Welcome to the Medical Education chat (US) I am your moderator for the next hour, @Alliance4ClinEd #meded

The topic & questions will be announced in a moment…for now, please introduce yourselves #meded

If you are tuning in to the #meded chat, remember to use the #meded hashtag and try to answer with the Topic numbers (T1, T2, T3)

We will assume that all of your tweets are your own during this hour unless otherwise stated #meded

Here is a quick blog post from a few years ago to set the stage for the hour. https://t.co/4lrFGxpMoP https://t.co/LtkoLk74AA

RT @MedEdChat: Topic 1: What is the most effective way for students to study? #meded
Lauren Licatino, MD @laurenlicatino 10 hours ago
@kristinadzara Thanks! I almost forgot! #meded

Lauren Licatino, MD @laurenlicatino 10 hours ago
RT @MedEdChat: Topic 1: What is the most effective way for students to study? #meded

Gary Beck Dallaghan @glbdallaghan 10 hours ago
@MedEdChat T1 #meded #medstudents need to study using as much retrieval practice as possible...something more active than reading notes

Alliance4ClinEd @alliance4clined 10 hours ago
RT @GLBDallaghan: @MedEdChat T1 #meded #medstudents need to study using as much retrieval practice as possible...something more active than…

Kristina Dzara, PhD @kristinadzara 10 hours ago
Kristina from Boston checking in for the #MedEd chat @MedEdChat @DrSinhaEsq @GLBDallaghan

Kristina Dzara, PhD @kristinadzara 10 hours ago
RT @MedEdChat: Topic 1: What is the most effective way for students to study? #meded

Lauren Licatino, MD @laurenlicatino 10 hours ago
@MedEdChat T1 Active recall and processing of information. I hate when someone’s only advice to learners is “read more” #meded

MedEd Chat @mededchat 10 hours ago
@kristinadzara @DrSinhaEsq @GLBDallaghan #meded Welcome to the chat!

Joannie Yeh MD @betamomma 10 hours ago
T1: Depends on student’s study style. Don’t follow what everyone else is doing, figure out what works for you & ignore the rest of the noise. #mededhttps://t.co/uV7n0UAkpd

Paul Haidet @myheroistrane 10 hours ago
Depends on context, purpose, and content. This much is true, though: unless one is actively engaged on a deep level, not much will be retained long term. #mededhttps://t.co/Ut5EUqCigP

Paul Haidet @myheroistrane 10 hours ago
RT @GLBDallaghan: @MedEdChat T1 #meded #medstudents need to study using as much retrieval practice as possible...something more active than…
@mededchat10 hours ago
@laurenlicatino T1 #meded But what if that is what they need to do??

Dr Linda Love @2lindamlove10 hours ago
@MedEdChat T1- In a variety of ways- spaced over time- avoid binge/dump cycle. #meded

Marty Muntz @mmteacherdoc10 hours ago
T1- I think this is a tough question. Like what kind of shoes should med students wear. Or what should med students eat for dinner. Best answer is different from student to student. #meded

Lauren Licatino, MD @laurenlicatino10 hours ago
Lauren from the beautiful state of MN is here for the #MedEd party

@mededchat10 hours ago
@BetaMomma T1 #meded How would you practically guide a #medstudent who is lost?

@mededchat10 hours ago
T1 #meded It's so nice to see you in the chat! https://t.co/obPqgV7Cp9

Marty Muntz @mmteacherdoc10 hours ago
T1- they shouldn’t try to study the same exact way they did in undergrad, though. Too much info. Retrieval & application too important. #meded

Paul Haidet @myheroistrane10 hours ago
@MedEdChat @laurenlicatino It all depends on how one goes about "reading"; the devil is in the details... #meded

Joannie Yeh MD @betamomma10 hours ago
@MedEdChat T1: Problem based learning tends to stick better than lecture based learning. #meded https://t.co/4YtmO7LTQq

Lauren Licatino, MD @laurenlicatino10 hours ago
@MedEdChat I think that’s a good point but a preponderance of evidence shows that those who learn well by reading alone are a truly rare breed #meded

Daniel Pepe @dpepe8810 hours ago
@MedEdChat dan pepe checking in from London, Ontario #meded
MedEd Chat @mededchat 10 hours ago
@mmteacherdoc T1 #meded So then how would you help them if they came to you questions about how best to study?

MedEd Chat @mededchat 10 hours ago
@laurenlicatino #meded Welcome, Lauren!

