MedEd Chat @mededchat 9 hours ago
Welcome to the Medical Education chat (US) I am your moderator for the next hour, @alliance4clined #meded

MedEd Chat @mededchat 9 hours ago
The topic & questions will be announced in a moment...for now, please introduce yourselves #meded

Gary Beck Dallaghan @glbdallaghan 9 hours ago
@MedEdChat #meded Gary here in Omaha

Jamee Walters, MD @jamee_walters 9 hours ago
@MedEdChat #meded pediatric hospitalist in Orlando.

MedEd Chat @mededchat 9 hours ago
@jamee_walters Welcome to the chat #Meded

MedEd Chat @mededchat 9 hours ago
If you are tuning in to the #meded chat, remember to use the #meded hashtag and try to answer with the Topic numbers (T1, T2, T3)

Mark Ryan @richmonddoc 9 hours ago
Mark, family doc in #RVA; teach med students in pre-clinical and clinical settings. Hello, all! #meded
Marty Muntz @mmteacherdoc 9 hours ago
Marty from @MedicalCollege of Wisconsin waiting for snowmageddon here in Milwaukee #meded

Stephanie Starr @stephrstarr 9 hours ago
@GLBDallaghan @MedEdChat Hi Gary here in Omaha! Steph in MN #MedEd

MedEd Chat @mededchat 9 hours ago
@RichmondDoc Welcome! #meded

MedEd Chat @mededchat 9 hours ago
We will assume that all of your tweets are your own during this hour unless otherwise stated #meded

Stephanie Starr @stephrstarr 9 hours ago
@mmteacherdoc @MedicalCollege Hi Marty! #MedEd

Gary Beck Dallaghan @glbdallaghan 9 hours ago
@mmteacherdoc @MedicalCollege Glad to see you on tonight, Marty! #meded

MedEd Chat @mededchat 9 hours ago
Topic 1: What factors contribute to #medstudent depression? #meded

Mark Ryan @richmonddoc 9 hours ago
@MedEdChat T1 Workload, pace of study, loss of usual support systems, disruption in healthy habits, stress! #meded

Alliance4ClinEd @alliance4clined 9 hours ago
T1 #meded What factors contribute to medical student depression? Are there different factors for pre-clinical vs required clinical experiences? @COMSEPedsSurg_Education @AAIMOnline @apgonews @STFM_FM @CDEMfaculty

Mark Ryan @richmonddoc 9 hours ago
T1 12 hour study days over many months, with a sense of high stakes if any missteps along the way. #meded

Gary Beck Dallaghan @glbdallaghan 9 hours ago
@MedEdChat T1 #meded It seems the heavy work load #medstudents experience in year 1 is a big factor. Results in little time to have a life.
Marty Muntz @mmteacherdoc 9 hours ago
T1 - lots. #meded

MedEd Chat @mededchat 9 hours ago
RT @Alliance4ClinEd: T1 #meded What factors contribute to medical student depression? Are there different factors for pre-clinical vs requi...

Jake Prunuske @jprunuske 9 hours ago
RT @JournalofGME: 10 practical assessment pearls for competency-based medical education that reflect an evidence-based foundation #meded #G...

Mark Ryan @richmonddoc 9 hours ago
T1 We’ve heard from students who no longer feel they have time for exercise, rest, recreation, connecting w/ friends/family. #meded

Mark Ryan @richmonddoc 9 hours ago
T1 All of this complicated further by the use of occasional, but perceived high-stakes assessments (e.g. Step 1, Step 2). #meded

Marty Muntz @mmteacherdoc 9 hours ago
T1 - loss of connections sense of purpose that brought them to med school. #meded

Mark Ryan @richmonddoc 9 hours ago
RT @mmteacherdoc: T1 - loss of connections sense of purpose that brought them to med school. #meded

Gary Beck Dallaghan @glbdallaghan 9 hours ago
@Alliance4ClinEd @COMSEPediatrics @Surg_Education @AAIMOnline @apgonews @STFM_FM @CDEMfaculty T1 #meded I see #medstudents perk up more during the clinical years. Some have had issues and I wonder if it relates to uncertainty of their career choices or opportunities or both

Abhay Dandekar @abhaydandekar 9 hours ago
@Alliance4ClinEd @COMSEPediatrics @Surg_Education @AAIMOnline @apgonews @STFM_FM @CDEMfaculty T1: #Medstudent Depersonalization, poor sense of autonomy, and stagnation of the pace of achievement all leading to the the single most important factor: isolation #meded

Jake Prunuske @jprunuske 9 hours ago
t1 - loss of control; loss of autonomy; loss of relatedness... all play significant roles #meded
Jake Prunuske @jprunuske9 hours ago
t1 - high stakes without high value #meded https://t.co/fDS11hsli9

MedEd Chat @mededchat9 hours ago
@RichmondDoc T1 #meded Do you think a pass/fail system lessens the stress?

Jake Prunuske @jprunuske9 hours ago
RT @RichmondDoc: T1 We've heard from students who no longer feel they have time for exercise, rest, recreation, connecting w/ friends/famil...

Mark Ryan @richmonddoc9 hours ago
@GLBDallaghan @Alliance4ClinEd @COMSEPediatrics @Surg_Education @AAIMOnline @apgonews @STFM_F @CDEMfaculty #MedEd I think connecting to clinical work can help. However--research showing that empathy *decreases* during clinical years shows that connections to pts are not enough.

Mark Ryan @richmonddoc9 hours ago
RT @jprunuske: t1 - high stakes without high value #meded https://t.co/fDS11hsli9

Mark Ryan @richmonddoc9 hours ago
RT @jprunuske: t1 - loss of control; loss of autonomy; loss of relatedness... all play significant roles #meded

Lisa Davis Budzinski @lisadbudzinski9 hours ago
RT @Alliance4ClinEd: T1 #meded What factors contribute to medical student depression? Are there different factors for pre-clinical vs requi...

Lisa Davis Budzinski @lisadbudzinski9 hours ago
RT @MedEdChat: Topic 1: What factors contribute to #medstudent depression? #meded

Dale Chu @dale_chu9 hours ago
HAPPENING NOW: @MedEdChat moderating a discussion on depression among medical students. Follow along at #meded!

