 hours ago

RT @HarrietHopfMD: How to give #feedback: "I'm giving you these comments because I have very high expectations and I know that you can reach..."



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**Jake Prunuske** @jprunuske 8 hours ago

I cannot wait! It will help in my practice, if nothing else, it will drive me to be a more effective teacher and more engaged in helping students write stronger notes! #MedEd <https://t.co/77x3YHRyuh>



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**Mark Ryan** @richmonddoc 8 hours ago

#MedEd I think the potential resolution goes beyond any one school: need a national reassessment of what we value in med school (memorizing data? working with patients? clinical reasoning?), how we assess those skills, and how residencies assess students.



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**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

@jprunuske @mmteacherdoc T3 #meded I met with a student for 90 minutes yesterday to help with academic issues (and also emotional ones). As the #edpsych person in the college, I am doing more and more of this. You're right....there aren't enough people to help!



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**Brenda Roman** @bjbroman 8 hours ago

@Alliance4ClinEd @DrHowardLiu @\_Roberts\_Laura @COMSEPediatrics @Surg\_Education @AAIMOnline @CDEMfaculty @apgonews @STFM\_FM Such a complex issue. Years ago, we hoped the work hour limitations would help. Now the wellness and resiliency initiatives, yet concerns persist. As far as student mistreatment, must be zero tolerance. #meded



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**Gary Beck Dallaghan** @glbdallaghan 8 hours ago

RT @BJBRoman: @Alliance4ClinEd @DrHowardLiu @\_Roberts\_Laura @COMSEPediatrics @Surg\_Education @AAIMOnline @CDEMfaculty @apgonews @STFM\_FMSu...



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @BJBRoman: @Alliance4ClinEd @DrHowardLiu @\_Roberts\_Laura @COMSEPediatrics @Surg\_Education @AAIMOnline @CDEMfaculty @apgonews @STFM\_FMSu...



**MedEd Chat** @mededchat8 hours ago

RT @BJBRoman: @Alliance4ClinEd @DrHowardLiu @\_Roberts\_Laura @COMSEPediatrics @Surg\_Education @AAIMOnline @CDEMfaculty @apgonews @STFM\_FMSu...



**Deb Simpson** @debsimpson38 hours ago

RT @MedEdChat: Topic 3: For those factors stemming directly from the medical school experience, what should the school do? #meded #medstude...



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @jamee\_walters: Yes! Teaching is a full time job in college and the primary years. But for some reason we are supposed to fit it in with...



**Paul Haidet** @myheroistrane8 hours ago

RT @jprunuske: @myheroistrane True! Deep learning is far more important, but harder to assess by #MCQ. Structural Fail on part of #meded...



**Jake Prunuske** @jprunuske8 hours ago

I think work hour restrictions may have made it worse. Less engagement, stress with handoffs, rigid rules, rather than supporting doctor (#meded student) and patient relationships leads to increased burnout. <https://t.co/1QdNg1s8pF>



**Mark Ryan** @richmonddoc8 hours ago

T3 Individual schools can certainly work to make things better...but may fear unilateral disarmament. If we stop focusing on Step 1, will our students still match? To good programs? Does that affect credentialing? #MedEd



**Brenda Roman** @bjbroman8 hours ago

@myheroistrane Agreed! The binge and purge method of education does not work. Need to focus on retrieval based learning and other effective ways of learning. #meded



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

@debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedicalAssn T3 #meded Nothing of focus for faculty well being that I've seen in the LCME Standards. I review them weekly and have not come across anything related to what ACGME is doing.



**MedEd Chat** @mededchat 8 hours ago

We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded



**Hedy Wald** @hedy\_wald 8 hours ago

Happy 2discuss facdev am presenting on this @mmteacherdoc #meded <https://t.co/4sZRV6u2nF> & <https://t.co/zw3yR9DiXQ> #meded Power of the pen <https://t.co/MAiPMoQp8V> <https://t.co/9KYow3Mlel>



**Mark Ryan** @richmonddoc 8 hours ago

Final thoughts: we should all work to make our individual schools more humanistic, but also work to change the broader system. "Start where you are, use what you have, do what you can." -- Arthur Ashe #MedEd



**BingeThoughts** @bingethoughts 8 hours ago

We hoped limiting their weekly in-hospital work hours to twice a normal work week would be helpful. What would you say to a patient who is struggling and working 80 hours (sometimes more) a week? #meded <https://t.co/YOPAKVYaED>



**MedEd Chat** @mededchat 8 hours ago

RT @BingeThoughts: We hoped limiting their weekly in-hospital work hours to twice a normal work week would be helpful. What would you say t...