Courtney Tomblinson, MD @cmtomblinson 10 hours ago
Nothing causes info to "stick" more than a real life encounter or experience. As in many fields, this is also true in #medicine where each patient a #medstudent or #resident encounters is an opportunity to learn while caring for them. #MedEd https://t.co/hn1e6G4hPB

Lauren Licatino, MD @laurenlicatino 10 hours ago
RT @myheroistrane: Depends on context, purpose, and content. This much is true, though: unless one is actively engaged on a deep level, not…

Abhay Dandekar @abhaydandekar 10 hours ago
@MedEdChat @BetaMomma Guiding means first understanding learner needs and successful past methods - need self-aware learner and patient effectively listening faculty #MedEd

Paul Haidet @myheroistrane 10 hours ago
@mmteacherdoc I think all students should eat Brussels sprouts twice a day #meded

MedEd Chat @mededchat 10 hours ago
T1 #meded But what if it is in the pre-clinical phase of the curriculum and the real life encounters aren't there? What then? https://t.co/QcWdituJW8

MedEd Chat @mededchat 10 hours ago
RT @mmteacherdoc: T1- they shouldn’t try to study the same exact way they did in undergrad, though. Too much info. Retrieval & application…

lisy colón @lisycolonber 10 hours ago
RT @GLBDallaghan: @MedEdChat T1 #meded #medstudents need to study using as much retrieval practice as possible...something more active than…

MedEd Chat @mededchat 10 hours ago
RT @abhaydandekar: @MedEdChat @BetaMomma Guiding means first understanding learner needs and successful past methods - need self-aware lear…
Guiding means first understanding learner needs and successful past methods - need self-aware lear…

Agreed! Any learning style could make use of spaced repetition #meded

Many med schools have patient-simulation built into early curriculum in the pre-clinical years. This is a student’s chance to test out their exam skills, diagnostics, and communication tools. #MedEd

I used to see so much highlighting it was worrisome! Still worried in digital notetaking/studying https://t.co/O5piV4djOh

Problem based learning tends to stick better than lecture based learning. #meded https://t.co/4YtmO7LTQq

Great question! Try problem based learning and also narrow down massive forest of info into key defining trees. #meded

True....but what if they are feeling so overwhelmed with studying to do well on exams the thought of going to simulations is too much? https://t.co/Ayxk7slztO

Try different methods early & dont pre-judge. Key on methods that correlate with patients. Make it relevant. #meded

Try different methods early & dont pre-judge. Key on methods that correlate with patients. Make it relevant. #…
RT @mmteacherdoc: @MedEdChat Try different methods early & don't pre-judge. Key on methods that correlate with patients. Make it relevant. #…

Abhay Dandekar @abhaydandekar 10 hours ago 
@dpepe88 @MedEdChat @BetaMomma Yes! It’s elusive... don’t know for sure, but embracing failures as new opportunity had to be a cultural baseline for all! #MedEd

I advise students to do "thought experiments"; play with the content. E.g., "what would happen to SVR if I cross clamped the aorta?" ... etc. #meded

@abhaydandekar @MedEdChat @BetaMomma T1: Do you think the college should provide this service from a central office? Or should it be left to the course director to help?

I advise students to do "thought experiments"; play with the content. E.g., "what would happen to SVR if I cross clamped the aorta?" ... etc. #meded

Dr Linda Love @2lindamlove 10 hours ago 
@MedEdChat T1: Have we moved from highlighting to digital highlighting? #meded

@abhaydandekar @MedEdChat @BetaMomma T1 #meded Do you think the college should provide this service from a central office? Or should it be left to the course director to help?

RT @myheroistrane: I advise students to do "thought experiments"; play with the content. E.g., "what would happen to SVR if I cross clamped..."

RT @mmteacherdoc: @MedEdChat Try different methods early & don't pre-judge. Key on methods that correlate with patients. Make it relevant. #…

Daniel Pepe @dpepe88 10 hours ago 
@abhaydandekar @MedEdChat @BetaMomma we don't know until we try!! #meded

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MedEd Chat @mededchat 10 hours ago 
RT @mmteacherdoc: @MedEdChat Try different methods early & don't pre-judge. Key on methods that correlate with patients. Make it relevant. #…

Do you see a difference with digital note-taking/studying? #meded

T1 #meded Are you talking about notetaking when studying after class or digital notetaking during? https://t.co/ztJEk78Suq
Janelle Bludorn @janelleblu
10 hours ago
@MedEdChat No one “best way” But...see best results in any method that disrupts learners’ default “empty vessel” mindset. T1 #MedEd @MedEdChat

Joannie Yeh MD @betamomma
10 hours ago
T1: Once a #medstudent told me how he tries to understand the process to everything & reason it out. He was average. He was getting lost in the forest. 1/2 #meded
https://t.co/XiMlkdMWI4

MedEd Chat @mededchat
10 hours ago
RT @Alliance4ClinEd: @abhaydandekar @MedEdChat @BetaMomma T1 #meded Do you think the college should provide this service from a central off…