Marty Muntz @mmteacherdoc9 hours ago
T1- the hidden curriculum - incongruity between their role models’ actions and what they learn about professional ideals in class. #meded

Mark Ryan @richmonddoc9 hours ago
@MedEdChat Some data (St. Louis?) suggests it does. Hasn't actually been the case in our school. #meded
Lakshman Swamy @laxswamy 9 hours ago
@MedEdChat We published a paper that touched on how broken systems lead students to develop cynicism and, basically, burnout. So yes, the medicine is hard, but the broken system may be just as bad. #meded https://t.co/7kAby2ULP7

Jake Prunuske @jprunuske 9 hours ago
T1: need to bring the practice of medicine (and medical education) back in line with values; lead by example, not volume. #authentic #leadership #burnoutprevention#meded

Alliance4ClinEd @alliance4clined 9 hours ago
RT @mmteacherdoc: T1 - the hidden curriculum - incongruity between their role models’ actions and what they learn about professional ideals...

Stephanie Starr @stephrstarr 9 hours ago
@MedEdChat @RichmondDoc That was our experience #MedEd @dyrbye

Mark Ryan @richmonddoc 9 hours ago
@MedEdChat Some faculty have suggested pass/fail makes it worse: more emphasis on Step 1 scores as a cut-off to eval students. #meded

Alliance4ClinEd @alliance4clined 9 hours ago
T1 #meded What about a sense of doubt (or imposter syndrome) that they shouldn't even be in medical school? https://t.co/k7pf6WRXFn

Jake Prunuske @jprunuske 9 hours ago
T1 pass/fail if truly that, may help; but often not really pass fail; e.g. students still get ranked for #MSPE. #meded https://t.co/HbZy4WfJif

Mark Ryan @richmonddoc 9 hours ago
@Alliance4ClinEd This might be coupled with students who have been high-performing students no longer being top of the class? #meded

Michelle Vermillion @vermillionml 9 hours ago
RT @myheroistrane: Final thought: culture is not some big monolith that needs to be toppled. Rather, it is created and recreated in each li...

MedEd Chat @mededchat 9 hours ago
RT @laxswamy: @MedEdChat We published a paper that touched on how broken systems lead students to develop cynicism and, basically, burnout....

Jake Prunuske @jprunuske 9 hours ago
RT @laxswamy: @MedEdChat We published a paper that touched on how broken systems lead students to develop cynicism and, basically, burnout....
It may lessen stress, but it is somewhat artificial— they all know it is ultimately competitive. In my experience with residency admissions, most students seem to end up ranked one way or another. #meded

T1 We've asked students about wellness/self-care plans. Most report feeling no time to practice self-care (exercise, diet, etc.). #meded

So then should we #MakeUSMLEPassFail? @myheroistrane would be all in favor of that!

T1: It may be better when #USMLE step 1 becomes pass/fail. Forces residencies to choose applicants based on things that really matter. like #competencies beyond just medical knowledge. #meded https://t.co/eriYUrhiKs

I do think that some students find their tribe & seem happier. But hard to be sure. Students are really good at putting on a brave face.

For students seeking competitive specialties; if all grades P/F, then Step scores become a key metric for residencies. #meded

RT @Alliance4ClinEd: T1 #meded What about a sense of doubt (or imposter syndrome) that they shouldn't even be in medical school? https://t...

Perhaps we should consider whether USMLE 1/2 actually predict/mean anything much at all...? @myheroistrane #meded

My understanding: Step 1 predicts ability to pass shelf exams which predict ability to pass Step 2... @myheroistrane #meded

RT @MedEdChat: @RichmondDoc T1 #meded So then should we #MakeUSMLEPassFail? @myheroistrane would be all in favor of that!

…but that none of these actually predict very much if anything about your ability to be a doctor. @MedEdChat @myheroistrane #meded
“competency is not enough” (Jarvis-Selinger et al 2012) #meded #professionalidentityformation #strengths #values #leadership #burnoutprevention

The frightening thing is that if the program directors don't have USMLE they will find another arbitrary metric. Not sure what could be done....

We've gone P/F and eliminated class ranks...*still* don't see much improvement in stress levels or sx of depression.

It isn't surprising at all -- what is unfortunately true is that imposter syndrome will only continue and be exaggerated through all levels of training. We shouldn't expect students to have significantly different experiences than our own, after all. #MedEd

It may be better when USMLE step 1 becomes pass/fail. Forces residencies to choose applicants based on things that rea...

#flaw; why are competitive specialties competitive? for whom? to what benefit? Surely no sub specialists ever deal with depression ...

I think...

The frightening thing is that if the program directors don't have USMLE...

We hit on some of this in a chat last month. Transcript is here: https://t.co/OrMBXB9s3v

HAPPENING NOW: @MedEdChat moderating a discussion on depression among medical students. Follow along at #meded!

The frightening thing is that if the program directors don't have USMLE...
We published a paper that touched on how broken systems lead students to develop cynicism and, basically, burnout.

But we’re fooling ourselves if we think pre-clerkship grades matter in any meaningful way to most program directors. USMLE step 1 is king for screening applications.

But do medstudents have the skills to navigate those doubts and fears?

do we?

Curious if there are analogies to engineering here

why not integrate healthy lifestyles into school? time each day for working out; time each day for healthy eating; time each day to study etc...

Prevailing notion of empathy decrease in med school has been challenged - it seems to be more complex, scales may not capture this -my students tend to disagree with this formulation See "reconsidering decline in empathy" Roff 2015)

I would imagine many don’t. If true: how well do we support their development?

We attempted that in our new curriculum and we’ve not found a sweet spot of successful implementation yet.

Thanks--will review!

Friendship and Peership during training in medicine and surgery has one most important purpose: a safe space for refle...
Lakshman Swamy @laxswamy 8 hours ago
@MedEdChat @Alliance4ClinEd @hedy_wald Not trying to be clever here, but it is a continuum. We try to create an ideal environment for them - I do every day - but in the end, their experience will be the same as ours. Shielding or training them is less helpful than fixing the systems in which they'll work. #meded

MedEd Chat @mededchat 8 hours ago
Topic 2: Based on contributing factors from Topic 1, what sort of interventions can be used to ameliorate depression? #meded

Mark Ryan @richmonddoc 8 hours ago
@mmteacherdoc @MedEdChat That's the concern: that a tool with little value is being endowed w/ great importance, and driving student behaviors in ways that are dysfunctional, and may be harmful. #MedEd

Alliance4ClinEd @alliance4clined 8 hours ago
T2 What can we in #meded do to help #medstudents navigate these factors associated with depression? @BJBRoman @DrHowardLiu @MindfulPhD @_Roberts_Laura

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@MedEdChat T2 #meded @jprunuske has it right. We need to build in time for healthy living. Set aside time for wellness that is unstructured so #medstudents can do what is healthy for them!