**MedEd Chat** @mededchat 8 hours ago

RT @RichmondDoc: Final thoughts: we should all work to make our individual schools more humanistic, but also work to change the broader sys...



**Hedy Wald** @hedy\_wald 8 hours ago

understood @RichmondDoc ...we've integrated interactive guided reflective writing w/faculty feedback within doctoring course&fam med clerkship, it's part of the culture. #meded



**Jake Prunuske** @jprunuske 8 hours ago

@GLBDallaghan @debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedicalAssn Seems like faculty are relegated to replaceable widgets in the system.#meded



**Celeste Royce** @croyce628 8 hours ago

RT @mmteacherdoc: How easy is it to get a same-day appt with a counselor/psychologist? As a recovering clerkship director, I would say this...



**Lakshman Swamy** @laxswamy 8 hours ago

@jprunuske @GLBDallaghan @debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedicalAssn That is exactly how @AmaliaCochranMD described it. <https://t.co/yq9IppNhyl> #meded



**Jamee Walters, MD** @jamee\_walters8 hours ago

@BingeThoughts Such a great thought. We would never want our patients to work 80 hrs/week. But for some reason we think it's helpful for us. #meded #medtwitter#takeourownadvice



**Mark Ryan** @richmonddoc8 hours ago

@MedEdChat Thanks for moderating--and thanks to all in the #MedEd community, for all you do!



**Jake Prunuske** @jprunuske8 hours ago

RT @laxswamy: @jprunuske @GLBDallaghan @debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedicalAssn That is exactly how @AmaliaCochranMDdescri...



**MedEd Chat** @mededchat8 hours ago

#medEd <https://t.co/uH7wwVkx41>



**Marty Muntz** @mmteacherdoc8 hours ago

Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can't kick the can down the road on this. Optimize the clinical learning environment. Prioritize key skills. Deprioritize multiple choice exams. #meded



**MedEd Chat** @mededchat8 hours ago

Join us again next week at 9 pm Thursday. Don't forget to suggest topics by DM or email #meded



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

RT @mmteacherdoc: Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can't kick t...



**MedEd Chat** @mededchat8 hours ago

RT @mmteacherdoc: Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can't kick t...



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @mmteacherdoc: Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can't kick t...



**Jake Prunuske** @jprunuske8 hours ago

@hedy\_wald @RichmondDoc Our students want to rebel against #reflection... it's not on boards... #meded. Need to eliminate Step 1.



**Jamee Walters, MD** @jamee\_walters8 hours ago

@RichmondDoc Step 1 has been shown to correlate with board passing. So this is hard for residencies to ignore. #meded



**Hedy Wald** @hedy\_wald8 hours ago

RT @GLBDallaghan: @debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedicalAssn T3 #meded Nothing of focus for faculty well being that I've seen...



**Jake Prunuske** @jprunuske8 hours ago

RT @mmteacherdoc: Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can't kick t...



**MedEd Chat** @mededchat8 hours ago

That's a wrap...I will be posting the archive tomorrow morning. Thanks everyone for participating! #meded



**Jake Prunuske** @jprunuske8 hours ago

RT @HeidiKJ: Teach, because a few years later they'll be in town and you'll go out for coffee and get to hear all about their life, their l...



**Paul Haidet** @myheroistrane8 hours ago

Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educational efforts. Change paradigms about teaching and learning. Focus on student/teacher/administration relationships. #MakeUSMLEPassFail Build community



**Deb Simpson** @debsimpson38 hours ago

T3 #MedEd Work-work vs work/life balance to faculty (and impact on #wellbeing) at Supporting clinician educators to achieve "work-work balance" at <https://t.co/XPIUaFxp78> <https://t.co/GFca9Zv0ET>



**Gary Beck Dallaghan** @glbdallaghan8 hours ago

RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...



**MedEd Chat** @mededchat8 hours ago

RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...



**Alliance4ClinEd** @alliance4clined8 hours ago

RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...



**Mark Ryan** @richmonddoc8 hours ago

@jamee\_walters True...but standard exam predicts passing the next standardized exam, which predict passing the next standardized exam, which predicts passing one more standardized exam. Not the best way to assess physicians/healers...#MedEd



**Shadia Constantine** @shadiasantos8 hours ago

I think platforms such as TalkSpace could be revolutionary for our mental health due to its accessibility. Disclaimer- personal experience. No financial conflict.#meded <https://t.co/ke84ZU4vHk>



**Hedy Wald** @hedy\_wald8 hours ago

needs to be part of #meded culture ,we are not educating widgets, it is the being and the doing the work of a physician VALUES, we need to role model this...not sure throwing baby out with bathwater will solve the problem <https://t.co/wb4qXsSzyK>



**MedEd Chat** @mededchat8 hours ago

RT @shadiasantos: I think platforms such as TalkSpace could be revolutionary for our mental health due to its accessibility. Disclaimer- p...