Lauren Licatino, MD @laurenlicatino
10 hours ago
@MedEdChat I think we can do a lot to council and guide this type of learner who has likely lost focus on the end goal of providing excellent patient care. Tests are important but the patient needs to stay at the center of #meded

Paul Haidet @myheroistrane
10 hours ago
@Alliance4ClinEd @abhaydandekar @MedEdChat @BetaMomma @JenniferMeka, our learning specialist, is one of the busiest folks in the entire school. Critical role, IMO. #meded

Daniel Pepe @dpepe88
10 hours ago
Preach!!!
https://t.co/OtD2VoP9KM

Marty Muntz @mmteacherdoc
10 hours ago
@MedEdChat Simulated encounters, case-based vignettes, other patient stories can be surrogates. We could do better to develop and share high-quality examples in #meded

Gary Beck Dallaghan @glbdallaghan
10 hours ago
T1 #meded Which brings up an interesting question of how to guide students to be more efficient in their studying? https://t.co/i11S8panHK

Dr Linda Love @2lindamlove
10 hours ago
@MedEdChat either/both- needs more study in digital age- any takers #meded?

MedEd Chat @mededchat
10 hours ago
RT @BetaMomma: T1: Once a #medstudent told me how he tries to understand the process to everything & reason it out. He was average. He was…
MedEd Chat @mededchat 10 hours ago
RT @JanelleRBlu: @MedEdChat No one “best way” But...see best results in any method that disrupts learners’ default “empty vessel” mindset....

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RT @JanelleRBlu: @MedEdChat No one “best way” But...see best results in any method that disrupts learners’ default “empty vessel” mindset....

MedEd Chat @mededchat 10 hours ago
RT @myheroistrane: @Alliance4ClinEd @abhaydandekar @MedEdChat @BetaMomma @Jennifer Meka, our learning specialist, is one of the busiest folk...

MedEd Chat @mededchat 10 hours ago
Topic 2: Given evidence of the importance of retrieval practice, should group studying be encouraged more than solo studying? Why or why not? #meded

Marty Muntz @mmteacherdoc 10 hours ago
@2LindaMLove @MedEdChat Personally I’m a note-taker. Writing helps me remember how typing doesn’t. My iPad Pro w pencil is great for marking up PDFs & slides. #meded

Alliance4ClinEd @alliance4clined 10 hours ago
Topic 2 now up....is group studying better for recall of material than solo studying? #meded @MedEdChat https://t.co/DFLmFYz5Un

Gary Beck Dallaghan @glbdallaghan 10 hours ago
RT @mmteacherdoc: @2LindaMLove @MedEdChat Personally I’m a note-taker. Writing helps me remember how typing doesn’t. My iPad Pro w pencil i...

Alliance4ClinEd @alliance4clined 10 hours ago
RT @myheroistrane: @Alliance4ClinEd @abhaydandekar @MedEdChat @BetaMomma @Jennifer Meka, our learning specialist, is one of the busiest folk...

Joannie Yeh MD @betamomma 10 hours ago
T1: So I suggested he focus on a few resources (pretest & case files) and memorize key points (trees) on each topic. I quizzes him on the trees over & over (croup v bronchiolitis, aom bacteria), then expanded. He aced the shelf exam. 2/2 #meded

Daniel Pepe @dpepe88 10 hours ago
@MedEdChat encouraging adult learners is tough. We can suggest but I think Learners need good coaches to lean on! #meded
Lauren Licatino, MD  @laurenlicatino 10 hours ago
@GLBDallaghan  This is something I’m very interested in and would love to read others thoughts. The Book Make It Stick gives some thought provoking insights  #meded

MedEd Chat  @mededchat 10 hours ago
T1  #meded  Have you identified good coaches at your school?  https://t.co/HwLjXMsB5

Stephanie Starr  @stephrstarr 10 hours ago
T2: Not sure if group studying helps retrieval, but may build community and mimic need in medicine to draw from strengths of team members  #MedEd

Dr Linda Love  @2lindamlove 10 hours ago
RT  @phdhpe: What is  #gamification? How does it relate to health professional education? I hope that my latest publication provides some in…

Joannie Yeh MD  @betamomma 10 hours ago
T1: Like so many things in life. If it ain't broke, don't fix it. If your current strategy gets you good grades, then keep going. If not, then seek out a different study strategy.  #meded  https://t.co/EjLkY0q37Z

Alliance4ClinEd  @alliance4clined 10 hours ago
#meded  It's an excellent book.  @BJBRoman  told me that Wright State has used it to build their new curriculum  https://t.co/KX6ez6qTBc