MedEd Chat @mededchat 8 hours ago
RT @GLBDallaghan: @MedEdChat T2 #meded @jprunuske has it right. We need to build in time for healthy living. Set aside time for wellness th...

Hedy Wald @hedy_wald 8 hours ago
Can we think abt reasonable expectatns&expected levels of "stress" in med school?-part of bldng coping...may B able2exercise 1 wk but not another, etc Prepare self4tough study weeks, etc. but within reasonable learning env. Good2have peer resilience role models4support #meded https://t.co/R07IvBzVvj

Mark Ryan @richmonddoc 8 hours ago
@MedEdChat #MedEd Need to address multiple issues: how residencies eval applicants. How students are assessed in meaningful ways. Reviewing med school curricula to see if we can better focus teaching efforts on high-value content.

Jamee Walters, MD @jamee_walters 8 hours ago
@MedEdChat T2: more support for students. Decreasing stigma. Finding ways to make med school more affordable. My loans still depress me. Med students work and get abused so much 3rd and 4th year. The cost should be lower since they are working. #Meded

Mark Ryan @richmonddoc 8 hours ago
(T2: when was the last time you used your intro Biochem or Immunology in patient care? How in-depth do we need to teach these?) #meded

Lakshman Swamy @laxswamy 8 hours ago
@GLBDallaghan @MedEdChat @jprunuske if you gave me this time, I'd study or find some kind of research to do, because it is ultimately competitive and someone else will use that time in such a way. #MedEd
Mark Ryan @richmonddoc 8 hours ago
RT @GLBDallaghan: @MedEdChat T2 #meded @jprunuske has it right. We need to build in time for healthy living. Set aside time for wellness th...

Alliance4ClinEd @alliance4clined 8 hours ago
T2 #meded This is where there is a difference with preclinical education. The learning environment can be a huge factor in 3rd & 4th years. How can clerkship directors influence that? https://t.co/7pNtcUt099

Marty Muntz @mmteacherdoc 8 hours ago
@RichmondDoc @MedEdChat Agreed. That’s what I’m saying. Transition to P/F doesn’t “do” anything to the step 1 importance because the preclerkship grades are already basically meaningless to PDs. #meded

Hedy Wald @hedy_wald 8 hours ago
We cannot create ideal environments. We can strive to create reasonable learning environments. We cannot erase "stress." We can work2help fix systems& we should...& we can try2inspire their advocacy but that is a long-range plan. #meded https://t.co/qX697ly8Y6

Mark Ryan @richmonddoc 8 hours ago
#MedEd We can encourage our institutions to take a holistic view of student wellness: not just more free time (often becomes study time), but to change how we guide students in their studying and in setting priorities. #MedEd

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@RichmondDoc T2 #meded Oh snap! :)

Mark Ryan @richmonddoc 8 hours ago
#MedEd Some of our med students have shown me there Step 1 study plans: 6 weeks. 1/2 day off each week. Specific content to study each and every day. I don't see how they can do it w/o burnout.

Alliance4ClinEd @alliance4clined 8 hours ago
@MedEdChat T2 #meded Should we evaluate #medstudent resilience? https://t.co/65SmXPmvws

Jake Prunuske @jprunuske 8 hours ago
RT @RichmondDoc: (T2: when was the last time you used your intro Biochem or Immunology in patient care? How in-depth do we need to teach th...

Jake Prunuske @jprunuske 8 hours ago
RT @jamee_walters: @MedEdChat T2: more support for students. Decreasing stigma. Finding ways to make med school more affordable. My loans s...

MedEd Chat @mededchat 8 hours ago
RT @RichmondDoc: T2 We can encourage our institutions to take a holistic view of student wellness: not just more free time (often becomes s...
MedEd Chat @mededchat 8 hours ago
RT @laxswamy: @MedEdChat @Alliance4ClinEd @hedy_wald Not trying to be clever here, but it is a continuum. We try to create an ideal environ...

Jake Prunuske @jprunuske 8 hours ago
RT @GLBDallaghan: @MedEdChat T2 #meded @jprunuske has it right. We need to build in time for healthy living. Set aside time for wellness th...

Hedy Wald @hedy_wald 8 hours ago
It is imposter experience not "syndrome"-as a clinl psychologist & med; educator I am concerned about overpathologizing...we need to be clear on what is #burnout & what is #depression, may B overlap but not the same. Can be transient burnout, need2teach skills4resilience https://t.co/rvJHoDESCi

Marty Muntz @mmteacherdoc 8 hours ago
This is the key point. The clinical learning environment is sick. Culture change is hard but but really needed. We can do better. #meded https://t.co/IsLOJEyfAG

Jake Prunuske @jprunuske 8 hours ago
RT @Alliance4ClinEd: T2 What can we in #meded do to help #medstudents navigate these factors associated with depression? @BJBRoman @DrHowar...

Lakshman Swamy @laxswamy 8 hours ago
@hedy_wald Completely agree, but we should be more honest with our students-- they see through the charade. We should definitely give them the space and time to learn as they need, and the best clinical experiences they can get. #meded

Mark Ryan @richmonddoc 8 hours ago
@GLBDallaghan T2 MedEd do we really need (in many cases) 1-2 semesters of teaching basic science content which will not directly impact future practice? What is the minimum necessary understanding of this content which has value--focus there, perhaps?