**ROWE** @rowedocs8 hours ago

RT @Alliance4ClinEd: T3 If there are issues affecting students directly related to #medschool, how can we influence the learning environmen...



**ROWE** @rowedocs8 hours ago

RT @MedEdChat: Topic 3: For those factors stemming directly from the medical school experience, what should the school do? #meded #medstude...



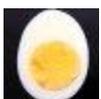
**ROWE** @rowedocs8 hours ago

RT @abhaydandekar: @Alliance4ClinEd @COMSEPediatrics @Surg\_Education @AAIMOnline @apgonews @S TFM\_FM @CEMfaculty T1: #Medstudent Depersonal...



**Hedy Wald** @hedy\_wald8 hours ago

Good point @GLBDallaghan How are we valuing our faculty? Faculty wellbeing & vitality impacts learners #meded <https://t.co/WpNw9kInSO><https://t.co/Gn7CNO1tXQ>



**BingeThoughts** @bingethoughts8 hours ago

@jamee\_walters I've been told to park at the back of the lot so the extra 15s of walking can be my exercise. Until we find a way to provide people with time to practice wellness, things won't change, for trainees or faculty. #meded



**Mark Ryan** @richmonddoc 8 hours ago

RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...



**Karen Leslie** @karenraven 8 hours ago

RT @debsimpson3: @MedEdChat #Meded Many models to think about individual and system issues - the new @theNAMedicine graphic may provide a c...



**Hedy Wald** @hedy\_wald 8 hours ago

I have heard about trainees & PDs concerned about competency -this can increase stress #meded <https://t.co/TkALPjYBJs>



**Celeste Royce** @croyce62 8 hours ago

RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...



**Jake Prunuske** @jprunuske 8 hours ago

@hedy\_wald true - need to assess medical knowledge; AND need exams that also evaluate other competencies; professionalism, life-long learning, SBP, communication, etc... Step 1 emphasizes one at the expense of others. Ever try writing a "professionalism" MCQ? #meded



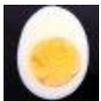
**Hedy Wald** @hedy\_wald 8 hours ago

U R doing important work, kudos @GLBDallaghan #meded <https://t.co/b00Ih2kyPF>



**Howard Liu** @drhowardliu 8 hours ago

RT @BJBRoman: @Alliance4ClinEd @DrHowardLiu @\_Roberts\_Laura @COMSEPediatrics @Surg\_Education @AAIMOnline @CDEMfaculty @apgonews @STFM\_FMSu...



**BingeThoughts** @bingethoughts 8 hours ago

Why do we use a board certification system designed for when most docs did just an internship? Make a pass/fail exam at the end of med school and then require board certification to practice. #meded <https://t.co/jHyOEhLJL>



**Abhay Dandekar** @abhaydandekar 8 hours ago

@KPMedSchool #PermanenteMedicine @TPMGDocCareers @PermanenteDocs <https://t.co/8wv4kTytxO>



**Jake Prunuske** @jprunuske 8 hours ago

@BingeThoughts Maybe ... ed science says there is value to repeated assessment in #meded, though...



**Howard Liu** @drhowardliu 8 hours ago

RT @HarrietHopfMD: How to give #feedback: "I'm giving you these comments because I have very high expectations and I know that you can reach..."



**KP N.Cal Physician Careers** @tpmgdoccareers 8 hours ago

RT @abhaydandekar: @KPMedSchool #PermanenteMedicine @TPMGDocCareers @PermanenteDocs <https://t.co/8wv4kTytxO>



**Hedy Wald** @hedy\_wald 8 hours ago

@jprunuske @mmteacherdoc Bandaid approaches won't work, apprec yr sentiments here. I'm directing resiliency program for child neuro residents w/availability of coaching conversations (my PhD is clinical psych), aim to build resilience in individualized way, maybe can think about this 4UME #meded <https://t.co/sX0gKO6Chr>



**Stephanie Starr** @stephrstarr 8 hours ago

@debsimpson3 Love the framing as work-work balance. Or in reality, life-work-work balance. . . #meded