Lauren Licatino, MD  @laurenlicatino 10 hours ago
@MedEdChat  T2 I think group studying done in a focused manner is probably best, however there are strategies for a solo learner to employ retrieval practice too  #meded

Paul Haidet  @myheroistrane 10 hours ago
@laurenlicatino  @GLBDallaghan  This book is great, too:  https://t.co/hQns0vVnXF  #meded

Lauren Licatino, MD  @laurenlicatino 10 hours ago
RT  @depe88: @MedEdChat  encouraging adult learners is tough. We can suggest but I think Learners need good coaches to lean on!  #meded

The Med Institute  @themedicineinst 10 hours ago
T1  #MedEd @MedEdChat  Everyone learns differently - unfortunately  #MedStudents  sometimes get pressured into thinking there is only one way to study.
MedEd Chat @mededchat 10 hours ago
RT @myheroistrane: @laurenlicatino @GLBDallaghan This book is great, too: https://t.co/hQnS0vVnXF #meded

Abhay Dandekar @abhaydandekar 10 hours ago
RT @laurenlicatino: @MedEdChat T2 I think group studying done in a focused manner is probably best, however there are strategies for a solo…

Lauren Licatino, MD @laurenlicatino 10 hours ago
@GLBDallaghan Thanks! I put it in my shopping cart! #meded

Marty Muntz @mmteacherdoc 10 hours ago
Love this. What I got from group studying in med school wasn’t testable. #meded https://t.co/h7nQ0e4usd

MedEd Chat @mededchat 10 hours ago
@laurenlicatino T2 #meded What sorts of activities can the solo studier do to employ retrieval practice?

Paul Haidet @myheroistrane 10 hours ago
Devil is in the details; if the student is elaborating their knowledge and experiencing, wrestling, and resolving cognitive dissonance, then it’s good. Could happen through either route. #meded https://t.co/pw5Z3fpKBt

Gary Beck Dallaghan @glbdallaghan 10 hours ago
RT @mmteacherdoc: Love this. What I got from group studying in med school wasn’t testable. #meded https://t.co/h7nQ0e4usd

Lauren Licatino, MD @laurenlicatino 10 hours ago
@MedEdChat What makes a good coach? Do they have training or special skills? #meded

Dr Linda Love @2lindamlove 10 hours ago
@MedEdChat T2: If your group pushes you further great! Ground rules may be necessary. #meded

Stephanie Starr @stephrstarr 10 hours ago
. . . Agreed! Helped me build my tribe and future colleagues #meded https://t.co/IBNKOIRfV5
@mededchat 10 hours ago
@2LindaMLove T2 #meded What kind of ground rules?

Pradip D Patel @pradip4peds 10 hours ago
RT @StephRStarr: T2: Not sure if group studying helps retrieval, but may build community and mimic need in medicine to draw from strengths…

Alliance4ClinEd @alliance4clined 10 hours ago
RT @StephRStarr: . . . Agreed! Helped me build my tribe and future colleagues #meded https://t.co/IBNKoIrfV5

Gary Beck Dallaghan @glbdallaghan 10 hours ago
RT @StephRStarr: . . . Agreed! Helped me build my tribe and future colleagues #meded https://t.co/IBNKoIrfV5

@myheroistrane 10 hours ago
@GLBDallaghan Efficiency is overrated. Deep learning, elaboration takes time. Not all cognitive dissonance is quickly resolved. #meded

Lauren Licatino, MD @laurenlicatino 10 hours ago
@BetaMomma I would argue we need to look for more than good grades. I’ve met a number of people who were great test takers and struggled clinically. I think we need to teach them how to think and learn differently #meded

Janelle Bludorn @janellerblu 10 hours ago
@MedEdChat Group study has its place. Solo study: good for learners to gain exposure to learners to breadth of knowledge. Group study: good for learners to explore depth of knowledge.
T2 #meded @MedEdChat

Gary Beck Dallaghan @glbdallaghan 10 hours ago
@myheroistrane #meded Agreed, but how can you help guide their studying so they aren't getting hung up on a lot of weeds that detract from deep learning?