Jake Prunuske @jprunuske 8 hours ago
We need to advocate within our institutions. How easy is it for a student to get a day off during clerkship? #meded https://t.co/1VOxNHyEC5

Hedy Wald @hedy_wald 8 hours ago
MayB can help students understand there is a devl progression within training and that "imposter" feelings may B experienced even at residency & beyond -see students' voices on PIF https://t.co/cxQpl0ckUS #meded

Paul Haidet @myheroistrane 8 hours ago
Joining late; can't believe I was missing this chat! #meded

Deb Simpson @debsimpson 38 hours ago
T2 #MedEd time = prioritization. If given more time question is what will students do? Study more or do the things that bring meaning/purpose with colleagues, since of autonomy/control and competence? #JGME #4welldocs @AuroraMedEd https://t.co/JItzctF3D
Mark Ryan @richmonddoc 8 hours ago
@Alliance4ClinEd T2 #MedEd In M3/M4 we need to encourage our schools to address the hidden curriculum, and behaviors from teachers that add to student stress. What is the current rate of med student mistreatment? And how much behavior doesn't meet that threshold, but is a problem?

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@laxswamy @hedy_wald T2 #meded So this relates to the #HMIChat discussion last night about the trustworthiness of medical educators. Does transparency and trustworthiness of faculty help #medstudents feel connected and cared for in school?

MedEd Chat @mededchat 8 hours ago
RT @RichmondDoc: @Alliance4ClinEd T2 #MedEd In M3/M4 we need to encourage our schools to address the hidden curriculum, and behaviors from...

Mark Ryan @richmonddoc 8 hours ago
@debsimpson3 @AuroraMedEd T2 I would hope that if we re-focus expectations away from exam scores, and towards higher-value and meaningful assessments, then maybe space and time opens up in the schedule to allow more down time. #MedEd

Jake Prunuske @jprunuske 8 hours ago
T2: trust students to learn, inspire them to learn. They arrive curious, #MedEd schools beat it out of them and teach study to boards & match. Allow true #selfdirected learning

Mark Ryan @richmonddoc 8 hours ago
RT @laxswamy: @MedEdChat @Alliance4ClinEd @hedy_wald Not trying to be clever here, but it is a continuum. We try to create an ideal environ...

Lakshman Swamy @laxswamy 8 hours ago
@GLBDallaghan @hedy_wald Medical students are savvy. It doesn't take long for them to see through charades. The opposite is also true-- in my experience, they flock to authenticity (but not cynicism). #meded

Mark Ryan @richmonddoc 8 hours ago
@laxswamy @MedEdChat @Alliance4ClinEd @hedy_wald T2 I agree: "Culture eats strategy for lunch." We can have plans, but at the end of the day, we need our systems where we work and where are students learn to focus on human wellness. #MedEd

Jake Prunuske @jprunuske 8 hours ago
RT @debsimpson3: T2 #MedEd time = prioritization. If given more time question is what will students do? Study more or do the things that b...

Jake Prunuske @jprunuske 8 hours ago
RT @RichmondDoc: @Alliance4ClinEd T2 #MedEd In M3/M4 we need to encourage our schools to address the hidden curriculum, and behaviors from...

Mark Ryan @richmonddoc 8 hours ago
RT @jprunuske: T2: trust students to learn, inspire them to learn. They arrive curious, #MedEd schools beat it out of them and teach study...
Jamee Walters, MD @jamee_walters 8 hours ago
@laxswamy @MedEdChat @Alliance4ClinEd @hedy_wald That is true. We need to work to fix the healthcare system bc no matter how much we help them in med school, as an attending, the system is still contributing to burnout #meded

MedEd Chat @mededchat 8 hours ago
RT @hedy_wald: MayB can help students understand there is a devl progression within training and that "imposter" feelings may B experienced...

Alliance4ClinEd @alliance4clined 8 hours ago
RT @RichmondDoc: @Alliance4ClinEd T2 #MedEd In M3/M4 we need to encourage our schools to address the hidden curriculum, and behaviors from...

Deb Simpson @debsimpson 38 hours ago
@RichmondDoc @Alliance4ClinEd T2 #meded - puzzling all discussion is about what do for students and curriculum - what about faculty and their well being as live and create the environment = #Wellbeing

Hedy Wald @hedy_wald 8 hours ago
agree @RichmondDoc it’s not just abt a yoga session or potluck dinner, actually need resilience/stress management skills in pre-med years but can do this in med school along w/time management skills&help faculty by supporting faculty needs! It's a ripple effect of good feelings https://t.co/C2YUYRbQrK

Paul Haidet @myheroistrane 8 hours ago
Ok I totally agree with #MakeUSMLEPassFail. Let’s try this one, too: what if all course directors coordinated w/ each other so that daily assigned work could actually be completed by the average student. Then students wouldn’t have to guess or triage. #meded

Jake Prunuske @jprunuske 8 hours ago
@RichmondDoc so true! Need system redesign. Clinic and hospital built around education and patient care, not one at the expense of the other... #MedEDhttps://t.co/9Wl0MfVqBq

Paul Haidet @myheroistrane 8 hours ago
RT @jprunuske: T2: trust students to learn, inspire them to learn. They arrive curious, #MedEd schools beat it out of them and teach study...

Marty Muntz @mmteacherdoc 8 hours ago
T2 - wellness is complex. Can’t “resiliency our way out of the problem. Nice model here. Many potential targets for improvement. #meded https://t.co/6BxWajvnzMhttps://t.co/IfyboQyh7oc

Alliance4ClinEd @alliance4clined 8 hours ago
@deb simpson3 @RichmondDoc T2 #meded This is the hot question right now. We are focusing on #medstudent wellness, but overlook faculty wellness. How can the system be changed to help all health care providers?

Paul Haidet @myheroistrane 8 hours ago
RT @RichmondDoc: @deb simpson3 @AuroraMedEd T2 I would hope that if we re-focus expectations away from exam scores, and towards higher-value...
Lakshman Swamy @laxswamy 8 hours ago
@RJmdphilly @GLBDallaghan @MedEdChat @jprunuske Well, I think there is solid reasoning in "protecting" the students -- to a degree. We do need to be honest with them without being cynical, which is rare. #meded

Alliance4ClinEd @alliance4clined 8 hours ago
RT @mmteacherdoc: T2 - wellness is complex. Can’t “resiliency our way out of the problem. Nice model here. Many potential targets for impro...

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Mark Ryan @richmonddoc 8 hours ago
@debsimpson3 @Alliance4ClinEd T2 Not an either/or proposition, I think. So you're right--considering the environment for teachers is important, too. #MedEd

Mark Ryan @richmonddoc 8 hours ago
RT @jprunuske: @RichmondDoc so true! Need system redesign. Clinic and hospital built around education and patient care, not one at the ex...

MedEd Chat @mededchat 8 hours ago
RT @jprunuske: @RichmondDoc so true! Need system redesign. Clinic and hospital built around education and patient care, not one at the ex...

Jake Prunuske @jprunuske 8 hours ago
Faculty read at 150 words/min, students at 50 as much more cognitive load. #reasonableexpectations in #MedED https://t.co/5mC5rPSueJ

MedEd Chat @mededchat 8 hours ago
RT @myheroistrane: Ok I totally agree with #MakeUSMLEPassFail. Let’s try this one, too: what if all course directors coordinated w/ each...

Paul Haidet @myheroistrane 8 hours ago
It totally does. The #teacher - #student relationship is as important as the patient-doctor one. #meded https://t.co/KWJfVCqWQ

Mark Ryan @richmonddoc 8 hours ago
@jprunuske #MedEd This presumes that we have health systems that value education and teaching on par with clinical work. If in an RVU-based comp plan that does not value teaching, then many good teachers will find themselves focused on RVU-generating work.
Gary Beck Dallaghan @glbdallaghan 8 hours ago
@myheroistrane @MedEdChat T2 #meded You mean communicate and have an organized and integrated curriculum?!? Surely you jest!

Paul Haidet @myheroistrane 8 hours ago
RT @laxswamy: @GLBDallaghan @hedy_wald Medical students are savvy. It doesn't take long for them to see through charades. The opposite is a...

MedEd Chat @mededchat 8 hours ago
RT @RichmondDoc: @jprunuske #MedEd This presumes that we have health systems that value education and teaching on par with clinical work. I...

Mark Ryan @richmonddoc 8 hours ago
RT @myheroistrane: Ok I totally agree with #MakeUSMLEPassFail. Let’s try this one, too: what if all course directors coordinated w/ each...

Marty Muntz @mmteacherdoc 8 hours ago
All participants in the clinical learning environment feel its effects for sure. Students, faculty, residents, nurses, patients, etc. #meded https://t.co/VKVy0xjFNw

Hedy Wald @hedy_wald 8 hours ago
Guided reflective writing & other humanities endeavors can be helpful w/ recognizing one’s strengths & triumphs in clinical work, connecting authentically w/ faculty & receiving formative feedback, need faculty development #meded

Alliance4ClinEd @alliance4clined 8 hours ago
RT @mmteacherdoc: All participants in the clinical learning environment feel its effects for sure. Students, faculty, residents, nurses, pa...

Gary Beck Dallaghan @glbdallaghan 8 hours ago
RT @mmteacherdoc: All participants in the clinical learning environment feel its effects for sure. Students, faculty, residents, nurses, pa...

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RT @laxswamy: @GLBDallaghan @hedy_wald Medical students are savvy. It doesn't take long for them to see through charades. The opposite is a...

Mark Ryan @richmonddoc 8 hours ago
@myheroistrane @MedEdChat #MedEd and what if med student assessments focused on meaningful learning tasks and high-value skills/knowledge, and not faculty areas of research focus or particular niche expertise?
Paul Haidet @myheroistrane 8 hours ago
RT @jprunuske: Faculty read at 150 words/min, students at 50 as much more cognitive load. #reasonableexpectations in #MedED https://t.co/5...

MedEd Chat @mededchat 8 hours ago
Topic 3: For those factors stemming directly from the medical school experience, what should the school do? #meded #medstudent

Mark Ryan @richmonddoc 8 hours ago
RT @mmteacherdoc: T2 - wellness is complex. Can’t “resiliency our way out of the problem. Nice model here. Many potential targets for impro...

Gary Beck Dallaghan @glbdallaghan 8 hours ago
@hedy_wald T2 #meded Key to this is formative feedback. We’ve had some reflective writing in our new curriculum with little or no feedback offered. That has to change.

Paul Haidet @myheroistrane 8 hours ago
@GLBDallaghan @MedEdChat Heresy, eh? #meded

Alliance4ClinEd @alliance4clined 8 hours ago
T3 If there are issues affecting students directly related to #medschool, how can we influence the learning environment for a healthier #medstudent? #meded@BJBRoman @DrHowardLiu @_Roberts_Laura @COMSEPediatrics @Surg_Education @AAIMOnline @CDEMfaculty @apgonews @STFM_FM

MedEd Chat @mededchat 8 hours ago
RT @hedy_wald: Guided reflective writing & other humanities endeavors can be helpful w/recognizing one's strengths & triumphs in clinl wrk alo...

Mark Ryan @richmonddoc 8 hours ago
#MedEd I think that focusing on students here is in part b/c as faculty, we have some additional flexibility in our schedules and additional resources (time, $) to get away from stress--at least from time to time (1/2).

Mark Ryan @richmonddoc 8 hours ago
#MedEd (2/2) This is NOT to say that the systems in which we work/teach are flawless: major changes are needed. But students are more vulnerable, perhaps, or more at-risk then faculty are?

Marty Muntz @mmteacherdoc 8 hours ago
How easy is it to get a same-day appt with a counselor/psychologist? As a recovering clerkship director, I would say this is much harder than getting a day off. #meded https://t.co/V8QCTiqf8p
Mark Ryan @richmonddoc 8 hours ago

@jamee_walters @MedEdChat @jprunuske When I chose to focus on teaching vs. clinic, my workload did not decrease, my at-home work increased, and my salary dropped. Incentives and priorities seem clear. #MedEd

Gary Beck Dallaghan @glbdallaghan 8 hours ago

@Alliance4ClinEd @BJBRoman @DrHowardLiu @_Roberts_Laura @COMSEPediatrics @Surg_Education @AAIMOnline @CDEMfaculty @apgonews @STFM_FM T3 #meded I have struggled with this in having to resolve student mistreatment at my institution. It's not easy to do because I have to pull out my dean title to get any forward motion.

Mark Ryan @richmonddoc 8 hours ago

RT @hedy_wald: Guided reflective writing & other humanities endeavors can be helpful w/ recognizing one's strengths & triumphs in clinical work. alo...