Courtney Tomblinson, MD @cmtomblinson 10 hours ago
@MedEdChat T2 A little solo study first goes a long way to make the later group study more effective... ~Irish Proverb #MedEd

Dr KirikRad @drlichthunter 10 hours ago
RT @cmtomblinson: Nothing causes info to "stick" more than a real life encounter or experience. As in many fields, this is also true in #me...
Group study has its place. Solo study: good for learners to gain exposure to breadth of knowledge. Group study: good for learners to explore depth of knowledge. T2 #meded @MedEdChat

The most basic method I think would be to just answer practice questions, flashcards also seem to fit the process of retrieval practice @MedEdChat

T2: Index cards - did them on the bus/train, stationary bike!! Also, I learn best by doing questions, that’s why my favorite two series to study with for my clerkships were case files & pretest. #meded https://t.co/9aL5koqMxj

Agreed, and competition makes this worse. Brings up the whole issue of whether to have grades or not. #meded #MakeUSMLEpassfail https://t.co/0Y5lwIICcC

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Not sure if group studying helps retrieval, but may build community and mimic need in medicine to draw from strengths…

T2: we had a team of 3, the “brain trust”, we weren’t necessarily the smartest, but we never failed, we learned a lot and 25 yrs later, we are still bonded #MedEd

And who doesn't love an Irish Proverb? https://t.co/pKIN4Q03Lp

T2: Index cards- did them on the bus/train, stationary bike!! Also, I learn best by doing questions, that's why my favorite…
Jennifer Meka, PhD @jenjifermeke 10 hours ago
RT @DrSarahEM: Understanding how to be a better learner can make you a better teacher. Excellent talk by @Jeff__Riddell on 11 strategies fo…

Nupur Verma @nverma2110 hours ago
@MedEdChat T2: subvocalization while solo studying can be just as effective as vocalization in group learning - either way it is important to "speak up"/rehearsal for memory #meded

Marty Muntz @mmteacherdoc 10 hours ago
RT @laurenlicatino: @BetaMomma I would argue we need to look for more than good grades. I’ve met a number of people who were great test tak…

Gary Beck Dallaghan @gbdallaghan 10 hours ago
RT @Pradip4Peds: @StephRStarr T2: we had a team of 3, the “brain trust”, we weren’t necessarily the smartest, but we never failed, we learn…

Alliance4ClinEd @alliance4clined 10 hours ago
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MedEd Chat @mededchat 10 hours ago
RT @laurenlicatino: @MedEdChat Question banks, mind mapping, concept mapping, reflective writing...I’m sure there are more but that’s off t…
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Stephanie Starr @stephrstarr 10 hours ago
And I love this story! My group helped me puzzle through the mystery of the nephron. . .#meded https://t.co/k2DaucsNiW

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Paul Haidet @myheroistrane 10 hours ago
Teach them how to ask good, deep questions. This is a skill that can be learned. #meded https://t.co/m9nh31ownT

Terry Kind, MD MPH @kind4kids 10 hours ago
How about group studying in #medschool via twitter, here?@MedEdChat #meded

Paul Haidet @myheroistrane 10 hours ago
RT @StephRStarr: And I love this story! My group helped me puzzle through the mystery of the nephron. . .#meded https://t.co/k2DaucsNiW

Joannie Yeh MD @betamomma 10 hours ago
@laurenlicatino I meant good grades as in being able to apply the knowledge on the wards too. True, good test scores doesn't translate into critically thinking a about differential dx and treatment plan. #meded

MedEd Chat @mededchat 10 hours ago
@nverma21 T2 #meded Do you recommend vocalizing that is elaborating on material? I've advised students who simply read their notes aloud, which is not the same as retrieval or elaboration.
RT @myheroistrane: Teach them how to ask good, deep questions. This is a skill that can be learned. #meded https://t.co/m9nh31ownT

RT @myheroistrane: Teach them how to ask good, deep questions. This is a skill that can be learned. #meded https://t.co/m9nh31ownT

@MedEdChat T1: Being a student = finding your own "most effective way". No most effective way which applies to all. By grad/med school should be developed & tested for effectiveness + efficiency...then honed #meded

RT @Kind4Kids: How about group studying in #medschool via twitter, here? @MedEdChat #meded

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RT @Kind4Kids: How about group studying in #medschool via twitter, here? @MedEdChat #meded

Any good ideas/resources on how to teach the art of asking questions? #meded

Yup, it has to go through your brain to count. #meded https://t.co/LajeKDiMr7

T2  #meded This book gives 5 essential questions that could be adapted for just that purpose Wait, What? by James E. Ryan https://t.co/dhClI2bdE3 via @harpercollinshttps://t.co/DixKWfBwvf

Beyond Bloom’s taxonomy? #MedEd https://t.co/zYCnGRSdGt

RT @GLBDallaghan: T2 #meded This book gives 5 essential questions that could be adapted for just that purpose Wait, What? by James E. Ryan…
Marty Muntz @mmteacherdoc 9 hours ago @BetaMomma I did index cards in undergrad. Tried in med school. Completely overwhelmed by sheer volume of content. Glad I was able to shift. #meded

Abhay Dandekar @abhaydandekar 9 hours ago @laurenlicatino @myheroistrane Question games are good - ie cultivating further inquiry through group refinement of a question or responding to a question by always asking a new one. #meded

Alliance4ClinEd @alliance4clined 9 hours ago #meded T2 Bloom's also has a great array of questions that could be asked https://t.co/UbwhjLYMzV

Lauren Licatino, MD @laurenlicatino 9 hours ago @nverma21 @MedEdChat What I think is challenging is the evidence that suggests learners of all levels often have very poor insight into what is most effective learning strategy #meded

MedEd Chat @mededchat 9 hours ago RT @nverma21: @MedEdChat T1: Being a student =finding your own "most effective way". No most effective way which applies to all. By grad/m…

Paul Haidet @myheroistrane 9 hours ago @laurenlicatino We do a critical thinking course to practice habits of mind related to good questions: curiosity, open mindedness, intellectual humility, balanced skepticism, metacognition. #meded

Lauren Licatino, MD @laurenlicatino 9 hours ago RT @GLBDallaghan: T2 #meded This book gives 5 essential questions that could be adapted for just that purpose Wait, What? by James E. Ryan…

MedEd Chat @mededchat 9 hours ago RT @abhaydandekar: @laurenlicatino @myheroistrane Question games are good - ie cultivating further inquiry through group refinement of a qu…

MedEd Chat @mededchat 9 hours ago Topic 3: Metacognition includes a critical awareness of a) one's thinking and learning and b) oneself as a thinker and learner. To help students realistically reflect on their study practices, what advice would you give? #meded

Paul Haidet @myheroistrane 9 hours ago RT @abhaydandekar: @laurenlicatino @myheroistrane Question games are good - ie cultivating further inquiry through group refinement of a qu…
BEL20VE @banawanahmed 9 hours ago
RT @Kind4Kids: How about group studying in #medschool via twitter, here? @MedEdChat #meded

Alliance4ClinEd @alliance4clined 9 hours ago
T3 #meded @laurenlicatino started leading into this. How can we help learners become better at metacognition? Do they reflect on their own thinking? https://t.co/yApGc5H9Lg

MedEd Chat @mededchat 9 hours ago
RT @Alliance4ClinEd: T3 #meded @laurenlicatino started leading into this. How can we help learners become better at metacognition? Do the…

Nupur Verma @nverma219 9 hours ago
Agree, difference between reading out loud (string of words/oration/4 audience) vs. phological-loop ~ discussing (subvoc) when reading/rationalization to yourself. ex: close your eyes & subvoc recipe for baking cookies ;) #meded https://t.co/uRzxY3TF4L

Joannie Yeh MD @betamomma 9 hours ago
@Kind4Kids @MedEdChat I think the best way we can encourage studying via tweets is to tell test-bound students to stay AWAY from twitter #meded

COMSEP @comsepediatrics 9 hours ago
RT @StephRStarr: Beyond Bloom’s taxonomy? #MedEd https://t.co/zYcnGRSdGt

Paul Haidet @myheroistrane 9 hours ago
Use testing rubrics where students are scored not only for the right answer, but for being well calibrated about what they do and do not know. #mededhttps://t.co/bqEP2Y1wuM

MedEd Chat @mededchat 9 hours ago
T3 #meded I've actually encouraged #medstudents to read practice questions and write out what they're thinking as they answer them.

COMSEP @comsepediatrics 9 hours ago
Like the @COMSEPediatrics community #meded https://t.co/1Jbm4JiPj

Alliance4ClinEd @alliance4clined 9 hours ago
RT @COMSEPediatrics: Like the @COMSEPediatrics community #meded https://t.co/1Jbm4JiPj
Lauren Licatino, MD @laurenlicatino9 hours ago
@MedEdChat Ooh that’s a tough one. I think I would ask them to reflect how/if their learning strategy helps them to identify and address gaps in knowledge #meded

Gary Beck Dallaghan @glbdallaghan9 hours ago
RT @myheroistrane: Use testing rubrics where students are scored not only for the right answer, but for being well calibrated about what th...

Stephanie Starr @stephrstarr9 hours ago
RT @COMSEPediatrics: Like the @COMSEPediatrics community #meded https://t.co/1Jbm4JiPjI

Marty Muntz @mmteacherdoc9 hours ago
Love this “parallel” concept. Reinforce. Support. Question each other. Share resources. Teach each other. #meded @MedicalCollege https://t.co/3pGX0ArZHH

COMSEP @comsepediatrics9 hours ago
RT @MedEdChat: Topic 3: Metacognition includes a critical awareness of a) one's thinking and learning and b) oneself as a thinker and learn...

Tirath Patel @tirathpatelmd9 hours ago
RT @cmtomblinson: Nothing causes info to "stick" more than a real life encounter or experience. As in many fields, this is also true in #me...