Hedy Wald @hedy_wald 8 hours ago

Let's discuss @GLBDallaghan It's my scholarship & my passion! #meded https://t.co/jsmbOdnfDc

MedEd Chat @mededchat 8 hours ago

RT @mmteacherdoc: How easy is it to get a same-day appt with a counselor/psychologist? As a recovering clerkship director, I would say this...

Jamee Walters, MD @jamee_walters 8 hours ago

@MedEdChat #meded giving faculty the time to teach. We are professors yet in the clinical world, we don’t get any time. So the students suffer. Also, think about redesigning 1st year. It’s so redundant from the pre-reqs in college. #meded.

Mark Ryan @richmonddoc 8 hours ago

@hedy_wald @MedEdChat #MedEd Reading our students' assignments where they considered self-care activities and then wrote about the barriers they faced in making that happen has been one of the more difficult assignments to grade. So bleak.

Abhay Dandekar @abhaydandekar 8 hours ago

@MedEdChat T3: create a culture where vulnerability is openly shared, learning communities cultivate shared experiences to minimize isolation, and recognize the need to create time and space for reflection and resilience for #medstudents #meded

Deb Simpson @debsimpson 38 hours ago

@MedEdChat #Meded Many models to think about individual and system issues - the new @theNAMedicine graphic may provide a common vocabulary for how to discuss both as a "yes and..." that crosses all players in clinical learning environment. #JGME @AuroraMedEd #4welldocs https://t.co/M1PjxoEAYn
Mark Ryan @richmonddoc 8 hours ago
@hedy_wald @MedEdChat (But, despite the value of what you describe, many students push back against doing this work: "not on Step 1", "waste of time".) #MedEd

Marty Muntz @mmteacherdoc 8 hours ago
@hedy_wald @GLBDallaghan I’d love to chat about this also!!! #meded

Jamee Walters, MD @jamee_walters 8 hours ago
Yes! Teaching is a full time job in college and the primary years. But for some reason we are supposed to fit it in with a full-time clinical job. #meded https://t.co/5urs31EI8S

Mark Ryan @richmonddoc 8 hours ago
RT @jamee_walters: @MedEdChat #meded giving faculty the time to teach. We are professors yet in the clinical world, we don’t get any time....

Jake Prunuske @jprunuske 8 hours ago
RT @debsimpson3: @MedEdChat #Meded Many models to think about individual and system issues - the new @theNAMedicine graphic may provide a c...

Abhay Dandekar @abhaydandekar 8 hours ago
@MedEdChat T3: make #physicianwellness for learners part of every assessment toward competency and entrustment #MedEd

Jake Prunuske @jprunuske 8 hours ago
RT @RichmondDoc: @hedy_wald @MedEdChat #MedEd Reading our students’ assignments where they considered self-care activities and then wrote a...

Jake Prunuske @jprunuske 8 hours ago
RT @jamee_walters: @MedEdChat #meded giving faculty the time to teach. We are professors yet in the clinical world, we don’t get any time....

Mark Ryan @richmonddoc 8 hours ago
Also--we’ve spoken about how faculty burnout leads to student burnout...but then those burned-out students become faculty...etc. #meded

Jake Prunuske @jprunuske 8 hours ago
RT @RichmondDoc: @jamee_walters @MedEdChat @jprunuske When I chose to focus on teaching vs. clinic, my workload did not decrease, my at-hom...
Marty Muntz @mmteacherdoc 8 hours ago
@RichmondDoc @jamee_walters @MedEdChat @jprunuske Wonder how much it’ll help in reality, but seems like @CMSgov is finally listening & allow teaching faculty to verify & use med student notes for E/M services. #meded

Lakshman Swamy @laxswamy 8 hours ago
@abhaydandekar @MedEdChat sounds good, but in the end, it feeds the metrics machine... #meded

Vinny Arora MD @futuredocs 8 hours ago
RT @mmteacherdoc: T2 - wellness is complex. Can’t “resiliency our way out of the problem. Nice model here. Many potential targets for impro...

Paul Haidet @myheroistrane 8 hours ago
I don’t think we are that focused enough on understanding and deep learning. Dan Pratt’s work suggests that most medical educators have a transmission perspective, when the methods we try to do are more aligned with the developmental perspective. https://t.co/wiTYTmvjFw #meded

Deb Simpson @debsimpson 38 hours ago
@MedEdChat #MedEd the ACGME is attempting to impact all GME programs with new CPR and CLER focus on well-being. Is LCME proposing an equal focus? @AAMCMedStudent @AmerMedicalAssn https://t.co/shlwqTpr30

MedEd Chat @mededchat 8 hours ago
RT @jamee_walters: Yes! Teaching is a full time job in college and the primary years. But for some reason we are supposed to fit it in with...

Hedy Wald @hedy_wald 8 hours ago
I'm sorry2 hear this @RichmondDoc Unclear on why such assignments would B graded, sounds like stress heaped on stress. Within rigorous training programs, there willB sometimes that self-care may not B optimal, but need2calibrate studying etc 4personal health, need pos lrning env2 https://t.co/QnZTZ4i6Pz

Jake Prunuske @jprunuske 8 hours ago
@mmteacherdoc so true! Even people who are suicidal cannot find help. Not enough docs, not enough support, not enough resources. outside looking in: you’re in med school, you’re doing fine and have it made! #meded https://t.co/ZFd9FlSsUu

MedEd Chat @mededchat 8 hours ago
@mmteacherdoc @hedy_wald @GLBDallaghan Maybe we should have this be a #meded chat topic
Sort of. My understanding is that the student documentation only helps if documented by the student with the faculty member present throughout...

Jake Prunuske @prunuske 8 hours ago
@myheroistrane True! Deep learning is far more important, but harder to assess by #MCQ. Structural Fail on part of #meded schools https://t.co/yC56nZLlzr

Mark Ryan @richmonddoc 8 hours ago
@mmteacherdoc @jamee_walters @MedEdChat @prunuske @CMSGov #MedEd

Not graded. But if we don’t ask students to turn *something* in, they’ll skip our "fluff" class to study for real topics like USMLE 1. #MedEd

Joshua Levenson, MD @jelevenson 8 hours ago
RT @HarrietHopfMD: How to give #feedback: “I’m giving you these comments because I have very high expectations and I know that you can reach...