Paul Haidet @myheroistrane9 hours ago
@JanelleRBlu @laurenlicatino Could be either.... #meded

Alliance4ClinEd @alliance4clined9 hours ago
RT @mmteacherdoc: Love this “parallel” concept. Reinforce. Support. Question each other. Share resources. Teach each other. #meded @Medical...

Lakshman Swamy @laxswamy9 hours ago
RT @laurenlicatino: @nverma21 @MedEdChat What I think is challenging is the evidence that suggests learners of all levels often have very p...

Joannie Yeh MD @betamomma9 hours ago
T3: As an attending, I feel that it's my role to give frequent feedback. That's a chance for the student to reflect, do their impressions match mine. What can they do differently to meet my expectations. #meded https://t.co/Al5OPLgOYo
Gary Beck Dallaghan @glbdallaghan 9 hours ago
@MedEdChat T3 #meded When elaborating on what they're learning they can use notes to check if they were on the right path. Gives them a chance to see where thinking went off course.

Janelle Bludorn @janellerblu 9 hours ago
@MedEdChat Went to a transformative talk by Saundra McGuire (@Metacog1) on this very topic. Ever since, I’ve been coaching my students to “play professor” and state what THEY would ask someone on an exam and then organize their studying based on this. T3 #MedEd @MedEdChat

Gary Beck Dallaghan @glbdallaghan 9 hours ago
RT @JanelleRBlu: @MedEdChat Went to a transformative talk by Saundra McGuire (@Metacog1) on this very topic. Ever since, I’ve been coachi…

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Alliance4ClinEd @alliance4clined 9 hours ago
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MedEd Chat @mededchat 9 hours ago
RT @BetaMomma: T3: As an attending, I feel that it's my role to give frequent feedback. That's a chance for the student to reflect, do thei…

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RT @BetaMomma: T3: As an attending, I feel that it's my role to give frequent feedback. That's a chance for the student to reflect, do thei…

Marty Muntz @mmteacherdoc 9 hours ago
Would love to learn more about this! #meded https://t.co/wth7DOSI8H

Paul Haidet @myheroistrane 9 hours ago
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Lauren Licatino, MD @laurenlicatino 9 hours ago
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Gary Beck Dallaghan @glbdallaghan 9 hours ago
RT @myheroistrane: @laurenlicatino We do a critical thinking course to practice habits of mind related to good questions: curiosity, open m…

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RT @myheroistrane: @laurenlicatino We do a critical thinking course to practice habits of mind related to good questions: curiosity, open m…

Ian Pereira @ianjpereira 9 hours ago
@laurenlicatino @MedEdChat No expert, but when there is a status change I revisit the logic that led me there and where I may have gone astray. Help helps. #MedEd

MedEd Chat @mededchat 9 hours ago
@IanJPereira @laurenlicatino T3 #meded Did you come by this on your own or did you receive coaching/guidance by others to make it a habit?

Ian Pereira @ianjpereira 9 hours ago
RT @myheroistrane: Use testing rubrics where students are scored not only for the right answer, but for being well calibrated about what th…

Alliance4ClinEd @alliance4clined 9 hours ago
T3 #meded Are metacognitive skills different for #medstudents on clinical assignments vs. in the classroom? Why?

Dink Jardine, MD @dinkjardine 9 hours ago
@MedEdChat T3: ive given learners specific books “make it stick: the science of successful learning” then asked how it applied or didn’t. N=2, one read and enjoyed, one was unimpressed and didn’t read #meded

Janelle Bludorn @janelleblu 9 hours ago
@myheroistrane @laurenlicatino To clarify my Q: A learner’s objective in asking a Q is to to clarify/gain knowledge. An educator’s objective in asking a Q is to clarify/assess knowledge. There is an art to asking each of these distinct objective-based Qs. #MedEd

MedEd Chat @mededchat 9 hours ago
RT @dinkjardine: @MedEdChat T3: ive given learners specific books “make it stick: the science of successful learning” then asked how it ap…
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RT @JanelleRBlu: @MedEdChat Went to a transformative talk by Saundar…
Paul Haidet @myheroistrane 9 hours ago
Sometimes learners focus on "just give me the facts" in the name of efficiency. We need to help them discover the fallacy of this line of thought. #MedEd

MedEd Chat @mededchat 9 hours ago
Well, we have about 5 more minutes left in our discussion. Please feel free to give some final thoughts #meded

Gary Beck Dallaghan @glbdallaghan 9 hours ago
RT @myheroistrane: Sometimes learners focus on "just give me the facts" in the name of efficiency. We need to help them discover the fallac…

Alliance4ClinEd @alliance4clined 9 hours ago
RT @myheroistrane: Sometimes learners focus on "just give me the facts" in the name of efficiency. We need to help them discover the fallac…

Shreya P. Trivedi MD @shreyatrivedimd 9 hours ago
@MedEdChat As educators, we have to model #reflection and how we #deliberately make time for it. On floors, I try to make sure I build in some time for it, even if it’s “What did u get out of today? And if there is anything u would like do differently tmrw?” #MedEd

Gary Beck Dallaghan @glbdallaghan 9 hours ago
RT @ShreyaTrivediMD: @MedEdChat As educators, we have to model #reflection and how we #deliberately make time for it. On floors, I try to m…

Alliance4ClinEd @alliance4clined 9 hours ago
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Ian Pereira @ianjpereira 9 hours ago
@JanelleRBlu @MedEdChat @Metacog1 And in clinic I often ask students questions on topics I (have an I liking of) but am unsure about. Lateralizes shared learning. #MedEd T3
Ian Pereira @ianjpereira 9 hours ago
@JanelleRBlu @MedEdChat @Metacog1 And in clinic I may ask students about topics I (have an inkling of but) am unsure about. Lateralizes shared lifelong learning. #MedEd T3

MedEd Chat @mededchat 9 hours ago
That's a wrap...I will be posting the archive on @alliance4clined in the coming week. Thanks everyone for participating #meded

Dr Linda Love @2lindamlove 9 hours ago
@MedEdChat T3: Build in pause points to check if you are really “learning” - “filing” - “retrieving” or just going through the motions. Metacognition reading notes times #meded

MedEd Chat @mededchat 9 hours ago
This is a reminder there will be no chat next week on Thanksgiving Day. We will resume on November 30th #meded

MedEd Chat @mededchat 9 hours ago
RT @2LindaMLove: @MedEdChat T3: Build in pause points to check if you are really “learning” - “filing” - “retrieving” or just going through…

MedEd Chat @mededchat 9 hours ago
RT @IanJPereira: @JanelleRBlu @MedEdChat @Metacog1 And in clinic I may ask students about topics I (have an inkling of but) am unsure about…

Ian Pereira @ianjpereira 9 hours ago
@ShreyaTrivediMD @MedEdChat CT: Hard to model reflection with so little time & constant pressures to be more efficient ("prioritize"). A clear way forward? #MedEd

Dink Jardine, MD @dinkjardine 9 hours ago
RT @2LindaMLove: @MedEdChat T3: Build in pause points to check if you are really “learning” - “filing” - “retrieving” or just going through…

Teresa Hartman @thartman2u 9 hours ago
RT @GLBDallaghan: T2 #meded This book gives 5 essential questions that could be adapted for just that purpose Wait, What? by James E. Ryan…

Teresa Hartman @thartman2u 9 hours ago
RT @ShreyaTrivediMD: @MedEdChat As educators, we have to model #reflection and how we #deliberately make time for it. On floors, I try to m…
Teresa Hartman @thartman2u 9 hours ago
RT @myheroistrane: @laurenlicatino We do a critical thinking course to practice habits of mind related to good questions: curiosity, open m…

Teresa Hartman @thartman2u 9 hours ago
RT @JanelleRBlu: @MedEdChat Went to a transformative talk by Saundra McGuire (@Metacog1) on this very topic. Ever since, I’ve been coachi…

Teresa Hartman @thartman2u 9 hours ago
RT @myheroistrane: @laurenlicatino @GLBDallaghan This book is great, too: https://t.co/hQnS0vVnXF #meded

Shreya P. Trivedi MD @shreyatrivedimd 9 hours ago
@ianjpereira @MedEdChat By model: I make it a priority to take 5 mins at start of rotations to explicitly have each member share in safe environment their learning strategies- that leads to lots of ongoing reflections/talks at various times naturally as a team #MedEd

Melanie Lybarger @melanielybarger 9 hours ago
RT @myheroistrane: @laurenlicatino We do a critical thinking course to practice habits of mind related to good questions: curiosity, open m…

Ian Pereira @ianjpereira 9 hours ago
@myheroistrane @laurenlicatino Would love to hear more of this (rubric/objectives?). Creativity/curiosity to dig deep seems oft sacrificed to timelines of practice #MedEd

Shreya P. Trivedi MD @shreyatrivedimd 9 hours ago
@ianjpereira @MedEdChat In order to facilitate megacognition in learners, we need to create an environment that facilitates and prioritizes that @MedEdChat#Meded

Ian Pereira @ianjpereira 9 hours ago
@laurenlicatino @myheroistrane @simonsinek's many "whys" come to mind. With time limitations, may be a balance of solo learning, direct questions, & prioritization? #MedEd