Jake Prunuske @prunuske 8 hours ago
I cannot wait! It will help in my practice, if nothing else, it will drive me to be a more effective teacher and more engaged in helping students write stronger notes! #MedEd https://t.co/77x3YHRyuh

Mark Ryan @richmonddoc 8 hours ago
#MedEd I think the potential resolution goes beyond any one school: need a national reassessment of what we value in med school (memorizing data? working with patients? clinical reasoning?), how we assess those skills, and how residencies assess students.

Gary Beck Dallaghan @gb dallaghan 8 hours ago
@prunuske @mmteacherdoc T3 meded I met with a student for 90 minutes yesterday to help with academic issues (and also emotional ones). As the #edpsych person in the college, I am doing more and more of this. You’re right….there aren’t enough people to help!

Brenda Roman @bjbroman 8 hours ago
@Alliance4ClinEd @DrHowardLiu @_Roberts_Laura @COMSEPediatrics @Surg_Education @AAIMOnline @CDEMFaculty @apgonews @STFM_FM Such a complex issue. Years ago, we hoped the work hour limitations would help. Now the wellness and resiliency initiatives, yet concerns persist. As far as student mistreatment, must be zero tolerance. #meded

Gary Beck Dallaghan @gb dallaghan 8 hours ago
RT @BJBRoman: @Alliance4ClinEd @DrHowardLiu @_Roberts_Laura @COMSEPediatrics @Surg_Education @AAIMOnline @CDEMFaculty @apgonews @STFM_FM...
RT @BJBRoman: @Alliance4ClinEd @DrHowardLiu @_Roberts_Laura @COMSEPediatrics @Surg_Education @AAIMOnline @CDEMfaculty @apgonews @STFM_FM

RT @MedEdChat: Topic 3: For those factors stemming directly from the medical school experience, what should the school do? #meded #medstude...

RT @jamee_walters: Yes! Teaching is a full time job in college and the primary years. But for some reason we are supposed to fit it in with...

RT @jprunuske: @myheroistrane True! Deep learning is far more important, but harder to assess by #MCQ. Structural Fail on part of #meded...

I think work hour restrictions may have made it worse. Less engagement, stress with handoffs, rigid rules, rather than supporting doctor (#meded student) and patient relationships leads to increased burnout. https://t.co/1QdNg1s8pF

T3 Individual schools can certainly work to make things better...but may fear unilateral disarmament. If we stop focusing on Step 1, will our students still match? To good programs? Does that affect credentialing? #MedEd

@myheroistrane Agreed! The binge and purge method of education does not work. Need to focus on retrieval based learning and other effective ways of learning. #meded

Nothing of focus for faculty well being that I’ve seen in the LCME Standards. I review them weekly and have not come across anything related to what ACGME is doing.
MedEd Chat @mededchat 8 hours ago
We have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded

Hedy Wald @hedy_wald 8 hours ago
Happy 2discuss facdev am presenting on this @mmteacherdoc #meded https://t.co/4sZR6u2nF & https://t.co/zw3yR9DiXQ #meded Power of the pen https://t.co/MAiPMoQp8V https://t.co/9KYow3MieI

Mark Ryan @richmonddoc 8 hours ago
Final thoughts: we should all work to make our individual schools more humanistic, but also work to change the broader system. "Start where you are, use what you have, do what you can." -- Arthur Ashe #MedEd

BingeThoughts @bingethoughts 8 hours ago
We hoped limiting their weekly in-hospital work hours to twice a normal work week would be helpful. What would you say to a patient who is struggling and working 80 hours (sometimes more) a week? #meded https://t.co/Y0PAKVYaED

MedEd Chat @mededchat 8 hours ago
RT @BingeThoughts: We hoped limiting their weekly in-hospital work hours to twice a normal work week would be helpful. What would you say t...

MedEd Chat @mededchat 8 hours ago
RT @RichmondDoc: Final thoughts: we should all work to make our individual schools more humanistic, but also work to change the broader sys...

Hedy Wald @hedy_wald 8 hours ago
understood @RichmondDoc ...we’ve integrated interactive guided reflective writing w/faculty feedback within doctoring course&fam med clerkship, it’s part of the culture. #meded

Jake Prunuske @jprunuske 8 hours ago
@GLBDallaghan @debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedicalAssn Seems like faculty are relegated to replaceable widgets in the system. #meded

Celeste Royce @croyce62 8 hours ago
RT @mmteacherdoc: How easy is it to get a same-day appt with a counselor/psychologist? As a recovering clerkship director, I would say this...

Lakshman Swamy @laxswamy 8 hours ago
@jprunuske @GLBDallaghan @debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedicalAssn That is exactly how @AmaliaCochranMD described it. https://t.co/yq9IppNhyl #meded
Jamee Walters, MD @jamee_walters 8 hours ago
@BingeThoughts Such a great thought. We would never want our patients to work 80 hrs/week. But for some reason we think it’s helpful for us. #meded #medtwitter#takeourownadvice

Mark Ryan @richmonddoc 8 hours ago
@MedEdChat Thanks for moderating--and thanks to all in the #MedEd community, for all you do!

Jake Prunuske @jprunuske 8 hours ago
RT @laxswamy: @jprunuske @GLBDallaghan @debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedICALAssn That is exactly how @AmaliaCochranMD descri...

MedEd Chat @mededchat 8 hours ago
#medEd https://t.co/uH7wwVkx41

Marty Muntz @mmteacherdoc 8 hours ago
Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can’t kick the can down the road on this. Optimize the clinical learning environment. Prioritize key skills. Deprioritize multiple choice exams. #meded

MedEd Chat @mededchat 8 hours ago
Join us again next week at 9 pm Thursday. Don't forget to suggest topics by DM or email #meded

Gary Beck Dallaghan @glbdallaghan 8 hours ago
RT @mmteacherdoc: Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can’t kick t...

MedEd Chat @mededchat 8 hours ago
RT @mmteacherdoc: Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can’t kick t...

Alliance4ClinEd @alliance4clined 8 hours ago
RT @mmteacherdoc: Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can’t kick t...

Jake Prunuske @jprunuske 8 hours ago
@hedy_wald @RichmondDoc Our students want to rebel against #reflection... it's not on boards... #meded. Need to eliminate Step 1.
Jamee Walters, MD @jamee_walters 8 hours ago
@RichmondDoc Step 1 has been shown to correlate with board passing. So this is hard for residencies to ignore. #meded

Hedy Wald @hedy_wald 8 hours ago
RT @GLBDallaghan: @debsimpson3 @MedEdChat @AAMCMedStudent @AmerMedicalAssn T3 #meded Nothing of focus for faculty well being that I've seen...

Jake Prunuske @jprunuske 8 hours ago
RT @mmteacherdoc: Burnout and depression are crises in health care. They are complex problems that will be hard to fix. But we can't kick t...

MedEd Chat @mededchat 8 hours ago
That's a wrap...I will be posting the archive tomorrow morning. Thanks everyone for participating! #meded

Jake Prunuske @jprunuske 8 hours ago
RT @HeidiKJ: Teach, because a few years later they'll be in town and you'll go out for coffee and get to hear all about their life, their l...

Paul Haidet @myheroistrane 8 hours ago
Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educational efforts. Change paradigms about teaching and learning. Focus on student/teacher/administration relationships. #MakeUSMLEPassFail Build community

Deb Simpson @debsimpson3 8 hours ago
T3 #MedEd Work-work vs work/life balance to faculty (and impact on #wellbeing) at Supporting clinician educators to achieve “work-work balance” at https://t.co/XPIUaFxP78 https://t.co/GFca9Zv0ET

Gary Beck Dallaghan @glbdallaghan 8 hours ago
RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...

MedEd Chat @mededchat 8 hours ago
RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...

Alliance4ClinEd @alliance4clined 8 hours ago
RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...
Mark Ryan @richmonddoc 8 hours ago
@jamee_walters True...but standard exam predicts passing the next standardized exam, which predict passing the next standardized exam, which predicts passing one more standardized exam. Not the best way to assess physicians/healers...#MedEd

Shadia Constantine @shadiasantos 8 hours ago
I think platforms such as TalkSpace could be revolutionary for our mental health due to its accessibility. Disclaimer- personal experience. No financial conflict.#meded https://t.co/ke84ZU4vHk

Hedy Wald @hedy_wald 8 hours ago
needs to be part of #meded culture, we are not educating widgets, it is the being and the doing the work of a physician VALUES, we need to role model this...not sure throwing baby out with bathwater will solve the problem https://t.co/wb4qXsSzyK

MedEd Chat @mededchat 8 hours ago
RT @shadiasantos: I think platforms such as TalkSpace could be revolutionary for our mental health due to its accessibility. Disclaimer- p...

ROWE @rowedocs 8 hours ago
RT @Alliance4ClinEd: T3 If there are issues affecting students directly related to #medschool, how can we influence the learning environment...

ROWE @rowedocs 8 hours ago
RT @MedEdChat: Topic 3: For those factors stemming directly from the medical school experience, what should the school do? #meded #medstude...

Hedy Wald @hedy_wald 8 hours ago
Good point @GLBDallaghan How are we valuing our faculty? Faculty wellbeing & vitality impacts learners #meded https://t.co/WpNw9kJnSQ https://t.co/Gn7CNO1tX

BingeThoughts @bingethoughts 8 hours ago
@jamee_walters I've been told to park at the back of the lot so the extra 15s of walking can be my exercise. Until we find a way to provide people with time to practice wellness, things won’t change, for trainees or faculty. #meded
Mark Ryan @richmonddoc8 hours ago
RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...

Karen Leslie @karenraven8 hours ago
RT @debsimpson3: @MedEdChat #Meded Many models to think about individual and system issues - the new @theNAMedicine graphic may provide a c...

Hedy Wald @hedy_wald8 hours ago
I have heard about trainees & PDs concerned about competency -this can increase stress #meded https://t.co/TkALPjYBJs

Celeste Royce @croyce628 hours ago
RT @myheroistrane: Final thought: want healthy students and faculty? Build a #meded system that actually cares about learning. Fund educat...

Jake Prunuske @jprunuske8 hours ago
@hedy_wald true - need to assess medical knowledge; AND need exams that also evaluate other competencies; professionalism, life-long learning, SBP, communication, etc... Step 1 emphasizes one at the expense of others. Ever try writing a "professionalism" MCQ? #meded

Hedy Wald @hedy_wald8 hours ago
U R doing important work, kudos @GLBDallaghan #meded https://t.co/b0OIh2kyPF

Howard Liu @drhowardliu8 hours ago
RT @BJBRoman: @Alliance4ClinEd @DrHowardLiu @_Roberts_Laura @COMSEPediatrics @Surg_Education @AAIMOnline @CDEMfaculty @apgonews @STFM_FM Su...

BingeThoughts @bingethoughts8 hours ago
Why do we use a board certification system designed for when most docs did just an internship? Make a pass/fail exam at the end of med school and then require board certification to practice. #meded https://t.co/jHyOEhLALJ

Abhay Dandekar @abhaydandekar8 hours ago
@KPMedSchool #PermanenteMedicine @TPMGDocCareers @PermanenteDocs https://t.co/8wv4kTytxO

Jake Prunuske @jprunuske8 hours ago
@BingeThoughts Maybe ... ed science says there is value to repeated assessment in #meded, though...
Howard Liu @drhowardliu 8 hours ago
RT @HarrietHopfMD: How to give #feedback: “I’m giving you these comments because I have very high expectations and I know that you can reach...

KP N.Cal Physician Careers @tpmgdoccareers 8 hours ago
RT @abhaydandekar: @KPMedSchool #PermanenteMedicine @TPMGDocCareers @PermanenteDocs https://t.co/8wv4kTytxO

Hedy Wald @hedy_wald 8 hours ago
@jprunaske @mmteacherdoc Bandaid approaches won't work, apprec yr sentiments here. I'm directing resiliency progrm for child neuro residents w/availability of coaching conversations (my PhD is clin psych), aim2bld resilience in individualized way, mayB can think abt this 4UME #meded https://t.co/sX0gKO6Chr

Stephanie Starr @stephrstarr 8 hours ago
@debsimpson3 Love the framing as work-work balance. Or in reality, life-work-work balance. . . #meded